



Salute To The Class Of 2020 - Begins Page 22

Flag Day Vehicle Parade Sunday - Page 3

Fr. Bill's 'Campaign For Hope' - Page 4

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for HOPE**
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SUPPORTERS OF THE "Black Lives Matter" movement held signs and candles at a peaceful vigil June 2 in Quincy Center. Shown here is one supporter holding a "Say Their Names" homemade sign that lists the people injured or killed in incidents involving police throughout the country in recent years. Two other supporters hold candles in memory of the deceased including George Floyd, a 46-year-old black man who died May 25th after a Minneapolis police officer knelt on Mr. Floyd's neck for nearly nine minutes. Mr. Floyd's death has been ruled a homicide and the cause of death cardiac arrest with evidence of mechanical asphyxia. Derek Chauvin, the white police officer who knelt on Mr. Floyd's neck while he was handcuffed faced down on the street, has been charged with second degree murder. Three other officers were charged with aiding and abetting second degree murder. The incident has sparked protests across the nation. The Quincy demonstration ended peacefully without vandalism or violence, unlike other cities in Massachusetts where looting and property damaged has occurred. More than 5,000 people attended the Quincy vigil.

Quincy Sun Photo/Robert Bosworth

Thousands Attend Peaceful Black Lives Matter Vigil

By SCOTT JACKSON

As many as 5,000 supporters of the Black Lives Matter movement attended a peaceful vigil in Quincy Center followed by a march through the city to protest the death of George Floyd and other black Americans at the hands of law enforcement.

Supporters of the movement gathered the evening of June 2 on the Hancock-Adams Common in Quincy Center. Many of those in attendance carried signs

with messages such as "I can't breathe," "enough is enough" and "no justice, no peace." At the end of the vigil, those in attendance marched along Hancock Street to North Quincy and back.

The demonstration was one of many held nationwide since the death of Floyd, an unarmed black man allegedly killed by a Minneapolis police officer on May 25. That officer has since been

charged with second-degree murder and three other officers present during the arrest have charged with aiding and abetting second-degree murder.

Sue Doherty, one of the organizers of the vigil, had emphasized that it was meant to be a peaceful demonstration. She was surprised by the strong turnout.

"I thought maybe 25, 50 people might be standing on the corner tonight," Doherty

said. "It's wonderful to see so many people here."

The demonstration, she continued, was not an anti-police event.

"I think sometimes people confuse the idea of Black Lives Matter with anti-police, and that's not what it is about," Doherty said. "It's about justice."

Albert Lee, who co-organized the event, said those who participated in the dem-

Cont'd On Page 2

High School Graduations July 24, 25

Ceremonies Planned At Veterans' Memorial Stadium

By SCOTT JACKSON

Quincy school officials have chosen the dates for the ceremonies to honor graduates of the city's two high schools this summer at Veterans Memorial Stadium.

North Quincy High

School's graduation ceremony will be held on Friday, July 24, beginning at 6 p.m. Quincy High School's graduation ceremonies will take place the following day, Saturday, July 25, at 10 a.m. and 4 p.m. The contin-

Cont'd On Page 4

\$2.5M In Small Business Emergency Grants Awarded

Mayor Thomas P. Koch and the Department of Planning & Community Development announce the city's Small Business Emergency Grant Program has awarded 376 small business owners

with a combined total of nearly \$2.5 million in grant funds to help pay for rent, mortgage, and other operating expenses during this time of need.

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Happy Retirement, Lt. Dan Minton



QUINCY POLICE Lt. Dan Minton, who was written the "Job Well Done" column for The Quincy Sun the past 15 years, is retiring this month. His final column - and a tribute from his children - appear on Page 10 and Page 11. Courtesy Photo



Artist's Showcase: Tony Andrade - Page 6
Interval Walking For Better Fitness - Page 8
Phase 2 Business Reopening Underway - Page 12

More Quincy news:

The Quincy Sun.com

Thousands Attend Peaceful BLM Vigil

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onstration should continue to demand accountability and justice going forward.

"Without all of us fully acknowledging our humanity, our common humanity, we will never have equality. We are here because Black Lives Matter isn't a platitude to agree with and move on, but a standard to continuously hold ourselves, our media and our institutions to," Lee said.

"Demand accountability, demand justice, speak against injustice. Don't let today end today."

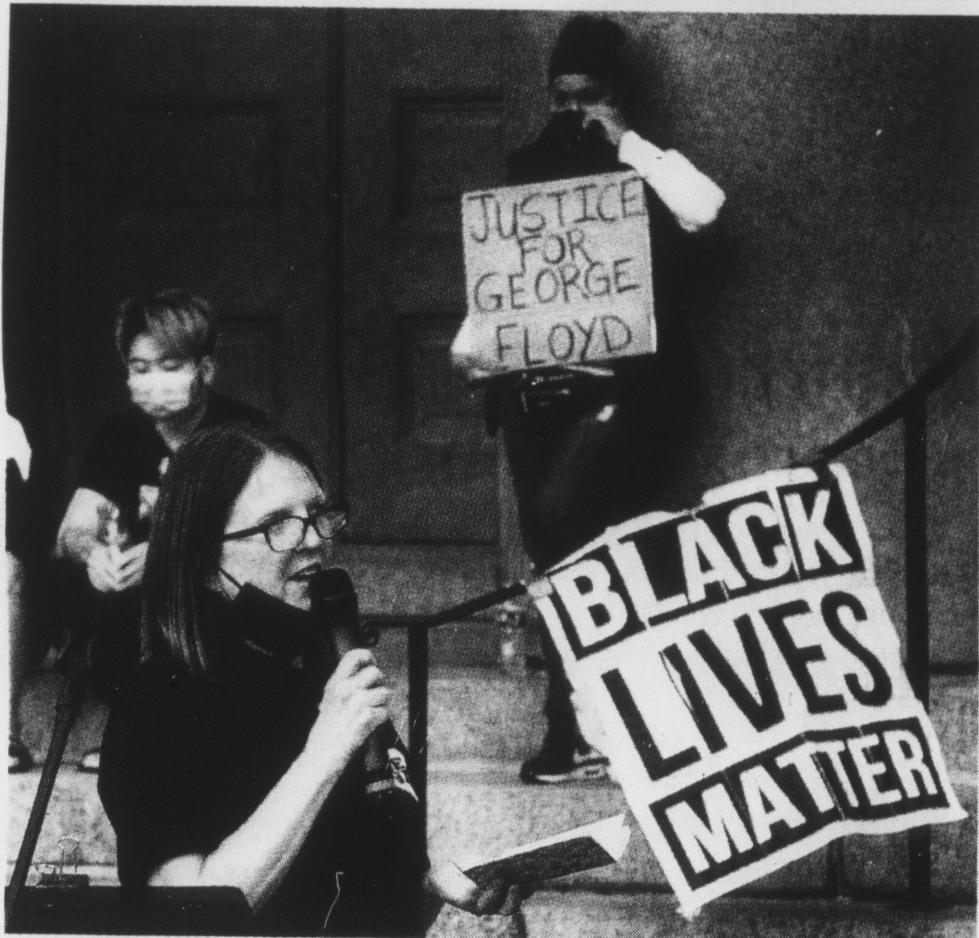
Karla Barrera said the Latino community wants to feel protected in public.

"The Latino community

Cont'd On Page 15



ABOVE PHOTO: Demonstrators kneel during the June 2 vigil as organizers read the names of black Americans killed at the hands of law enforcement. The vigil was one of many nationwide demonstrations held since the death of George Floyd in Minneapolis last month. Four police officers have been charged in connection with Floyd's death. Bottom left: organizer Sue Doherty speaks at the June 2 event. Doherty said the Black Lives Matter movement isn't anti-police. "That's not what it is about," she said. "It's about justice." Quincy Sun Photos/Robert Bosworth



WARD 4 COUNCILLOR Brian Palmucci (right) addressed the crowd during the June 2 vigil, urging those in attendance to work together to end racial inequality. Three other councillors attended the event (from left) Brad Croall, Anne Mahoney and Nina Liang.



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'Cooking With Colin' June 18

The Crane Public Library announces an online program entitled "Cooking With Colin: Healthy & Decadent Desserts" featuring Colin McCullough will take place at 7 p.m. Thursday, June 18.

This program will be live-streamed on Zoom and YouTube, as well as recorded for future viewing. It is made possible by the support of the Friends of the Thomas Crane Library.

Join on Zoom (meeting ID 873-8149-9949). Using the free Zoom app is recommended. You can call (646) 558-8656 and use the same meeting ID to listen to the audio.

You may also view the program live on our YouTube channel at youtube.com/ThomasCranePublicLibrary.

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'Drive Under The Flag' Sunday To Commemorate Flag Day

In Lieu Of Parade, Fireworks

Quincy will continue its tradition of commemorating Flag Day this year in a unique fashion amid the coronavirus pandemic.

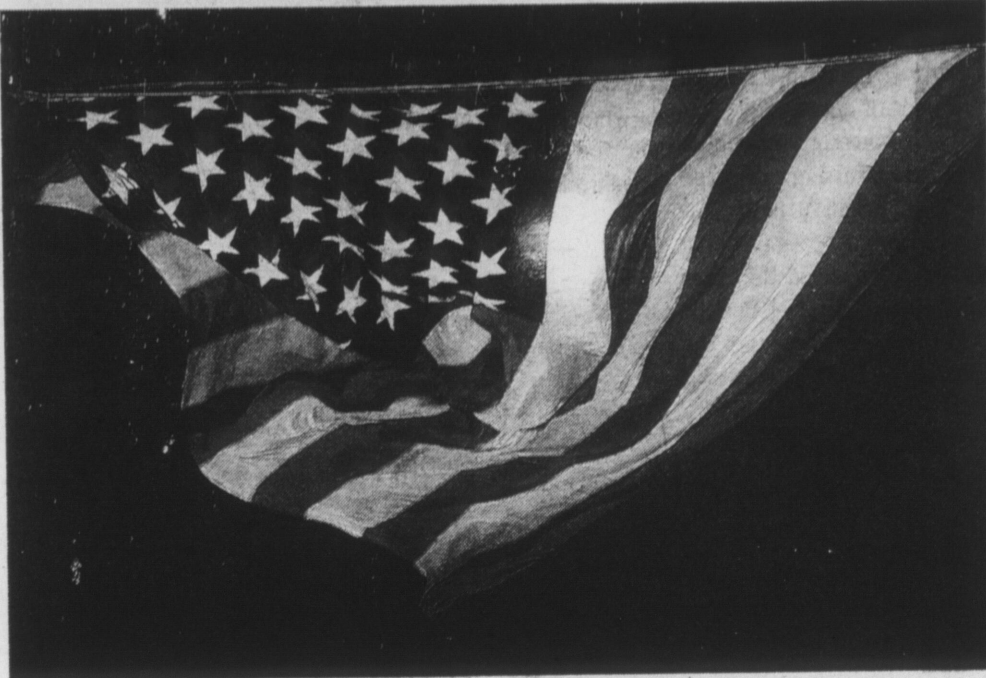
"Our Flag Day celebration is truly one of my favorite days of the year," Mayor Thomas Koch said. "Although we cannot hold our regular events this year, it does not mean we cannot still come together as a community like always and celebrate Old Glory – albeit a little different this year."

"In these times more than ever, it is an important reminder that despite all our challenges, we remain the greatest country on earth."

A 50-foot by 30-foot American flag will be hoisted above Merrymount Parkway from 1 to 3 p.m. on Sunday, June 14. Families who wish to support the nation's longest-running continuous Flag Day celebration are invited to drive under the flag while it remains on display. Decorated vehicles are encouraged, but all cars, vans, small trucks and bikes are welcome.

"The show must go on," Koch said. "I am disappointed that we can't conduct our usual festivities, but we are going to make the most of it and carry on this great Quincy tradition. I encourage families to decorate your vehicle and have some great fun."

Flag Day is the unofficial start of summer in Quincy and has traditionally included a parade, civic celebration and fireworks at Pag-



eant Field. Richard Koch – the mayor's father – began the tradition in 1952 as he handed out American flags to players in the Koch Club baseball and softball program. Those participants, in full uniform, marched out of Cavanaugh Stadium and made their way through Norfolk Downs while waving their flags before returning to the stadium and receiving a Hoodsie ice cream cup.

The event grew larger as the event went on and the parade through the city came to include community and civic organizations, bands, floats, military units and youths from sports leagues and boy and girl scouts.

The parade and fireworks display will not take place this year because of the pandemic. Merrymount Parkway will be closed for a brief period as two Quincy Fire Department ladder trucks move into place and prepare to hoist the American flag above the road. Patriotic music will play while the flag is on display and vehicles will be allowed

to travel in both directions on Merrymount Parkway, but stopping will not be allowed.

Koch said he looks forward to the parade and fireworks resuming next year.

"We will celebrate this year, but we are already looking forward toward 2021 and for the 70th and

making it the biggest and best of all time," he said. "I appreciate all of those people that have participated and sponsored this event through all the years. It is one of Quincy's finest traditions."

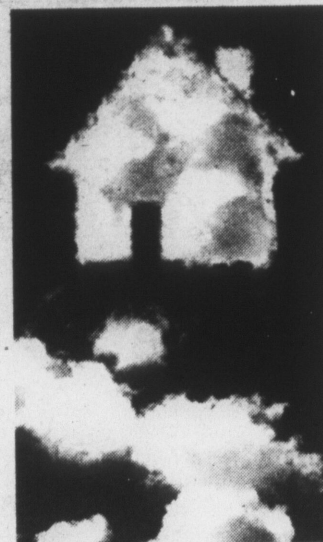
For additional information, call 617-376-1251.



SOCIAL DISTANCING – Two people make responsible use of the lower Ross Parking Area for lunch last week. This photo was taken from the sixth floor of a nearby building at Cliveden Street and Ross Way.
Photo Courtesy Greg Baryza

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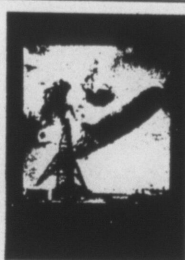
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Moments in time

THE HISTORY CHANNEL

• On **June 27, 1939**, one of the most famous scenes in movie history is filmed -- Rhett Butler and Scarlett O'Hara parting in "Gone with the Wind." Director Victor Fleming also shot the scene using the alternate line, "Frankly, my dear, I just don't care," in case the film censors objected to the word "damn." The censors approved the movie but fined producer David O. Selznick \$5,000 for including the curse.

• On **June 22, 1944**, President Franklin Roosevelt signs the G.I. Bill, giving returning World War II veterans a range of benefits, including money for college tuition, living expenses and books.

• On **June 26, 1959**, the St. Lawrence Seaway is officially opened, creating a navigational channel from the Atlantic Ocean to Duluth, Minnesota. The system of canals, locks and dredged waterways extends for nearly 2,500 miles.

• On **June 28, 1969**, a police raid of the Stonewall Inn, a popular gay club in New York's Greenwich Village, turns violent as patrons and local sympathizers begin rioting against the police and throwing bottles. It's now remembered as one of history's first major protests for LGBT rights.

• On **June 23, 1972**, Title IX of the education amendments of 1972 is enacted into law. Title IX prohibits federally funded educational institutions from discriminating against students or employees based on sex in all areas, including athletics.

• On **June 24, 1993**, Yale professor David Gelernter is seriously injured when an envelope explodes in his hands. That bombing, along with 14 others since 1978 that killed three people and injured 23 others, was eventually linked to Theodore Kaczynski, the Unabomber.

• On **June 25, 2009**, Michael Jackson, one of the most successful entertainers in history, dies at age 50 at his home in California. Jackson suffered cardiac arrest caused by a fatal combination of prescription drugs given to him by his personal doctor.

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Inmate At NCSO Hospitalized After Testing Positive For COVID-19

An inmate at the Norfolk County Sheriff's Office was transported by ambulance and is being treated with expert medical care after testing positive for COVID-19.

The inmate, who had tested negative for COVID-19 in recent days, became symptomatic June 5th and was transported to nearest hospital where he remains hospitalized. "We are all praying for him," said Sheriff Jerry McDermott, who personally reached out

to the family.

"We've been fortunate that only a small number of our staff and inmates have tested positive for the virus," added Jerry McDermott. "This is a credit to the efforts of our entire team - custody, medical and command staff, and the many measures we implemented since the onset of this pandemic."

Since early March, the Sheriff's office has restricted nonessential work-

ers and vendors to the jail, equipped inmates and staffs with masks, and instituted temperature checks when entering the facility. The jail also put in place a quarantine procedure for new inmates, separating them from the general population for at least 14 days.

The NCSO continues to revise and implement new measures based on input from expert medical doctors and in accordance with CDC AND DPH.

Father Bill's & MainSpring Launches Campaign For Hope; Alternative To FoodFest

Campaign To Raise Funds In Support Of Most Vulnerable During COVID-19 Crisis

Father Bill's & MainSpring (FBMS), a regional provider of emergency shelter and housing, announces a new fundraising campaign as an alternative to its annual FoodFest event, which has been canceled this year due to the COVID-19 crisis.

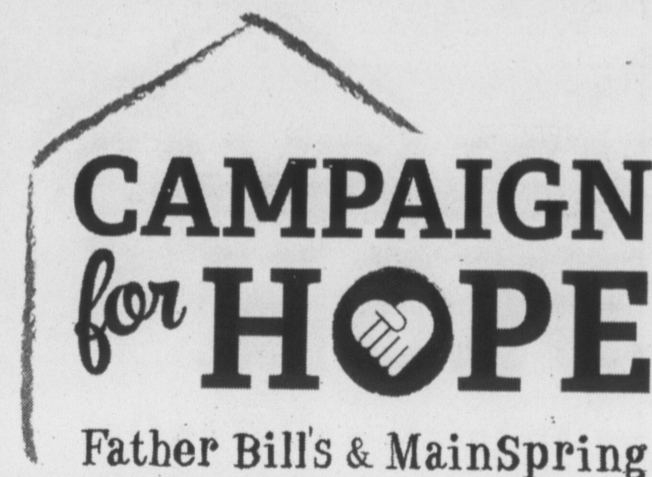
FBMS is launching the Campaign for Hope with a goal of raising \$500,000 by the end of July. The campaign's lead supporters are the Arbella Insurance Foundation and Bank of America, both of which made major donations in March that helped FBMS early in the COVID-19 crisis.

"The cancellation of FoodFest comes at a time when there's an urgent need for corporate and individual donations," said John Yazwinski, FBMS president and CEO. "Led by the Arbella Insurance Foundation and Bank of America, our Campaign for Hope provides an opportunity for our community to come together, while apart, to provide hope to our most vulnerable neighbors

experiencing homelessness."

FoodFest, which FBMS hosted for 25 years straight, has been the signature fundraising event for a non-profit that provides emergency shelter to approximately 260 individuals per night and more than 130 families per night. Last year, FoodFest, in partnership with more than 35 local restaurants, raised more than \$350,000 to support FBMS' mission to end homelessness on the South Shore and across Southern Massachusetts.

The loss of FoodFest revenue comes as FBMS grapples with the unprecedented challenges created by the COVID-19 crisis. The agency has invested in additional staff and shelter sites in order to allow for social distancing among guests, and has invested in other items, such as PPE, handwashing stations, and cleaning supplies, to help guests feel safe and comfortable. In addition, as a result of a temporary loss of its volunteer



workforce, FBMS is purchasing extra food to make sure all guests have access to three meals per day.

The agency estimates that keeping the shelters open and safe during the pandemic has resulted in an additional \$125,000 each month that must be raised in private donations.

"We're calling our campaign contributors our Heroes of Hope," said Catie Reilly, FBMS Chief Development Officer. "While we won't gather together for FoodFest in July, we plan

to recognize our Heroes of Hope and incorporate elements of FoodFest in a virtual, interactive capacity. We also look forward to working with our past FoodFest restaurant partners in new and creative ways to highlight and support them during this difficult time."

To learn more about the Campaign for Hope, visit helpfbms.org/hope.

Donations by mail can be sent to: Father Bill's & MainSpring, Attn: Development Office, 430 Belmont St., Brockton, MA 02301.

High School Graduations July 24, 25

Cont'd From Page 1

agency dates for the ceremonies are Monday through Wednesday, July 27 to 29, all at 6 p.m.

The graduation ceremonies had been scheduled for this week, but they were postponed because of the coronavirus pandemic. Under new guidelines issued by the state in late May, in-person graduation ceremonies will not be allowed until Sunday, July 19, at the earliest, and must be held outdoors. The state's guidelines also include standards to protect the health of those in attendance.

There are 280 members of the graduating class at North Quincy High School, and Deputy Superintendent Kevin Mulvey said he was confident there was enough room inside the stadium to

hold each graduate on the field and two family members in the seats.

Quincy High School has 380 graduates, however, and there would not be enough room in the stands to accommodate all of their guests. As a result, the class will be divided into two groups of 190 each. Mulvey said they would likely be divided by name.

Students from each school will be required to provide the names of their two guests in advance. Each guest would receive a ticket to enter the stadium.

"We would have to require, based on guidance from the state, that we maintain a manifest where we check-in all preregistered as guests as they come in," Mulvey said. "That is an additional complicating factor, but certainly something that is doable."

Each student will be receiving a letter from the school system explaining the new rules for the graduation ceremonies. Students will be asked to respond to the letter to indicate whether or not they plan to attend and, if they plan on attending, to identify the two family members they want to attend.

School Committee member Emily Lebo said she believed the city would be able to hold the graduations successfully next month.

"I feel confident that we

will be able to do this," she said.

Committee Vice Chairman Anthony Andronico thanked Mulvey and school officials for their efforts to plan the ceremonies.

"I know there were some stops and starts with planning and new guidelines and some adjustments that were made along the way, but I believe we finally have it right," he said.

The School Committee has been discussing plans for this year's graduation ceremonies since April. School officials had initially said they would hold virtual ceremonies this week on the original graduation dates but left open the possibility of an in-person event later in the summer. More than 2,000 people signed a petition in early May asking for the graduation ceremonies to be moved to a later date in the summer in lieu of the virtual ceremonies.

The school system did release senior tribute videos this week on the original graduation dates.

The state guidelines for graduation ceremonies allows them to be held outdoors starting July 19, provided public health data supports doing so. The ceremonies must be kept as brief as possible.

The guidelines limit attendance to graduates and members of their immediate family only. Pre-registration

would be required and only those who register would be allowed to attend. Children under the age of 5, older adults and those with vulnerable health conditions are discouraged from attending.

The state guidelines also require that attendees who are not immediate family members sit six feet apart; immediate family members could sit next to each other. Graduates would also need to be spaced six feet apart.

Plans must also be in place to ensure orderly entrance and exit from the stadium. Communal gatherings would not be allowed before or after the ceremony. That means graduates would not be able to pose for photographs after the ceremony like they traditionally do.

Everyone in attendance would be required to wear masks, except those who cannot do so because of a medical condition. Those who speak at the ceremony would be allowed to remove their mask when addressing the audience.

The guidelines recommend graduates walk across the stage individually and adjust their tassels in lieu of receiving their diplomas. Diplomas could still be handed out in a safe way, however, such as placing it on a table for a graduate to pick up. Hugging and hand shaking would not be allowed.

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Scenes From Yesterday

THIS 1907 postcard printed in Germany is a view of the old sightseeing observatory that was on the top of Great Hill at the end of Houghs Neck. The tower was built in 1901 by Quincy contractor William Lofgren who also built many of the Quincy churches of the time with wooden steeples. The tower was octagon in shape and about 25 feet wide at the base tapering to 12 feet at the top, rising 50 feet high with a 25-foot pole at the top flying a 12-foot flag. Lofgren's company built it in three weeks. The tower was built for Andrew Odom, a young civil engineer who worked for the city and was also an entrepreneur. He had the tower built as an investment; he placed a powerful telescope at the top and charged five cents for admission. At over 130 feet above sea level, the view on a clear day was fantastic; besides all of Boston Harbor and Quincy Bay it included Gloucester to the north, Provincetown to the east and Plymouth to the south. The tower was later fully enclosed and converted into a summer cottage. It burned to the ground in 1939.

From the
Postcard Collection
of Tom Galvin



Austin Kimmell Graduates MA College Of Art

Austin Kimmell of Quincy graduated from The Massachusetts College of Art and Design in Boston with a Bachelor's Degree of Fine Art in animation. His artwork can be viewed on Vimeo.com by searching for Austin Kimmell.

READERS FORUM

Words Have Great Power

Words have great power. With them people can be inspired, healed, and encouraged. At this time of great civil unrest, there is great opportunity to use words in just this way.

Leaders across the US are thoughtfully addressing their communities with messages of sorrow for lives senselessly lost and hope for a better tomorrow.

Sadly, this was not the

message Quincy heard from Mayor Koch. While we appreciate that he was "appalled by the video of the killing of George Floyd" and thinks "peaceful protests are perfectly in order", we were disgusted by the use of the word "thugs" and the phrase "animal behavior." These words have historically been used explicitly to denigrate and devalue people of color.

The mayor's statement "People are welcome to protest in a very respectful manner, but I want to make it clear that we will not tolerate any misconduct," was entirely sufficient. Rather than offering words of encouragement, peace, and healing to citizens planning to attend Tuesday night's

vigil, the impact of his words incited hatred of their own. Use of this language is unacceptable and especially unacceptable if we seek to build an inclusive, welcoming community in Quincy that values all people.

Sarah and
Scott Alessandro
Quincy

More Letters Page 13, Page 14

Admit The Problem Then Create A More Perfect Union

Dear Editor,

I was saddened to see Mayor Koch deny that racism is an issue in local police forces. "This part of the country doesn't have those kind of officers, especially in Massachusetts," he said in a recent Patriot Ledger story (right after using the racially charged terms "thugs" and "animal be-

havior" to describe Boston protests against police brutality).

White supremacy – and the simultaneous denial of its existence – have plagued our country since its inception, when the founding fathers allowed white people to own black people, while proclaiming loftily that all men are created equal. We

live and breathe this racist culture and pass it on to future generations.

If we ever hope to stop, we have to first acknowledge that there is a problem. The mayor's knee-jerk denial suggests he is unwilling to look critically at Quincy's institutions and do the hard work of making them as inclusive and as just as possible.

sible.

Let's not waste the opportunity this moment in history brings. Let's admit that society does have a problem with racism, and that its members – that is, all of us – do too. Only then can we create a more perfect union.

Maggie McKee
Quincy

Quincy's Yesterdays

This Week
1970
50 Years Ago

McIntyre Praises Graduates' Ideals

In his speech to the 1,103 combined graduates of Quincy High, North Quincy, and the Vocational-Technical School, Mayor James R. McIntyre praised the students for their values, particularly the willingness to question traditional policies and values.

Reflecting on the Vietnam War and other issues facing the nation, McIntyre said the graduates' accomplishments and ideals reflected those of two prominent Quincy natives – Presidents John and John Quincy Adams.

"You Quincy students reflect the accomplishments and ideals of these two men. We parents, administrators, teachers, and friends can recall when the aims of sons and daughters was to grow into a society of elders," the mayor stated during his speech at Veterans' Memorial Stadium.

"But you – inexperienced and untouched by the depressions, dictators, tyranny, world wars, and times when communism meant Stalin's death camps and Hungary – bring us to an unrelenting questioning of traditional values and policies of the elders."

"You see the inconsistencies between rhetoric and reality. You see poverty in Appalachia and here in Quincy, and the very wealthy paying no taxes at all.

"You see the hunger and malnutrition in all areas of our nation, and the government subsidies to farmers who do not grow crops.

"And you young men and women sitting before me question a war which siphons funds from education, medicine, transportation, space exploration – all areas of American society – to support a struggle which seems to be widening, not ending."

"You question the rationale behind this misuse of our young high school and college graduates. As a father I welcome this questioning. And I think this dissent of youth reflects the questions we adults are asking ourselves."

The graduating class's chosen theme was "Listen!" Students Beth Gabel and David Fingers of North Quincy High and Carla Errichiello and David Goroff of Quincy High all reflected on the theme in their speeches.

Christine Wahlberg, president of the QHS graduating class, gave the welcome. North class president Michael Martin introduced the mayor.

3,000 YOUNGSTERS IN FLAG DAY PARADE

Stars and stripes by the thousands were expected in Quincy as nearly 3,000 boys and girls planned to march in the annual Koch Club Flag Day Parade.

"It should be one of the most colorful Flag Day parades ever seen in the city," said Richard J. Koch, executive director.

In addition to the 1,500 members of the Koch Club's baseball and softball teams – all in new hats and uniforms – Quincy's Little League baseball players, Boy Scouts, Girl Scouts, and Camp Fire Girls were provided with flags to carry in the parade and take home after.

Nine drum and bugle corps were to provide music during the parade and the city's veteran, civic, and fraternal organizations had been invited to march from the Vo-Tech to Veterans' Memorial Stadium.

A flag raising ceremony and brief program were planned at the stadium.

SIDEWALK BAZAAR PLANNED

An old fashioned bazaar – the city's first – was planned for July.

Burton Cook of Tags Sleep and Lounge Shop was named chairman of the special event, formerly dubbed the 'Shoptown Sidewalk Bazaar.' Cook wanted the bazaar to be more than just sales gimmick.

"We would like this to be more than just a merchants sale promotion," he explained. "We want it to be a friendly community-type event that many groups and organizations can participate in."

QUINCY-ISMS

Former Mayor Amelio Della Chiesa was the keynote speaker at a ceremony honoring the 58 graduates of the Vo-Tech's post high school programs...North Quincy High's Paul Affsa earned a spot in the New England track and field championships, qualifying in the long jump and the 880... Former North Quincy High baseball star Pete Varney was drafted by the San Francisco Giants. He had previously been drafted twice by the Houston Astros and one time each by the Kansas City Athletics and Washington Senators.

Arts & Entertainment

Artist's Showcase: Tony Andrade

This is the first in the series of the Quincy Sun's "Artist's Showcase" featuring local Quincy artists.

Tony Andrade has been making art since the early 1980's. He wanted to be an illustrator since high school. After leaving art school he became a graphic designer. He worked in the field for 12 years and then started freelancing. It grew into a small firm of his own. He stopped working full-time and concentrated on painting and photography for the past 10-12 years.

He has been painting realistically using watercolor and teaches watercolor classes at Quincy Arts. He has been using oils for the last three years and doing more abstract work, which he really enjoys. This helps him make his work more unique while digging deeper to create something that he considers most interesting and satisfying.

He converted part of his back deck to create a studio, which he says is far better than working in his dining room, spare bedroom, or

basement.

Tony was originally influenced by famous illustrators but then turned to more popular artists such as Bob Peak, Mark English, Bernie Fuchs and hero Milton Glaser. Also Andrew Wyeth, Wayne Thiebaud, Will Barnet, David Hockney and many more.

He doesn't have a favorite piece but is always happy with his latest. Sometimes you miss and have to paint over something that didn't work out. Most of my latest work have been of a smaller size. I enjoy entering juried shows and fortunate to have my work recognized and to sell the occasional piece.

Tony advises to make a lot of work. Draw, paint, experiment with different mediums. Fill up a sketchbook with ideas, drawings, articles, quotes. He is so impressed with all the talent out there, always finding new and exciting work that impresses and inspires.

Want more Tony? Check out his website at www.designfineart.com and on Instagram at [tonyandrade487](https://www.instagram.com/tonyandrade487).



TONY ANDRADE in his home studio.



'AN UNREASONABLE GARDEN' watercolor

12 Quincy Students On Xaverian Honor Roll

Twelve students from Quincy are on the honor roll for the third marking period at Xaverian Brothers High School in Westwood.

They are:

Emmett Gurwitch, First Honors, grade 8.
Thomas Mantville, First Honors, grade 8.
James Roper, First Honors, grade 8.
James Burke, First Honors, grade 10.
Aidan Fleming, First Honors, grade 10.
Thomas Arrigal, First Honors, grade 11.
Benjamin Blow, First Honors, grade 11.
Michael Fonte, First Honors, grade 12.
Fiachra O'Farrell, First Honors, grade 12.
Sean O'Brien, Second Honors, grade 11.
Matthew Raimondi, Second Honors, grade 11.
Pierce Troy, Second Honors, grade 11.

Ying Yu

Earns Doctor Of Pharmacy Degree

Ying Yu of Quincy recently graduated from the University of the Sciences in Philadelphia. A virtual commencement ceremony was held May 20.

Yu graduated cum laude with a Doctor of Pharmacy degree. Yu is a member of the Alpha Lambda Delta National Honor Society for First-Year Students.

Author To Speak On Life, Adventures Of Robert Bennet Forbes

Phyllis Forbes Kerr author/illustrator/artist, great-great-granddaughter of Robert Bennet Forbes, will speak June 17 about Robert Bennet Forbes, who harnessed his wealth and influence to deliver humanitarian support during the Great Hunger in Ireland in 1847.

Kerr will bring unique family insight to understandings of the people and times. She is author of Letters from China: The Canton-Boston Correspondence of Robert Bennet Forbes, 1838-1840 and also the children's book Cabin Boy Robert Bennet Forbes.

Now in its tenth year, Milton Reads is a town-wide reading initiative that creates a shared cultural activity by exploring the same book together as a community. The current Milton Reads selection is the newest book by popular historian Stephen Puleo, Voyage of Mercy: The USS Jamestown, the Irish Famine, and

the Remarkable Story of America's First Humanitarian Mission.

Voyage of Mercy is a compelling story of tragedy, initiative, generosity, and hope. And it is a story with a strong connection to the town of Milton. Forbes's legacy is preserved by the Forbes House Museum.

This event takes place at 6 p.m. on June 17. All library events are currently presented online via Zoom.

Registration in advance is required at www.miltonlibrary.org. The library has plenty of copies of Voyage of Mercy, which you can reserve now to pick up curbside; and there are also e-books available from the library online.

This talk is presented in partnership between the Milton Library and Forbes House Museum.

Find more information at www.forbeshousemuseum.org and www.miltonlibrary.org.

Milton Reads Talk

Attracts Large Audience

Over 150 households virtually attended the Library's Milton Reads 2020 signature event on May 20th. Popular author Stephen Puleo spoke on his newest book, Voyage of Mercy: The USS Jamestown, the Irish Famine, and the Remarkable Story of America's First Humanitarian Mission. Voyage of Mercy is a compelling story of tragedy, initiative, generosity, and hope. And it is a story with a strong connection to the town of Milton. It is the selection for Milton Reads, the town-wide reading initiative that creates a shared cultural activity by exploring the same book together as a community.

Puleo recounted the history of the Great Hunger in Ireland and how Robert Bennet Forbes harnessed his wealth and influence and deployed the U.S.S. Jamestown to deliver humanitarian support in 1847. Forbes's legacy is preserved by the Forbes House Museum in Milton.

Puleo, who writes popular histories about local events with national impact, is also the author of Dark Tide: The Great Boston Molasses Flood of 1919, A City So Grand: The Rise of an American Metropolis, Boston 1850-1900, and The Caning: The Assault That Drove America to Civil War.

During the program, participants offered comments and directed questions to the author. Members of the Forbes House Museum,

Heidi Vaughn and Gwen Labbe, presented photographs of the museum's collection and anecdotes about Forbes and the Jamestown. Bennet Forbes and his brother John constructed the Forbes House in 1815 for their mother and sisters. The Forbes siblings not only had homes and property in Milton, they generously donated to the town, contributing to the first Milton Hospital, Mary A. (Forbes) Cunningham School, Cunningham Park, and Milton Academy. Today, the actual steering wheel from the U.S.S. Jamestown is an impressive part of the museum's collection.

Throughout the year, Milton Library and the Forbes House Museum will sponsor events related to the book. The next event will be a presentation by author-illustrator Phyllis Forbes Kerr on her book Letters from China: The Canton-Boston Correspondence of Robert Bennet Forbes, 1838-1840. Kerr is the great-great-granddaughter of Robert Bennet Forbes and also the author and illustrator of the children's book Cabin Boy Robert Bennet Forbes.

All library events are currently presented online via Zoom. Register in advance in order to receive log in procedures.

Find more information at www.miltonlibrary.org and www.forbeshousemuseum.org.

WHAT'S COOKING

with

Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Meatloaf With Tomato Sauce

By MARIE

Meatloaf is a great meal to enjoy at the end of a long day. So, if you like meatloaf then today's recipe is made with a little something different that will enhance this already delicious food!

Preheat oven to 350 degrees - prepare a cookie sheet or baking dish with vegetable or olive oil

Ingredients:

2 eggs, beaten
1 8-ounce jar of tomato sauce (or you can make your own)

1/2 cup seasoned panko breadcrumbs
1/4 cup onion, chopped
2 tablespoons of chopped green pepper (you can use red pepper if preferred)
1 teaspoon salt
1/2 teaspoon basil
Dash of thyme
1 and 1/2 pounds of beef, (other ground meats can be used instead)

Combine the first 8 ingredients.
Add the ground meat and mix well.
Shape mixture into a loaf and place on cookie sheet bake at 350 for 1-1/4 hours.
Serve with any favorite sides.

A Lighter Coleslaw

By SUSIE

You know, coleslaw really is a health food. Its main ingredient is cabbage, which is rich with an array of cancer fighting plant chemicals (called indoles), fiber, along with lots of other vitamins and minerals.

This dressing is light and flavorful. Adding the fresh cilantro and flaxseed oil knocks the nutritional value out of the park!

1/2 head green cabbage, halved, and sliced very thinly. (You can purchase it already chopped if you like!)

2 carrots, grated
1/2 cup chopped scallions
1/3 cup chopped fresh cilantro
2 tablespoons flax oil
1 1/2 tablespoons apple cider vinegar (the raw kind)
1 1/2 tsp raw honey
1/4 tsp cumin
1/4 tsp sea salt and pepper

Simply whisk the dressing ingredients in small bowl and toss with everything else.

Chilling this dish makes it taste even better. Adjust seasonings if needed. (May need more salt and pepper)

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EMMA CAULFIELD (left) of Quincy, a Woodward School senior, receives a "Graduation Box" from Head of School, Renee DuChainey-Farkes. Caulfield will be attending UMass-Amherst in the fall.

ANASTASIA ROTH (left) of Quincy was delighted when Woodward Head of School, Renee DuChainey-Farkes, delivered her Senior 2020 "Graduation Box." Roth will be attending Mass College of Liberal Arts in the fall.

Oh, What A Surprise For Woodward Graduates

Head Of School Delivers Caps, Gowns To Homes Of 2020 Senior Class

Saturday, May 30th would have been the day of The Woodward School Class of 2020 graduation ceremony at the historic Church of the Presidents in Quincy.

Due to the pandemic and rules of social distancing, Woodward seniors were at home on the morning of their postponed graduation and were surprised by a parade of cars driven by the

Head of School, Woodward staff and faculty, alumnae, and the School's Board of Trustee members, as they delivered each student her cap and gown in a "graduation box."

Head of School Renee DuChainey-Farkes personally handed each graduate a gift box with her cap and gown, diploma, academic awards, and additional personalized gifts.

"This senior class continued to make the best of a very sad and unfortunate situation," said DuChainey-Farkes. "We personally wanted to make the day special by delivering their 'graduation boxes' to their homes. It was great fun

and brought many grateful smiles of appreciation."

Sandra Galloway, a Weymouth resident and parent of a Woodward senior, said, "You have no idea how special you made us feel! It was all I could do to fight back the tears."

Quincy residents who are graduates of The Woodward School Class of 2020 include:

Flori Bouma who will attend Curry College; Emma Caulfield, UMass-Amherst; Ho Luen Chan, Wheaton College; Christina McCleod, Massasoit Community College-Vet Tech Program; Anastasia Roth, Mass College of Liberal Arts; and Jody Serani, Pratt Institute.

Social Security Matters

How Do I Apply With Social Security Offices Closed?

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty: I am 64 years old and would like advice on how to move forward to apply for Social Security now instead of waiting until I am the "magic" age of 66.5 years.

Signed: Ready for Retirement

Dear Ready for Retirement: All Social Security offices are currently closed to public visits, but they are still providing telephone services (although telephone wait times are usually longer these days). You can apply over the phone if you wish. However, the most efficient way to apply for your Social Security benefit, especially during the COVID-19 pandemic, is to apply online. You will need to create your personal "My Social Security" account prior to applying online, but that is easy to do at www.ssa.gov/myaccount. For information, Social Security uses a "two-factor" identification process for security purposes, usually by asking you to enter, in addition to your password, a special ID code sent to your cell phone (or email). Once you have set up your personal account, you can use the online application process at www.ssa.gov/retire.

Here is a link to a short video from Social Security which explains the online application process: www.ssa.gov/hlp/video/iclaim_r01.htm. When you start the online process, be sure to write down the reentry code, which will allow you to save and re-enter your online application as many times as needed before you finally submit it. Once it is submitted, Social Security will call you or write you to get any additional information they need. A couple of things I want to be sure you are aware of:

By claiming before your full retirement age (FRA) your benefit amount will be permanently reduced. The reduction is about 0.556% per month prior to your FRA that you claim (at 64, a reduction of about 15%).

Finally, if you are still working, you'll be subject to Social Security's earnings test until you reach your full retirement age. If you start benefits mid-year 2020, you'll be subject to a monthly earnings limit of \$1520, and if you exceed that limit you won't be eligible for benefits for that month. The following years you'll be subject to an annual limit, until you reach your FRA when there is no longer a limit to how much you can earn.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadviser@amacfoundation.org.

Cannons Sign First-Round Draft Pick Nick Mellen

The Boston Cannons have inked a deal with their first-round draft pick Nick Mellen. The Syracuse defender signed a rookie contract with Boston ahead of the 2020 season.

The 5-9, 187-pound defender was the fourth overall selection in Monday's draft. He finished his career for the Orange with 101 groundballs and 55 caused turnovers in just 47 career games. The redshirt senior played in just one game in 2020 before the season was canceled and has opted not to return to Syracuse for a sixth year with the Orange.

"I'm extremely excited to join the Boston Cannons," Mellen said. "Their reputation in the world of professional lacrosse is unquestioned. I'm looking forward to working with my new teammates and coaching staff. I can't wait to contribute to their winning culture and do anything I can to help bring a championship back to Boston."

In his career at Syracuse, Mellen was a two-time USILA All-American, finishing his career fifth in program history in caused turnovers (55). The senior captain was named to the Tewaaraton Award Watch List in 2019 and 2020.

"The Cannons are thrilled to sign Nick Mellen," Head Coach Sean Quirk said. "Nick is a prototypical, professional defenseman that

will make the transition quickly based on his style of play as a cover guy, his work ethic and leadership skill set, which set him apart from most others coming out of college in 2020."

Prior to the recent MLL Draft, there was a lot of speculation that Mellen could have been selected at No. 1 overall by the Lizards. Quirk was thrilled – and a bit surprised – that Mellen was still available at No. 4. "We've had a lot of success with the guys we've had from Syracuse in the past," Quirk said after the draft.

"Watching Nick play last year and then the beginning of 2020, he's an MLL defenseman that could play for us right away. He was someone we were planning on taking and I'm delighted he was still available."

Mellen hails from Syracuse, N.Y. and was named an Under Armour All-American as a senior at West Genesee High School.

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SOUTH SHORE CONSERVATORY congratulates piano student Owen Masur (right) of Quincy for placing first in the 14-18 division of SSC's recent piano competition. He is a student of SSC piano instructor HuiMin Wang (left). Courtesy Photo

18 Quincy Students Graduate Norfolk County Aggie H.S.

Eighteen students from Quincy recently graduated from Norfolk County Agricultural High School in Walpole.

They are:

Skyler Antonowicz, Madelin Caggiano, Makayla Carini, Madison Cheever, Dante Cintolo, Joseph

Corbett, Zachary Corbett, Abigail Drinkwater, Haley Drinkwater, Molly Hendry, Charlotte Hughes, Hanna MacDonald, Ava Mannion Grealish, Lily Mei, Alexis Robertson, Lena Solimini, Lena Waldron and Caroline Wilson.

Liam Tollenger On Dean's List

Liam Tollenger of Quincy has been named to the Dean's List for the spring semester at the University of

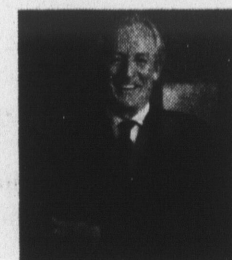
Utah in Salt Lake City.

Tollenger's major is listed as business administration.

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Interval Walking For Better Fitness

Practical Fitness With Wayne L. Westcott

By WAYNE WESTCOTT

Walking is an excellent exercise for burning calories and for improving cardiovascular fitness. Recent research has revealed that faster walking is superior to slower walking, especially for reducing fat in the abdominal area. In a recent research study, overweight women who walked at a faster pace lost significantly more abdominal fat than those who walked at a slower pace, even though both groups did the same total amount of walking over a six-month period.

The most effective approach for increasing your walking speed is an exercise protocol called interval training. Interval training alternates periods of faster-paced activity with periods of slower-paced activity. For example, if you normally walk two miles in 40 minutes your average walking pace is 20 minutes per mile. Let's say your goal is to walk two miles in 32 minutes, for an average walking pace of 16 minutes per mile. At this point in your training you are not capable of walking this fast for 32 minutes. However, you could sustain a walking pace of 16 minutes per mile for two minutes. After two minutes at this relatively fast pace you may

need to slow down in order to recover, but you can still continue walking at a slower pace. For example, after walking for two minutes at a pace of 16 minutes per mile, you could decrease your walking speed to a pace of 22 minutes per mile. After walking for two minutes at this slower pace you should be sufficiently recovered to walk another two minutes at a pace of 16 minutes per mile. You can then slow down to a pace of 22 minutes per mile for two minutes to recover. Your goal is to continue alternating two minutes of faster walking (higher effort intervals) with two minutes of slower walking (recovery intervals) until you complete your two-mile walking distance.

Although you have walked the same distance as usual, the faster-paced segments make this exercise session more effective physiologically and more interesting psychologically. Why would faster walking segments interspersed with slower walking segments elicit more cardiovascular conditioning than a steady walking pace? Basically, the intensity of your exercise activity is the key to your fitness improvements. Training duration and train-

ing frequency are important aspects of every exercise program, but other things equal, the training intensity is the most critical performance factor. This is because your training intensity determines your heart rate response to the exercise. Higher exercise intensities require higher heart rate responses for greater cardiovascular conditioning effects. In addition, some exercise physiology researchers believe that the major stimulus for increasing heart-pumping capacity (the amount of blood pumped each time the heart contracts) occurs immediately following a moderate to hard bout of exercise. Because interval walking provides several bouts of relatively hard exercise, the heart receives more stimuli for improving its pumping capacity.

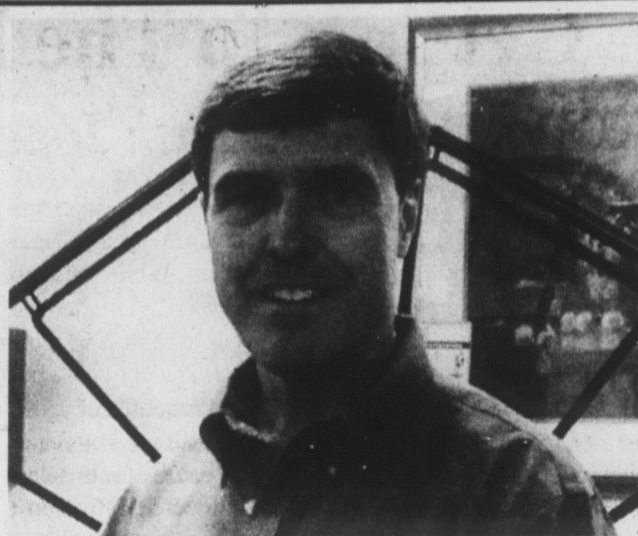
Although the two-minute faster walking intervals are relatively brief, they are long enough to provide enhanced cardiovascular conditioning when repeated several times during the two-mile walk. Let's say that you do nine faster-paced two-minute intervals and nine slower-paced two-minute intervals, for a total walking duration of 36 minutes. You actually performed 18 minutes

of faster-paced walking for increased cardiovascular benefit.

Psychologically, changing your walking pace every two minutes makes the exercise session more interesting and engaging, as well as more challenging. Also, the faster-paced walking intervals make your standard walking pace seem slower by comparison, which is a significant perception from a performance perspective.

As you become better conditioned physiologically and more accustomed to a faster walking pace psychologically, you should (gradually and progressively) attain higher fitness levels. Once you can comfortably perform this walking workout, consider the following options for achieving further aerobic fitness improvements.

One option is to increase the length of the faster-paced intervals to three minutes, while keeping the slower-paced intervals to two minutes. The next step in this progression is four-minute faster-intervals with two-minute recovery intervals. When you can complete five-minute faster intervals, I recommend reducing the slower intervals to just one minute. From this point, you should soon



WAYNE WESTCOTT

be capable of walking the entire distance at the faster pace, thereby achieving your goal of two-miles in 32 minutes.

Another alternative is to continue training with two-minute intervals, gradually increasing the speed of both the faster-paced and the slower-paced segments. This, too, results in less time to complete the two-mile distance while maintaining the interval training protocol. Of course, there are numerous variations of these training programs, namely, manipulating the speed and duration of the faster and slower walking intervals.

In my opinion, it may be best to alternate interval walking workouts with standard walking sessions. For example, you may do steady-paced two-mile walks on Mondays and Thursdays, and do interval-paced two-mile walks on Tuesdays and Fridays. Two interval training sessions

each week should be more than sufficient for excellent progress towards higher fitness levels and enhanced cardiovascular conditioning.

A final note, for those who typically walk on a track, you may prefer to do distance intervals rather than time intervals. For example, you may do a faster-paced lap (which is one-quarter mile) followed by a slower-paced lap. A two-mile distance would therefore consist of four faster laps alternated with four slower laps. If this is too challenging, begin by doing half a lap at a faster pace followed by half a lap at a slower pace.

Wayne L. Westcott, Ph.D., is chairperson of the Quincy College Exercise Science Department and also directs the Community Fitness Facility at the college. He has written 30 books on physical fitness and strength training.

As Businesses Reopen, A Good Plan And Flexibility Are Key

With the economy trying to overcome the effects of COVID-19 and the nation's political unrest, business leaders face a challenge like never before as stores and offices reopen and try to lure back customers and clients.

"Even before our current crisis, it's always been

important for businesses to respond to unanticipated changes in the market that threatened their product or business model," says Adam Witty, the ForbesBooks co-author of Authority Marketing: Your Blueprint to Build Thought Leadership That Grows Business, Attracts

Opportunity, and Makes Competition Irrelevant.

"Now, a willingness to adapt to changing consumer habits and ways of doing business will be more important than ever. One big challenge will be that businesses need to have a plan as they work to return their op-

erations to normal, but they also need to remain flexible and willing to change that plan as the circumstances around them change."

At the same time, all of this will need to be done while following CDC guidelines and taking into account the concerns of

employees and customers, says Witty, who also is the founder and CEO of AdvantageForbesBooks (www.advantagefamily.com).

"I'm a big believer in making decisions based on facts and data," he says. "But if you don't stay on top of what has been a very fluid situation, you could end up making decisions based on information that is already outdated."

Going forward, Witty says, businesses need to:

- Play the long game. It's easy to get into a "survive-the-week" mindset, and certainly businesses need to make some things happen now to see them through the crisis. But as they ride out the difficulties in the short-term, Witty says, they also need to create a plan that will help them prosper over the long haul.

- Be ready for the worst, hope for the best. With 41 million people who want to work out of work, the path back to normal won't be easy, and most people are predicting the recession will continue at least into early 2021. "Some businesses aren't going to be able to reopen at all, and that in-

cludes big retail chains and local mom-and-pop stores," Witty says. "That's going to have a ripple effect in the economy." So, as much as everyone may hope for a quick turnaround, it's still best to make your plans based on the idea that the economic downturn will last a long while, he says.

- Stay optimistic. These are the most challenging circumstances any business has faced in at least the last 50 years, Witty says. Despite that, business leaders and their employees can't let gloom rule their feelings and emotions. "When you're going through tough times," he says, "it's better to have an optimistic attitude than a pessimistic attitude."

"As a businessperson, my hope is that we've already seen the bottom, and that each month going forward the economy will get better," Witty says. "With that said, there is no playbook for this. But the businesses where leaders and employees all work together, plan carefully, and try to keep a positive attitude are the ones most likely to emerge in good shape when this is over."

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Getting To The Bottom Of Diaper Rashes

A Message From Ruth Jones, City Of Quincy Health Commissioner

Editor's note: due to the coronavirus outbreak and health emergency, Quincy Health Commissioner Ruth Jones is unable to submit new articles to The Quincy Sun. We are running some of her old health articles in the interim. The column below first appeared in The Sun three years ago.

By **RUTH JONES**
MSPH, BSN, RN,
BC, CP-F

Diaper rash is a generalized term representing any skin irritation that develops in the diaper covered region. While there are several broad categories of causes of diaper rash, contact irritation is the most common culprit. While diaper rash is commonly thought to affect infants and toddlers, any individual wearing a diaper, for example an incontinent adult, is a candidate to acquire this dermatitis.

Parents often mistakenly feel that the rash is a visual representation of inadequate caretaking skills. However, parents need to understand that the basic origins for this common kind of skin irritation are still under active discussion in the field of dermatology and that neglectful parenting is not among the probable factors. In the United States, diaper dermatitis represents about

10%-20% of all skin disorders managed by a general pediatrician. While the rash may arise as early as the first week of life, the most frequent time period is between 9-12 months of age.

There are numerous categories of causes for this dermatitis. First and foremost is contact dermatitis. Skin involvement may contrast from mild redness to erosion of the top layers of skin. What differentiates contact diaper dermatitis from other causes of diaper rash is that it rarely involves the skin fold regions; therefore it rarely affects areas not in contact with urine or stool.

Skin infections comprise the next most common category of diaper rash. Bacteria (Staph and Strep) and yeast/fungal (Candida) are common causes of diaper rash. Normally both of these types of infections tend to result from a disruption of skin integrity and overwhelming the usual defense mechanisms of skin in this diaper region. Staph and Strep bacterial infections are commonly termed impetigo. Characteristic descriptions of impetigo include small (1-2 mm) blisters and pustules that tend to easily rupture leaving multiple erosions in an area of gen-

eralized skin irritation. Candida diaper dermatitis also has several unique patterns. The rash is characterized by zones of bright red skin with a sequence of distinct 2-4 mm lesions at the borders of the irritated skin. In contrast to contact dermatitis, Candida is commonly only found in the skin folds creases and often around the anal region. These infectious causes of diaper dermatitis can, as a rule, be diagnosed by visual inspection alone.

Allergic reactions are a less common cause of diaper rash. Frequently associated allergens are fragrances and components of the diaper and wipes. These regions often have well-defined regions of redness with superficial vesicles and erosions.

In addition to the common place causes of diaper rash, there are also a few very atypical causes of this problem. Unusual infections, metabolic and nutritional deficiency issues, immunodeficiency problems and malignancies can all be implicated. Unfortunately, child abuse (hot-water immersion, extreme neglect to infant hygiene) can also present as a diaper rash.

Due to the fact that a diaper rash may involve ero-

sion of the superficial skin layers, pustules or small blisters, diaper changing may be mildly uncomfortable to the child.

The best treatment for diaper rash is avoidance of the causative agents which led to the contact irritation and to regions developing secondarily infected by skin bacteria or yeast. Frequent diaper changes limit exposure of stool and urine to the area and remain the basis for prevention and management of diaper dermatitis.

Should a rash develop, modest cleansing with water and soft cloths tends to be less irritating to the injured skin than disposable wipes. Recurrent application of one of the many diaper ointments containing either petroleum jelly (Vaseline) or zinc oxide (Desitin) provides an effective barrier against skin irritants and reduces friction to inflamed skin. If the diaper rash is markedly irritated by the rubbing necessary for suitable hygiene, then using a cream or ointment such as Vaseline as a barrier may be an important consideration. If sticky stool hinders cleaning, it may be more easily removed after application of mineral oil to the area. Generally pediatricians find little benefit from

using cornstarch or talcum powder and the potential risk of aspiration of these powders underscores their general lack of significant effectiveness. High-concentration baking soda or boric acid baths are to be avoided due to possibility of toxicity correlated with an increased rate of absorption due to skin breakdown.

If circumstances allow, open-air exposure of the irritated skin is also extremely effective in helping clear up diaper rash. Many children have a therapeutic response to merely sitting in a warm-water bath twice daily for 15-20 minutes per session.

Should these measures not provide a substantial response within two to three days, the possibility of a secondary bacterial or yeast infection must be considered. The area affected should be examined by a pediatrician for a definitive diagnosis and treatment options. Several topical antibiotic ointments are available for therapy in these situations. High-potency steroid creams and neomycin-containing ointments are to be avoided and can lead to additional irritation.

Parents often speculate if switching from disposable to cloth diapers will lessen



RUTH JONES

the likelihood of contact type diaper rash. In reality, the opposite seems to be true. The absorbent gel material found in most of today's disposable diapers draws wetness away from the skin area, thus aiding in promoting a healthier diaper area.

The prognosis for diaper rashes is excellent. The routine therapies discussed should provide a speedy and successful response. If little or no improvement is observed then this should alert parents to have an evaluation by their pediatrician to rule out uncommon conditions associated with a diaper rash. Regrettably, diaper rashes often may recur. It is very important for parents to recognize that development of a diaper rash is not a reflection of their parenting skills. Instead, it is just one of the multitudes of challenges associated with parenthood.

Ruth Jones is the health commissioner for the City of Quincy.

How To Prepare Your Finances For Life After Coronavirus

The COVID-19 pandemic has upended the financial lives of millions — and continues to do so. But as state economies slowly reopen, now is the time to begin preparing personal finances for a post-coronavirus world.

"Trying to predict the future is folly," said Michael Sullivan, a personal financial consultant with Take Charge America, a national nonprofit credit counseling and debt management agency. "While we may not know what tomorrow will bring, the country is slowly reopening — and that requires a reassessment and plan for our finances. Being proactive ensures we

are better prepared for what comes — even if we don't know what it may be."

Sullivan shares several steps to prepare finances for a post-coronavirus life:

- **Reassess your budget:** During the pandemic, your budget likely changed as you spent more on groceries and utilities while saving on gas and entertainment. But as economies reopen, it's time to reassess your budget based on your specific circumstances. Will you work from home permanently? Do you have a scheduled furlough? How will you handle childcare? With a new lifestyle, you need to reallocate spending categories to ensure you don't slip into debt.

ries to ensure you don't slip into debt.

- **Plan for deferred payments:** Deferrals on your mortgage or other loans won't last forever. Review deferral terms so you know when payments will restart and how much you will owe at that time. Then, create a plan you can plug into your budget. If it is overwhelming, or you need extra assistance, consider a free online credit counseling session.

- **Expand income:** Having a little extra income will go a long way toward setting up your finances for a post-pandemic world. In addition to gig work like

Postmates or Instacart opportunities, you may consider a part-time retail job as many stores have expanded hiring. Other possibilities include creative services like graphic design or copywriting through freelancing sites like Fiverr. You can also earn a little extra cash through services like Ebates, where you earn cash back for shopping through the site.

- **Rebuild your savings:** If you dipped into savings, now is the time to start re-

building so you'll be ready for the next emergency. Even if you're still wading through the present pandemic, putting away a few bucks here and there will

establish the saving habit. Then, when you've regained stability, you'll find it easier to increase your savings until your emergency fund is fully replenished.

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The Quincy Housing Authority has an employment opportunity for a Master Electrician. The incumbent must have a valid Massachusetts Electrical License and a valid Massachusetts Driver's License. Candidates must be skilled in electrical maintenance tasks such as the installation, maintenance and repair of electrical wiring systems, fixtures, controls, appliances and equipment in buildings, grounds, apartments and general facilities. The incumbent is responsible for the safe and efficient operation of assigned electrical systems and components. The incumbent will be required to be "on call" during off hours and respond to emergency electrical issues a minimum of every other week. Successful candidate must have basic computer skills in order to clock in and out daily and access accrual and paystubs. Direct Deposit is mandatory. Employment is subject to a satisfactory CORI check. Salary is \$42.80 per hour based upon a 40 hour work week. A Quincy Housing Authority Job Application can be downloaded from the Documents Section of the Quincy Housing Authority website at www.quincy-ha.com. An Application should be submitted to Terry Champion, Administrative Assistant, Quincy Housing Authority, 80 Clay Street, Quincy, MA 02170, by June 19, 2020 4:00 p.m.



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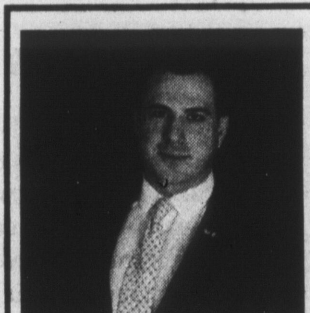
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A Final Job Well Done: Lt. Dan Minton Retiring From QPD

After writing about 1,000 "Job Well Done" stories for the Quincy Sun in a column I created in 2005, this will be my last one. I will be retiring at the end of June after serving as a Police Officer for 40 years.

It has been a pleasure to work for the citizens of Quincy through the various positions I held, but none has been more rewarding than the Crime Prevention Officer for the Police Department. When I took this position, I had aspirations to reach out more to the community in a variety of ways. These proactive programs are in operation due to the support of Mayor Koch and Police Chief Keenan. The programs as part of the Crime Prevention Unit are a success because of the dedication of the Officers and community leaders involved.

Special thanks goes out to:

1. The Officers in my Anti-Crime Unit, Ryan Donnelly, Bill Lanergan, Mike Dougan, Mike Brandolini, Mike O'Brien and Sergeant DesRoche for their outstanding commitment in keeping Quincy Square safe – and to Joe Pepdjonovic for assisting in multiple investigations!
2. Dispatcher Carol Flynn, who created the H.E.L.P. program which helps locate lost family members suffering from memory loss, dementia etc. and return them safely to loved ones. She also runs the Project Lifesaver program in the Quincy area. This non-profit program uses electronic tracking to locate people who need constant monitoring but sneak out of their home. She volunteers her time running these programs.
3. Officer Terry Downing, for his efforts in making

this department's car seat inspection/installation program available to all those expectant families no matter where they reside.

4. Officer Lisa Devine, the lead instructor in our self defense classes. Thousands of women have graduated from this highly recognized course held 10 times a year for over two decades and the success is due to the deep commitment of the Instructors.

5. Sergeant Steve DesRoche, who teaches the one night Pepper Spray class on a monthly basis, providing an additional safety option to men and women in our community.

6. Detective Glennon, who graciously allowed the Police Department to attach his family's name in 2005 to the 3 annual Children's Hospital Blood Drives we do. Thanks for getting the word out to all the donors (and the tremendous turn-out of Police Officers) all these years to help sick children.

7. Officer Bob Hanna, although long retired, he was the Crime Prevention Officer before me and set high standards for the position.

8. Steve Buckley for his three decades of volunteer work with Crime Prevention programs and as McGruff.

9. The Sons of Italy, President's Place, Adams Inn and



LT. DAN MINTON

Eastern Nazarene College for regularly hosting the two night self defense classes for years at no charge.

10. Wal-Mart and Adams Street 7-Eleven's Dennis Lane for financially supporting my programs since 2005.

11. Dan Quirk of Quirk Auto Dealerships for the use of the Crime Prevention Mustang and for all he has done for the Police Department and the City of Quincy.

12. Rob Shaw, North Quincy High School principal for willing to try out all my new programs geared for the students. The pre-prom seminars have led to an amazing streak of safe prom nights.

13. The Quincy Sun for getting out the word to the community about the various programs, safety issues and scams. A special thanks to Publisher and Editor Bob Bosworth and staff for reserving an entire page each week since 2005 for my "Job Well Done" story and crime stats. He is a true friend of the Quincy Police!

14. Mark Crosby and Joe Catalano of QATV for providing television and radio time to promote our programs and to cover topics to protect our citizens.

15. The City of Quincy for providing me the opportunity to work in the community that I grew up in. To be able to raise my family here and be a Quincy resident, for this I am truly grateful!

16. And most importantly, thanks to my family, Sarah, Andrew, Jane and Molly, along with my wife Joanne who passed away in 2014, for being supportive and adjusting to the life of a police family.

To all the Officers who made great weekly stories, a final "Job Well Done"!

QUINCY POLICE CRIME AWARENESS JOURNAL

FRIDAY, MAY 29

VANDALISM/PROPERTY, 2:12 a.m., 7-Eleven, 75 Copeland St. 6-foot-tall male threw a rock at window of store then ran from store. Suspect wearing a black vested headed northbound. Unable to locate suspect. K-9 lost scent on Morton Street.

VANDALISM/PROPERTY, 12:16 p.m., UPS Store, 377 Willard St. Caller had unknown party vandalize her motorcycle yesterday while she was inside store. Spoke to owner who told me that they do not have outside cameras but he will attempt to identify any possible suspects from his records and indoor cameras. There are no suspects at this time.

LARCENY, 4:04 p.m., Vassall St. Caller states he paid for a product that was never shipped. Online sale.

LARCENY, 5:08 p.m., Woodbine St. Package taken from front porch.

SATURDAY, MAY 30

MOTOR VEHICLE LARCENY, 5:26 a.m., Merry-mount Ave. Vehicle last seen last night at 11 p.m. Owner states he has car keys. Vehicle was parked in front of his house last night. Caller called back and states he found his vehicle next door at 7-Eleven. It was never stolen.

SUNDAY, MAY 31

VANDALISM/PROPERTY, 10:27 a.m., Rock Island Rd. Granite post uprooted. No permanent damage. Can be easily placed back into place. Common occurrence.

VANDALISM/PROPERTY, 12:32 p.m., Taffrail Rd. Porch swing broken. Was lifted and moved in the yard. Most likely the wind moved it. Was put together and placed in yard this morning.

BREAKING AND ENTERING, 2:12 p.m., Spear St. To caller's room.

BREAKING AND ENTERING IN PROGRESS, 2:25 p.m., 91 Clay St. To apartment. White male, gray hair. Caller has video. Gray or black hoodie. White sneakers. Gray sweatpants. Party lives in building; went to wrong door.

LARCENY, 10:20 p.m., French St. Package. Cell phone.

MONDAY, JUNE 1

MOTOR VEHICLE LARCENY, 11:14 a.m., St. Moritz Village, 808 Willard St. Scooter.

LARCENY, 11:49 a.m., Quincy Shore Dr. & Vassall St. Bike.

VANDALISM/PROPERTY, 1:12 p.m., Hudson St. Car has white spraypaint on it. Does not look intentional. Spray can may have been driven over earlier by another passing car.

VANDALISM/PROPERTY, 2:03 p.m., Elmwood Pk. Back windshield was smashed by a rock. Dents on the trunk. Rock also damaged back headrest. Damage happened yesterday morning.

LARCENY, 3:07 p.m., 1071 Southern Arty. Package

with laptop. Has tracking and was delivered and signed for. Was confirmed left in hallway by UPS. Possibly taken and signed for by another tenant in building.

LARCENY, 4:42 p.m., Weston Ave. Package with iPad stolen. Package found. No police services needed.

LARCENY, 4:51 p.m., Beach St. Two bike helmets. Happened sometime last week.

VANDALISM/PROPERTY, 6:56 p.m., UPS Store, 377 Willard St. Caller said parked car next to his opened her door into caller's car. There is now damage to passenger side door of caller's car.

TUESDAY, JUNE 2

BREAKING AND ENTERING, 6:55 a.m., Spear St. Business. Nothing missing. Just found that window was open and desk was moved around. Does not know when it happened and not sure who could have done it.

VANDALISM/PROPERTY, 6:31 p.m., 109 Burgin Pkwy. Vandalism to vehicle. Vehicle was parked on private property and vandalized. Unable to locate owner. Will be towed for safe keeping. No tow – owner showed up.

WEDNESDAY, JUNE 3

LARCENY, 8:29 a.m., 116 E. Howard St. Laptop.

VANDALISM/PROPERTY, 9:54 a.m., South St. Caller was worried there was someone inside home. K-9 cleared home with partner. QHA renovating house. There was no damage to any vehicle but a house window was broken. Nothing suspicious at this time.

MOTOR VEHICLE LARCENY, 11:32 a.m., Rogers

St. Black Lexus 250H. Caller stated vehicle was parked at above location last night and is no longer there. Party states he has GPS on vehicle and it is currently at the intersection of Greendier and Dakota Street in Boston. Advised party to call Boston PD; Boston will check area for vehicle. Keys were left in vehicle.

THURSDAY, JUNE 4

LARCENY, 8:46 a.m., 7-Eleven, 230 Washington St. Credit card.

VANDALISM/PROPERTY, 10:03 a.m., Neighborhood Club, 27 Glendale Rd. Cement light posts on grounds damaged.

LARCENY, 2:21 p.m., 10 Winter St. Left bag in lobby. Was given to property manager. When caller got it back, \$50 was missing. Manager states person who turned in bag is visible on camera.

LARCENY, 5:01 p.m., Results RE, 731 E. Squantum St. Four conference room chairs were taken from in front of business within last hour.

FRIDAY, JUNE 5

BREAKING AND ENTERING IN PROGRESS, 12:45 a.m., Burgin Pkwy. Tall and thin. Caller states male entered through a porch door and exited through back door. Had mask on. Caller states he had no shirt or shoes on. Caller could not get a better description and only knows that he fled through the backdoor and into parking lot. Officer found potential suspect on Granite Street. Brewster to evaluate subject medically; appears to be on something. All units clear.

Thank You Lt. Dan Minton From The Quincy Sun

On behalf of The Quincy Sun, I would like to extend a big thank you to Lt. Dan Minton for all his "Job Well Done" columns over the past 15 years.

It does not seem like a decade and half has passed since Lt. Minton started his column. I remember him coming into the office and informing my dad and I that he was continuing the crime prevention information that was initiated by Officer Bob Hanna who was retiring from the QPD.

"I'd like to continue what Bob started," he told us. "But I have some thoughts on how to expand it."

Readers were soon introduced to Lt. Minton's "Job Well Done" column which highlighted how police respond to an array of crimes and other situations in Quincy. Many of us probably have pre-conceived notions of what a police officer's job and responsibilities entail. But Lt. Minton's columns provided a matter-of-fact, real life, straight narrative of the dangers of the job and the professionalism of local officers who serve and protect our community. His column informed our readers of crime that can befall the city - while also educating us as to how to avoid becoming

a victim.

I have the utmost respect and admiration for Lt. Dan Minton not only as a Quincy police officer but also for his faithful and dedication as a contributor to The Quincy Sun for the past 15 years. A few years ago, he mentioned to me while making one of his Friday office visits that he would be retiring this June.

Time passes quickly and now his retirement will become official at the end of this month.

The Sun wishes Lt. Dan Minton a long and happy retirement.

We also want to thank his children for submitting a tribute to their dad which appears on Page 11. Dan had no idea his children were submitting such a tribute - but it is a beautiful, heart-felt send off to one of Quincy's finest.

Thank you again, Dan.

Don't be a stranger - Fridays won't feel the same without your visits.

Robert Bosworth
Publisher

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Quincy Police Lt. Dan Minton: A Job Well Done

A Tribute From The Children Of Retiring Crime Prevention Officer & 36-Year Veteran

At the end of June, Lt. Daniel Minton of the Quincy Police Department will officially retire from the QPD following a 36-year commitment to the QPD, and 40-year commitment to the job.

Lt. Minton first became a police officer in 1980 for the Concord, N.H. Police Department. He attended the N.H. State Police Academy and worked as a patrolman in Concord, where he met his late wife, Joanne, a nursing student at the time.

After four years in Concord, Lt. Minton was finally offered the job he so desperately hoped for - a police officer in the city that he was born and raised: Quincy. In August 1984, he was hired by the QPD and worked as a patrolman in the Houghs Neck area.

In 1987, Lt. Minton began creating criminal justice courses for Quincy College and taught while working for the QPD and attending Ana Maria College for a Master's in Police Administration. Soon after graduating in 1988, he was promoted to sergeant in 1992, where he began working in Internal Affairs in the Chief's Office working closely with Crime Prevention Unit Officer, Robert Hanna, and Nancy Griffin. During this time, Lt. Minton focused on student police academies for both Quincy high schools, self-defense courses, and senior citizen academies alongside Hanna.

In 2001, he returned to the streets of Quincy as a patrol sergeant, only to be promoted in 2005 as a lieutenant, hence earning his well-known Forrest Gump title of "Lt. Dan." His new promotion brought him to the role that he was always meant to fill: Crime Prevention Unit, where he focused on bike safety, safety pro-

grams, car seat installations, self-defense programs, community and ward meetings, and QATV programs. His role in the Crime Prevention Unit continued as he worked with LoJack, Project Help and federal grants for traffic violations.

In 2013, he created the Anti-Crime Unit which increased police involvement within the community. Lt. Minton focused on collaborations with Eastern Nazarene College, Quincy College, the Thomas Crane Public Library, 1250 Hancock, the MBTA, and YMCA; creating partnerships that shaped safer communities within the city.

By 2017, the Anti-Crime Unit expanded and began undercover work, surveillance, and community outreach while also continuing to promote bike safety and other community safety programs. In addition, the unit led by Lt. Minton partnered with landlords in keeping the communities of Quincy safe, and utilizing evictions when needed.

By 2018, self-defense course had increased in Quincy as well as a new course training individuals on how to use pepper spray. The Anti-Crime Unit and Crime Prevention Unit was continually growing and developing to aid in the ongoing needs of the city.

While Lt. Minton's career is impressive, he will mostly be known for community outreach that went beyond his titles.

In 2005, Lt. Minton reintroduced the Early Bird Basketball program at Central, Sterling, Atlantic and Broad Meadows as a tribute to his middle school basketball coach, Coach Mario (Mike) Casali, who started the before-school basketball program at Central when Lt. Minton was a student. The

revitalization of the program allowed hundreds of Quincy's athletes to participate in athletics while building therapeutic relationships with teachers and officers.

In 2010, he expanded his love for basketball and community outreach by creating the summer basketball programs "Cops in the Park" where Police Officers would spend summer evenings playing pick-up basketball in Quincy's parks. In addition, he helped organize Quincy Police Department Blood Drives and Safety Fairs throughout the city that benefited local families and hospitals.

Lt. Minton would frequently read books to elementary classrooms and spent time in Senior Seminar classes in both high schools discussing safety, especially in regards to drunk driving and prom safety, while also introducing students to new aspects of law enforcement.

Lt. Minton was frequently seen on the job riding his police bike through the Hancock-Adams Common, driving McGruff in the holiday parades, or on the basketball court promoting what he loved the most; a true sense of a safe and fun community.

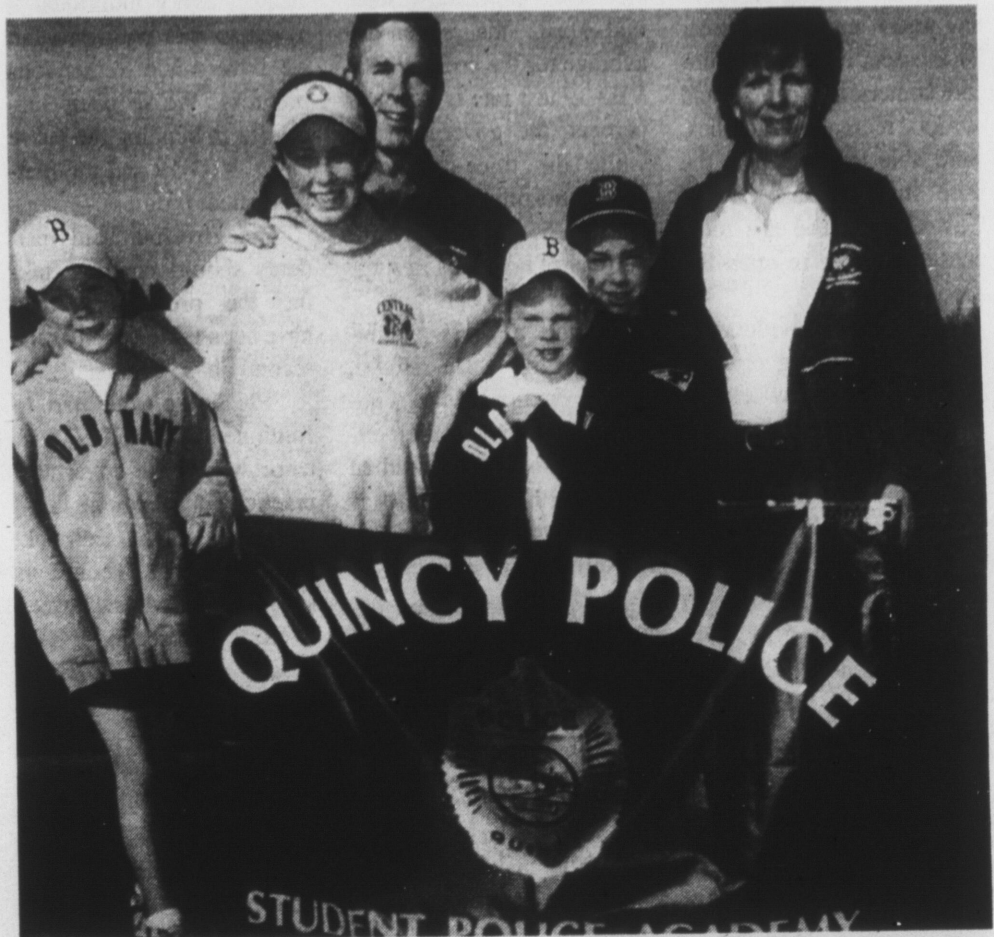
Lt. Minton, or as we better know you, Dad: you have taught us the meaning to have a love for a career and passion for giving back to your community. You have shown us how important it is to truly love what you do and that in the service of others, one can make an impact. Your public service to the City of Quincy is remarkable and deserves to be recognized and celebrated.

Dad, a Job Well Done.

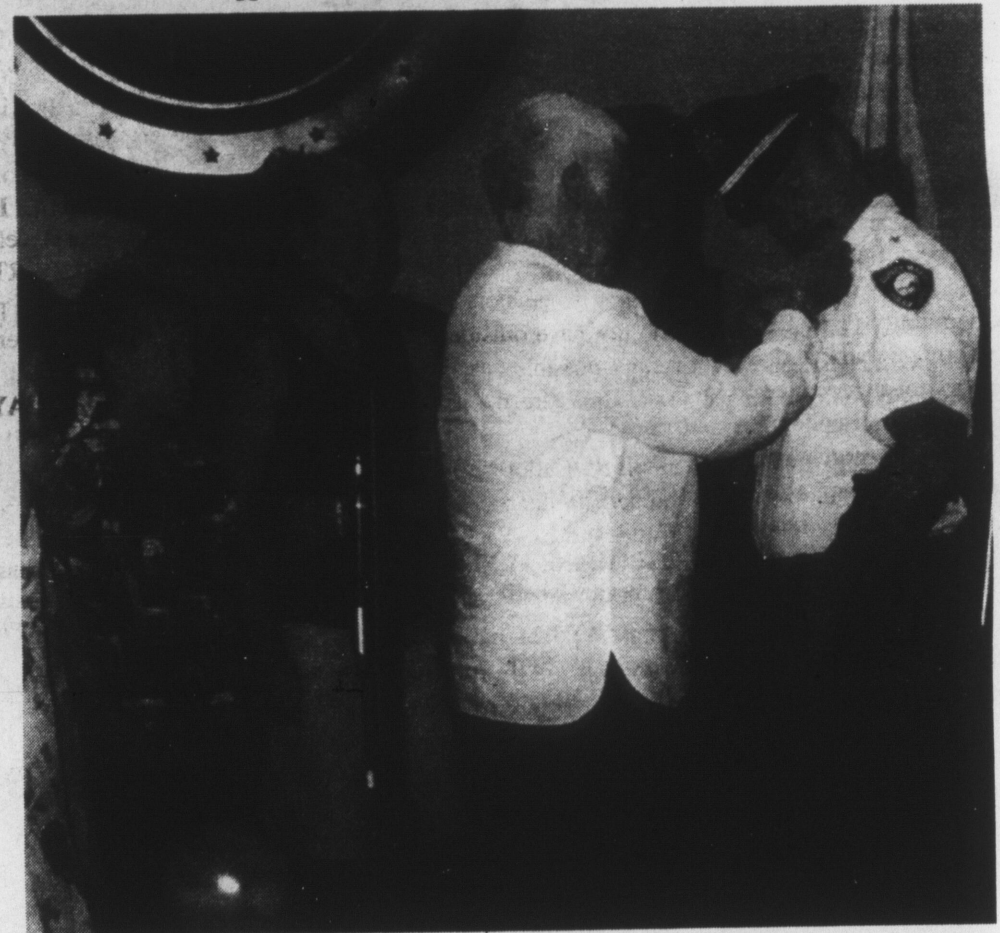
We can't wait to see what you do next.

Love,

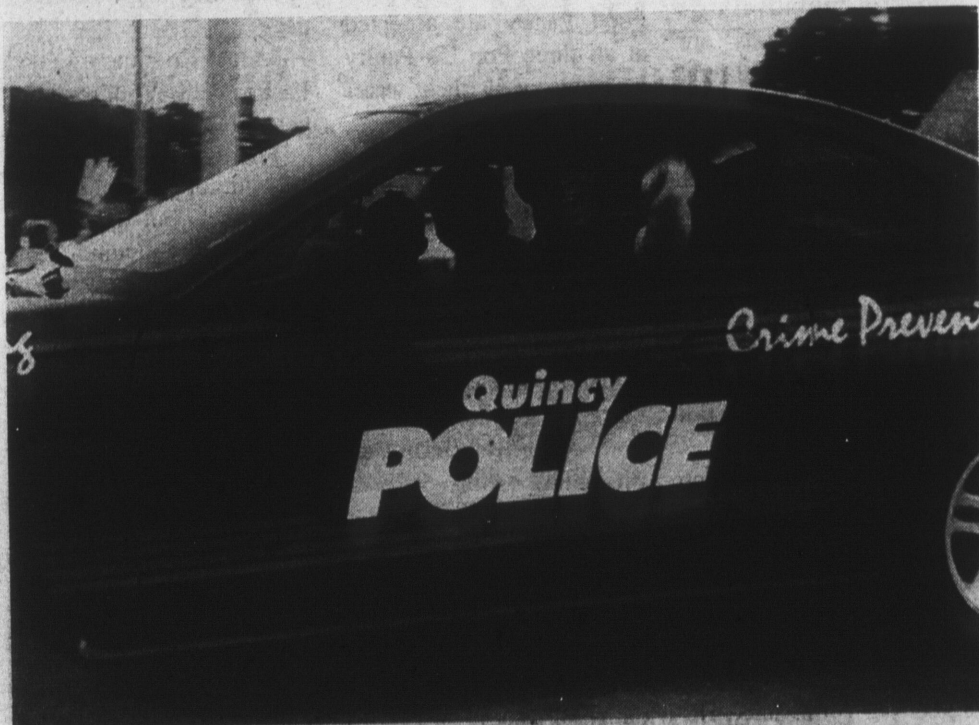
Sarah, Andrew, Jane and Molly



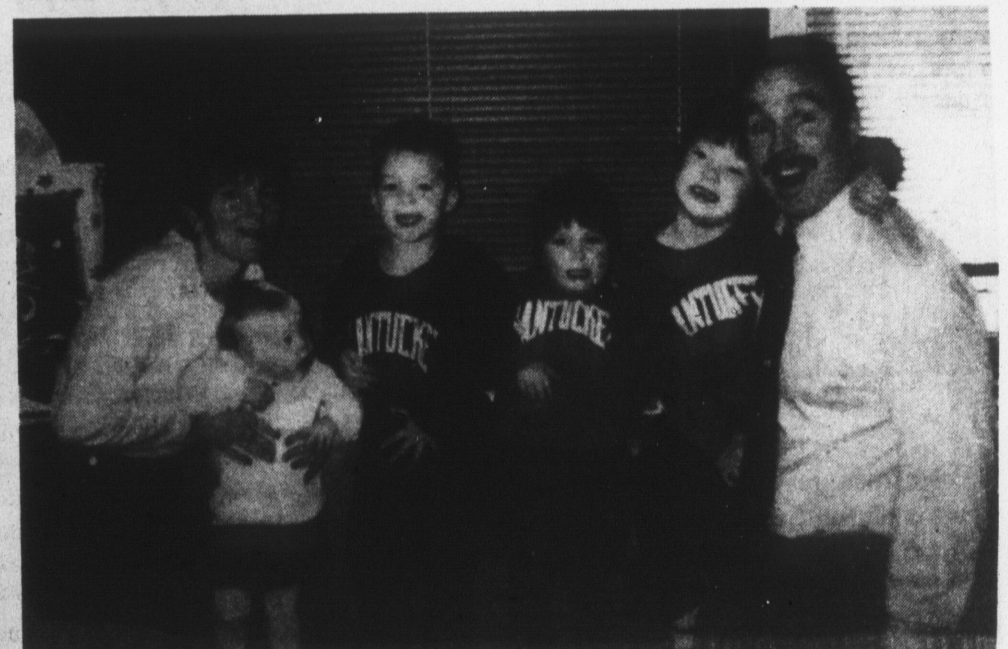
QUINCY POLICE LT. Dan Minton with his family at a 2004 golf tournament in support of the department's Student Police Academy. Here is joined by his wife, Joanne, and children Sarah, Andrew, Jane and Molly. Lt. Minton - who wrote the popular "A Job Well Done" column for The Quincy Sun the past 15 years, is retiring at the end of the month. His children submitted their own "Job Well Done" in tribute to their dad which appears on this page. Lt. Minton's final column for The Sun appears on Page 10.



DAN MINTON receives his Quincy Police lieutenant badge from department secretary Nancy Griffin at a City Hall ceremony in 2005. His proud family looks on: children Sarah, Andrew, Jane and Molly and wife Joanne. Courtesy Photos



BESIDES HIS POPULAR "Job Well Done" column for The Quincy Sun, Lt. Dan Minton has been a fixture at many community events. Here he waves to onlookers at a Quincy Flag Day Parade behind the wheel of the Quincy Police Crime Prevention car.



MINTON FAMILY enjoys a happy moment together on Christmas Eve - 1998. Joanne, Molly, Andrew, Jane, Sarah and Dan.

Phase 2 Of Re-Opening Underway In Massachusetts

By SCOTT JACKSON

Restaurants and retailers were allowed to ramp up operations starting on Monday and a number of other businesses, including child-care centers, day camps, and outdoor recreation facilities, were able to re-open as the state entered phase two of Gov. Charlie Baker's four-phased plan to re-open the economy.

Health care providers can also begin offering preventative services this week.

Many businesses had been closed or otherwise required to scale back operations since mid-March amid the COVID-19 pandemic. Phase one of the re-opening plan - which allowed construction, manufacturing and houses of worship to re-open and offices to bring back workers within new occupancy limits - started May 18.

Baker on Saturday said the latest data concerning

the spread of COVID-19 in Massachusetts would allow the second phase to begin effective Monday. Since mid-April, the seven-day average for the positive COVID-19 test rate is down 82 percent, the governor said, while the three-day average of hospitalized patients is down 55 percent, and the number of hospitals in surge is down 76 percent.

During a press conference at the State House, Baker credited Massachusetts residents for their efforts to slow the spread of COVID-19.

"This terrible virus and the terrible toll it takes will be with us until there are medical breakthroughs with respects to treatments or vaccines, but thanks to your hard work and your sacrifices, we're bringing the fight to the virus and we're moving forward," he said.

"We've asked a lot of everybody here in the com-

monwealth - every family, every business, every employer, every government agency, every individual - to get to this point. So far, we have made tremendous progress. We've been successful in bending the curve on COVID-19 and the metrics reflect progress."

The governor said residents should continue taking the precautions they have been taking even as the second phase begins.

"Please do your part to continue to socially distance, wear face coverings, practice good hygiene [and] stay home if you feel sick, because that all helps us keep moving Massachusetts in the right direction," Baker said.

Restaurants - which had been limited to delivery and carryout service since March - were allowed to start offering outdoor table service on Monday. Indoor table service could begin

later in the second phase, depending on public health data.

As part of the new regulations for restaurants, tables must be spaced six feet apart and parties are limited to six people. Customers are also required to wear a mask when entering and exiting a restaurant, and when they walk around, but can remove them while sitting down.

Baker in an executive order earlier this month streamlined the process for restaurant owners who wish to open new outdoor spaces. Quincy restaurant owners looking to add a new outdoor dining area or expand an existing one have been able to apply online to do so at quincyma.gov since last week.

"All you need to do is provide a little sketch and some basic information and you will get the approval rather quickly and there is

no fee," Mayor Thomas Koch said during his June 4 daily update.

Koch said restaurants can apply to use their parking lots as an outdoor dining space. Restaurants can also use sidewalks for outdoor seating, provided enough space would remain to meet accessibility requirements. In some areas, parking lanes could be removed from city streets so tables could be accommodated on the sidewalk.

"We are trying to help you get back in business and give you an opportunity to serve our residents and those visiting our city," Koch said. "We are doing everything we can to make it as easy as possible for businesses to get back to work."

Craig's Café in Quincy Center was among the eateries that opened for outdoor dining on Monday. The restaurant, which remained opened for takeout since

March, expanded its outdoor space along the sidewalk on Hancock Street from four to seven tables, with room for up to 28 patrons at a time.

Owner Tom Anacone said Craig's Café served about 30 customers in its outdoor dining area on the first day back, in addition to takeout orders, which he said is typical for a Monday.

"People were happy to be at a table," Anacone said. "It was gorgeous day. We're happy to be open, happy to see people and we're looking forward to the weekend."

Anacone added there would be somewhat of a learning curve for staff and customers as they adjust to the new guidelines from the state.

Retailers - which were allowed to offer curbside pickup starting in phase one - were allowed to let customers inside starting

Cont'd On Page 13

Keohane Funeral Home's Plant.Grow.Share. Offers Free Tomato Plants, More

Keohane Funeral Home will be kicking off another season of their Plant.Grow.Share. program by offering free tomato plants to those in the community.

The Plant.Grow.Share. initiative is a collaborative effort between Keohane Funeral Home, Interfaith Social Services, the Weymouth Food Pantry and the Milton Community Food Pantry to encourage backyard growers to donate produce to local food pantry clients.

"Today, more than ever, coming together as a community is very important. This year, the Plant.Grow.Share. program is a little different, but our focus is the same - to help those in need have access to fresh produce," shares John Keohane, co-president of Keohane Funeral Home. "In years past we've hosted gardening workshops but this year with the challenges of COVID-19 we are offering free tomato plants that families can safely pick up, bring home and grow."

"We've heard from so many people that just feel powerless because of the pandemic," said Rick Do-



KEOHANE FUNERAL HOME will be kicking off another season of their Plant.Grow.Share. program by offering free tomato plants to those in the community.

Photo Courtesy Jennifer Sammons

ane, Interfaith Social Services' executive director. "The Plant.Grow.Share. program is a fantastic remedy to some of these feelings. Not only can gardening be therapeutic for mental health but donating harvests back to local food pantries allows people to give in a meaningful way to their communities."

FREE Tomato Plants

Free tomato plants have been donated by Keohane Funeral Home and will be

available for pick up at the following locations:

• **Saturday, June 13 from 10 a.m. to noon** at Interfaith Social Services Center located at 105 Adams St., Quincy.

• **Saturday, June 13 from 10 - 11 a.m.** at the Weymouth Food Pantry located at Old South Union Church, 25 Columbian St., Weymouth.

Please note, safe social distancing will be followed.

If driving, stay in your car and a volunteer will bring a plant to you. If walking, a volunteer will show you where to pick up a plant. These FREE tomato plants are available while supplies last.

Join the Plant.Grow.Share. Initiative!

Produce donations are very important to local food pantries and the community and the Plant.Grow.Share. program encourages people

to cultivate their gardening skills. For those looking to get involved without all the dirt, there are options: store-bought produce donations, volunteering for your local food pantry, or monetary donations, go a long way to help those who need it.

"Community is at the heart of every food pantry because helping neighbors is always essential, but in today's climate it's a call to action that feels even more urgent," said Pam Denholm, executive director of Weymouth Food Pantry. "Fresh food keeps people healthy, and healthy communities uplift us all."

Donations of fresh produce from your garden or supermarket for Interfaith Social Services can be dropped off at 105 Adams St. in Quincy from 9 a.m. to 3:30 p.m., Monday to Friday, and until 7 p.m. on Tuesdays and Wednesdays.

Donations of fresh produce for the Weymouth Food Pantry are accepted at all three Pop Up Pantry locations or at their warehouse:

• **Tuesdays, 10 to 11 a.m.** at The First Church at 17

Church Street, Weymouth

• **Thursdays, 10 to 11 a.m.** at Crossroads Worship Center at 241 Broad Street, Weymouth

• **Saturdays, 10 to 11 a.m.** at Old South Union Church at 25 Columbian Street, S. Weymouth

• **Tuesday to Friday, 10 a.m. to 1 p.m.** at 40B Reservoir Park Drive, Rockland

"We are excited to be offering this opportunity to the Milton neighbors that we serve for the first time," shares Pat Brawley-Morise, director of Milton Community Food Pantry. "We hope all participants have a great harvest from nurturing the plants donated as part of this wonderful program."

Monetary donations can be made by visiting the following websites:

Interfaith Social Services <http://interfaithsocialservices.org/donate/>

Weymouth Food Pantry <https://www.weymouthfoodpantry.org/donation-page>

Milton Community Food Pantry <http://miltonfoodpantry.org/donations/>

For questions or to donate to the Plant.Grow.Share. program, please contact:

Rick Doane, Executive Director of Interfaith Social Services, (617) 773-6203

Pam Denholm, Executive Director of Weymouth Food Pantry, (781) 331-7682

Pat Brawley-Morise, Director of Milton Community Food Pantry, (617) 696-0221

Joe Reardon, Vice President for Community Development and Advance Planning at Keohane Funeral Home, 1-800-KEOHANE

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Phase 2 Of Re-Opening Underway In Massachusetts

Cont'd From Page 12

Monday. Stores must limit occupancy to eight people – including customers and staff – per 1,000 square feet of space, or 40 percent of the retailer's maximum permitted occupancy, whichever is greater.

Shopping malls and other indoor, multi-tenant retail spaces were likewise allowed to re-open on Monday, provided they follow the 40 percent occupancy rule. Amenities like seating in food courts, children's play areas, and arcades must remain closed; restaurants can continue to provide carryout service.

Grocery stores and retail stores with pharmacy services must provide at least one hour of dedicated time for adults 60 years of age and older, while all stores are encouraged to offer exclusive hours or other accommodations for high-risk populations.

Lodgings – such as hotels, motels, and others – were also allowed to ramp up operations starting Monday. Event spaces inside lodgings, however, must remain closed. Other amenities, like pools and spas, can re-open at the same time free-standing facilities of the same sort are allowed to

re-open.

In addition, operators must inform guests at both reservation and check-in about the state's policy urging travelers to self-quarantine for 14 days when arriving in Massachusetts from out of state.

Childcare facilities, recreational camps, and municipal youth programs were allowed to re-open as well on Monday, but overnight camps will not be permitted until the third phase at the earliest. Those facilities have to follow a variety of new rules, including daily health screenings and temperature checks for children and workers.

Various personal services without close contact were also allowed to begin on Monday. They include home cleaning, window washing, photography, career coaching and tutoring.

Additional personal services with close contact, including nail and skin care, hair removal and replacement, message therapy, makeup salons, tanning salons, tattoo and piercing services, and personal training, could re-open later in phase two.

Outdoor recreational facilities – including pools, playgrounds, spray decks,

mini golf, go karts and batting cages – were allowed to re-open on Monday as well. Outdoor driving ranges were allowed to re-open too. Outdoor historic spaces can also re-open at this time, but no functions or guided tours are allowed yet.

Baker said the outdoor recreational opportunities would give families something new to do with the school year coming to an end.

"Parents have been putting up with a lot for the past several months, and I hope phase two will offer some different kinds of outlets for kids," he said.

Limited organized youth and adult amateur sports were also allowed to resume Monday, but contact, games and scrimmages are not yet allowed. The state's professional sports teams have been allowed to practice since June 1, provided they follow their respective league's rules for doing so, but games are not yet allowed and the public is not allowed to enter team facilities.

Non-athletic instructional classes in arts, education and life skills for youths under the age of 18 is also permitted in groups of fewer than 10 starting this week.

Driving and flight schools can also re-open. Other certain schools can also re-open on a limited other basis.

Funeral homes will be allowed to increase their capacity to permit 40 percent occupancy for one service at a time.

Warehouses and distribution centers can also re-open in the second phase.

In addition to those businesses, health care providers may also incrementally resume in-person elective, non-urgent procedures and services, including routine

office visits, dental visits and vision care subject to compliance with public health and safety standards. All other in-person medical, behavioral health, dental and vision services were also allowed to re-open Monday, except for elective cosmetic procedures and in-person day programs, which will be included in the third phase. Telehealth must continue to be utilized and prioritized to the greatest extent possible, whenever feasible and appropriate.

"Another important part of phase two is the return of preventive health care services. For months, our health care providers...have pushed off annual exams and procedures like mammograms, colonoscopies and heart screenings due to COVID-19," Baker said.

"We urge our medical providers to reach out to your patients – particularly those with pre-existing conditions or vulnerable circumstances – and schedule those appointments soon."

QHS Class Of '73 Donates \$500 To Relief Fund

READERS FORUM

The QHS & Voc Tech Class of 1973 reunion and scholarship committees discussed our desire to donate to the Quincy Relief Fund. We sympathize with these trying times during this COVID 19 pandemic.

As a class we have a reunion fund but we are planning a whole weekend of events around our 50th reunion on Sept. 9, 2023. In 2018 we started a scholarship fund in the memory of classmates who have passed away in the last 47 years. The Class of 1973 Scholarship Fund has raised about \$7,000 toward our goal of a \$10,000 permanent endowment. We plan on awarding

one or more scholarships to the Class of 2023. The scholarship committee is composed of myself (class president), Chris Toy, John aka Duke Whitney, Emilie (DiTullio) Fantasia, Marty Swirko and Dennis Carson.

As a group we've decided to donate as the Class of 1973 by raising additional funds above and beyond our reunion and scholarship to show our appreciation and gratitude to the City of Quincy for our education and our wonderful childhood memories. So as a way of thanking Quincy we are

donating \$500 to the Quincy Relief Fund from the QHS & Voc Tech Class of 1973.

Those who would like to connect with the class or make a gift donation to the scholarship fund online using Venmo or PayPal can use Chris Toy's accounts at christoy.net@gmail.com. Checks can be made out to Class of '73 Memorial Scholarship Fund and mailed to Chris Toy, 12 Eagle Point Rd., Bath, ME 04530.

Diane (Uvanitte) Kirk
QHS & Voc Tech Class
Of 1973, Class President



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Thursday, June 11, 2020

5:00pm - 9:00pm

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READERS FORUM

Equity & Justice: What Is Working - And Not Working - In Quincy

A copy of the following letter to Mayor Thomas Koch was submitted to The Quincy Sun for publication.

Thursday, June 4, 2020

Dear Mayor Koch,

Tuesday night, citizens of Quincy came together to protest police brutality against Black and brown Americans and to advocate for equity and justice.

The City of Quincy facilitated and honored this peaceful gathering. The Quincy Police Department not only protected their fellow citizens, but engaged in powerful moments of solidarity, with many officers kneeling in the memory of Black lives lost to law enforcement. QPD forces appeared in the ordinary clothing and equipment that signaled respect and good intentions. Protestors were passionate, but nothing turned confrontive.

This evening's events signaled all that is working well in our city. We are doing a heck of a lot right.

At the same time, we should do better.

In The Patriot Ledger coverage leading up to this protest, you asserted that "This

part of the country doesn't have those kind of officers, especially in Massachusetts." Unfortunately, we have ample evidence that in our region, police forces are just like the rest of us, shaped often in ugly ways by the racial history of this country.

Wednesday morning, the Boston Globe carried yet another story of an African-American Massachusetts driver stopped by police and humiliated in threatening ways because he had made a wrong turn. In our own city, many Black residents report being stopped and searched much more than their peers. We do not have any statistics to suggest racial bias in our city's policing - but we are also not aware of publicly available data that would allow the community to be more aware of how such dynamics play out in our community. We need to build on all that is good in our city and work to ensure that Quincy avoids terrible situations such as we have seen play out elsewhere.

We ask that the City of Quincy:

- Create a public interface for statistics on stops and police actions so that we can understand how our policing works better

in this city. Transparency helps everyone, citizens and police alike.

- Proactively institute a Civilian Review Board to be involved in incidents in which officers use substantial force. We hope that this board does not get much work, but let's create one before we have problems, not as a band-aid after.

- Step up recruitment efforts to create a police force that represents the demographics of our city.

- Deepen and expand training in implicit bias, peer accountability, and the assumption of innocence, training that will help police officers act according to their highest ideals.

- Explore implementation of data-driven recommendations (for instance, those outlined by 8cantwait.org) with measures such as a ban on chokeholds.

- Continue to support and expand community-involved policing, such as police officers engaging with young kids in the schools through DARE and through after-school programs, to continue and develop positive relationships between young people and our police forces.

Further, we ask that you and other city leaders refrain from certain kinds of language quoted in The Patriot Ledger coverage leading up to this protest, specifically, "animal behavior" and "thugs."

We all share frustration with the looting and destructiveness that followed some of the recent peaceful protests, but we all also need to educate ourselves about the echoes of such terms. "Animal" is a slur long associated with people of color, especially Black men. Unfortunately, that word stirs up a long history. Using the term "thug" served as a dog whistle to those who misunderstand or discredit the Black Lives Movement and risked overshadowing your own sentiment that there was "no reason" to think that any protest in our beloved city would cause any problems, a sentiment we shared and appreciated.

Thank you for standing with the people of Quincy in idealism, in frustration, and in hope for a better country. We appreciate your work.

(Below is a list of those who signed the letter.)

Yaseen Alkhafaji, QHS 2017 (Valedictorian)

Isabella Allegro, QHS 2019

Nicole Alves

Gerald Alves III

Sara Avdulla, QHS 2019

Marianne Balsamo RN, NP

Salvatore Balsamo

Karla Barrera

Jeremy Baryza

Susan Bill

The Reverend Clifford R. Brown, Pastor, Christ's Church

Sister Marie-Thérèse "Tess" Browne, SCN

Britney Bui-Tran, NQHS 2019

Nora Cahill

Kate Campbell

Kathryn Campbell, Bishop McDonnell Memorial 1954

Sareena Chao, NQHS 2020

Jennifer Chen

Shiunru Jessica Chen, M.D.

Faye Cheng, NQHS 2018

Juliana Chieng, NQHS 2019

Karen Chretien

Larry Chretien, NQHS 1979

Sammi Chui, NQHS 2018

Jennifer Clifford

Mirinda Cole

Rev. Cindy Comiso, Highrock Covenant Church of Quincy

Dan Compitello

Dorothy Condon

Michael Cotter, RN, BC High 1968

Linda S. Day, retired QPS teacher

Benjamin DeBisschop, NQHS 2020

Jamane Depina, NQHS 2019

Jennifer Deitsch

Leeanne Dillmann

Virginia Dindy

Bill Doherty

Clare Doherty, QHS 2017

Owen Doherty, QHS 2017

Sue Doherty

Elisa Dylja, NQHS 2019

Lisa Eavarone

Dani English

Amy Feldman

Michael Feldman

Kristin F. Fluhr, QHS 1996

Julia Ford, QHS 2017

Abby Gilmartin, NQHS 2019

Sarah Glozheni, NQHS 2019

Benjamin and Jean Goodman

Harold and Rona Goodman

Harrison Goodman, British International School of Boston 2020

Rev. Doug Gray, Pastor, First Church of Squantum (Congregational)

Kathleen Groom-Nguyen, NQHS 1993 and QPS Parent

Joyce Haglund

Cam Hall

Benjamin Hampson

Katherine Rose R. Hampson, Worship Pastor, Highrock Quincy of Quincy

Rev. Drew Hanson, Pastor, First Presbyterian Church

Katie Harster, PhD

Katelyn Hegarty, The Woodward School for Girls 2014

Joe Herosy

Julie Hong, QHS 2018

Jasmine Horburapa, NQHS 2020

Amy Hwang

Sam Hwang, NQHS 2019

Lee-Anne Jacobs, QHS 1974

Jodi Jean

Pastor Kristina Kaiser, The River Church South, Quincy

Maeva Keane, NQHS 2018

Jaime Kennedy

Syndi Kim

Graham King and Jeanne King, MS, RN

Ben Kirby

Robert Knox

Teodora Laptiste, Parent of two QHS graduates, 2018 and 2019

Jonathan Lanham, NQHS 2000

Sarina Lau

Albert Lee

Tamara Liang, NQHS 2018

Trina Liang NQHS 2016

Denise Lin

John Liu, NQHS 2019

Rachel Liu, NQHS 2019

Annie Ly

Monica Ly, QHS 2019

Ashley Lynch-Mahoney

Lisa R. McCarthy, Eastern Nazarene College 2019, Bethel Church of the Nazarene, Pastoral Intern

Elizabeth McCormack

Erin McCoy

Anne Meyerson

Luke Molloy, NQHS 2019

Ashley Murphy, QHS 2018

Rachel Ng, QHS 2018

Tara Nguyen, NQHS 2017

Rev. Dr. John W. Nielson, NQHS 1986

Patrick Noé

Janet O'Donoghue

Michaela O'Gara-Pratt

Quinn O'Grady

Danny O'Hara, QHS 2015

Rev. Alissa Oleson

Rev. Matt Owens, Pastor, Christ the Redeemer Quincy

Rev. Karen L. Palmatier, Pastor, Highrock Covenant Church of Quincy

Kelly Phelan, NQHS 2018

Albert (Bud) Picardi, NQHS 1968

Kathleen Picardi, NQHS 1970

Maricla Pirozzi

Kristen M. Ploetz

Gabrielle Popa, QHS 2020

Margaret Powers, NQHS 2017

Claire Donahue Prono

Nawar Rahman, NQHS 2019

Judy Richie, Campus Minister, InterVarsity, Curry College and MIT

Cynthia Roche-Cotter, Family Nurse Practitioner, QHS 1968

Gerard Quartey

Quincy For Transformative Change

Genevieve S., NQHS 2018

Haleigh S., Elizabeth Seton Academy 2014

Kellyann S.

Nicole Salvatore QHS 2017

Erin Santacrose

Rev. Andrea Sawtelle

Joanna Setow, NQHS 2020

Nicole Setow, NQHS 2019 (Valedictorian)

Kathleen Sharkey

Rev. Stephen Sharkey, Highrock Covenant Church of Quincy

Patricia Simaku, NQHS 2019

Ben Smith, QHS 2019

Kevin Smith

Mendy Smith, NQHS 1993

Emma Smyth, QHS 2017

Alexandria Soricelli, NQHS 2019

Bill Southworth

Liz Speakman

David Stack

Student, Archbishop Williams Class of

2021

Student, QHS Class of 2021

Student, QHS Class of 2022

Student, QHS Class of 2022

Student, QHS Class of 2023

Student, QHS Class of 2024

Student, NQHS Class of 2021

Student, NQHS class of 2021

Student, NQHS Class of 2022

Student, NQHS Class of 2022

Student, NQHS Class of 2022

Student, NQHS Class of 2024

Student, NQHS Class of 2024

Edna Sullivan

Richard Sullivan

Christine Swanson

I'Esha Thomas

Rev. Mat Thomas, Lead Pastor, Bethel Church of the Nazarene

Bryan Tran, NQHS 2019

Jenny Tran, NQHS 2019

Tayonna Tucker, NQHS 2019

Conevery Bolton Valencius, PhD

Ilan Valencius, NQHS 2019

Matthew G. Valencius

Rev. Stephen Vandergrift, Houghs Neck Congregational Church

Rev. Renny Varughese, Glad Tidings Church

Pastor TJ Vonderchek, Bethel Church of the Nazarene, and Eastern Nazarene College 2020

Rev. Dr. Michelle A. Walsh, PhD, LIC-SW, Affiliate Community Minister, United First Parish Church

Liam Weaver

Celia White, NQHS 2019

Jane Whitney, MD, MSCE

The Rev. Liz Williams, Wollaston Congregational Church, United Church of Christ

Allison Wong, NQHS 2018

Gigi Wong NQHS 2018

Iris Xie, NQHS 2019

Alison Xi, NQHS 2018

Kelly Xu, NQHS 2019

Ryan Yi

Marci Zaccardi, Eastern Nazarene College 2020

Silvianna Zhao, Archbishop Williams 2019

Brian Zou, NQHS 2018

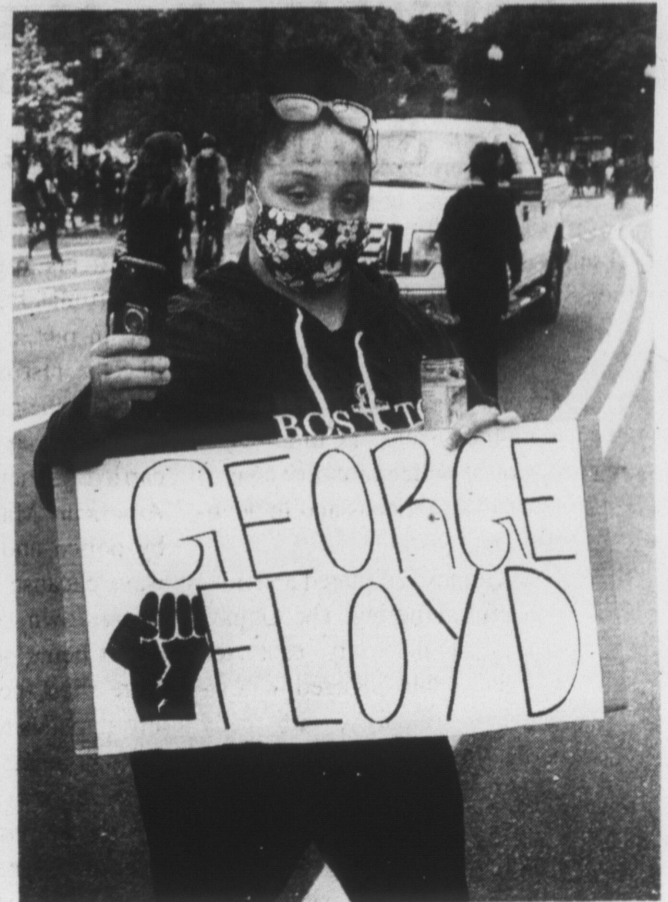
Maria Zraizaa, NQHS 2019

Amy M. Zyda

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SUPPORTERS OF THE Black Lives Matter movement calling for race equality carry a sign across Coddington Street at a vigil June 2 in Quincy Center. An estimated 5,000 people turned out in support of the rally. Other supporters carried signs with a host of messages promoting social justice and in memory of George Floyd and other African-Americans who have been killed by excessive force from law enforcement.



Estimated 5,000 Attend Peaceful BLM Vigil Here

Cont'd From Page 2

understands the pain of all the family members who have lost loved ones from police brutality. We know what it feels like to experience racism first-hand, just like our black brothers and sisters, because of our appearance and skin color," Barrera said.

"We don't want any more death. We want to feel protected and have no fear when we go on the streets. That's all we want - and we want peace."

Ward 4 Councillor Brian Palmucci said inequality does exist in Quincy and the Boston area.

"I've heard from a lot of people, and I know my colleagues have too, 'why get together in Quincy...we don't have those problems in Quincy,'" Palmucci said. "Yes, we do."

"I love our police department - they do a fine job and I thank them for their work - but prejudice, inequality and racism take many forms in our community. A white

family in the Greater Boston area has a net worth of \$250,000. A black family in the Greater Boston area has an average net worth of \$8.

"Inequality is here, and we must all stand together united to say that no more will we stand idly by and let racial inequality exist in our community."

Palmucci urged those in attendance to protest peacefully and honor Floyd and others killed by law enforcement by working to end inequality in the city.

"I don't want to see us bring shame to the names of those who have died - who have been murdered - by bringing violence and destruction to our streets," Palmucci said. "Let us instead honor their memory, honor the sacrifices they have made, by each and every one of us pledging to work together, pledging to do everything we can do as an individual and collectively to end racial inequality in our city."

After speakers addressed

the crowd, those in attendance knelt down in solidarity and chanted the names of African-Americans killed in recent months including Floyd; Breonna Taylor, who was fatally shot in March by Louisville Metro Police Department officers; and Ahmaud Arbery, a Georgia man fatally shot while jogging by the son of a former police officer in February.

The people in the crowd, some carrying candles, next spread out along both sidewalks on Hancock Street between Coddington Street and Huntley Road and began chanting "Black Lives Matter," "no justice, no peace," "I can't breathe," and "hands up, don't shoot."

Demonstrators then marched along Hancock Street - with police helping to block traffic from side streets - to North Quincy and back, chanting on the way, "this is what democracy looks like." They then chanted, "cops, take a knee" on arrival back in Quincy Center, which officers

obliged.

Some of the protests held across the country since the death of Floyd, including ones in Minneapolis and Atlanta, have ended with looting, destruction of property and confrontations between demonstrators and law enforcement. Protests in Boston on May 31 and Worcester on June 1 both began peacefully before rioters moved in and began looting stores and vandalizing property.

More than 100 Quincy officers and others from nearby communities were on patrol in Quincy Center for the demonstration, and several area businesses boarded up their windows with plywood as a precaution.

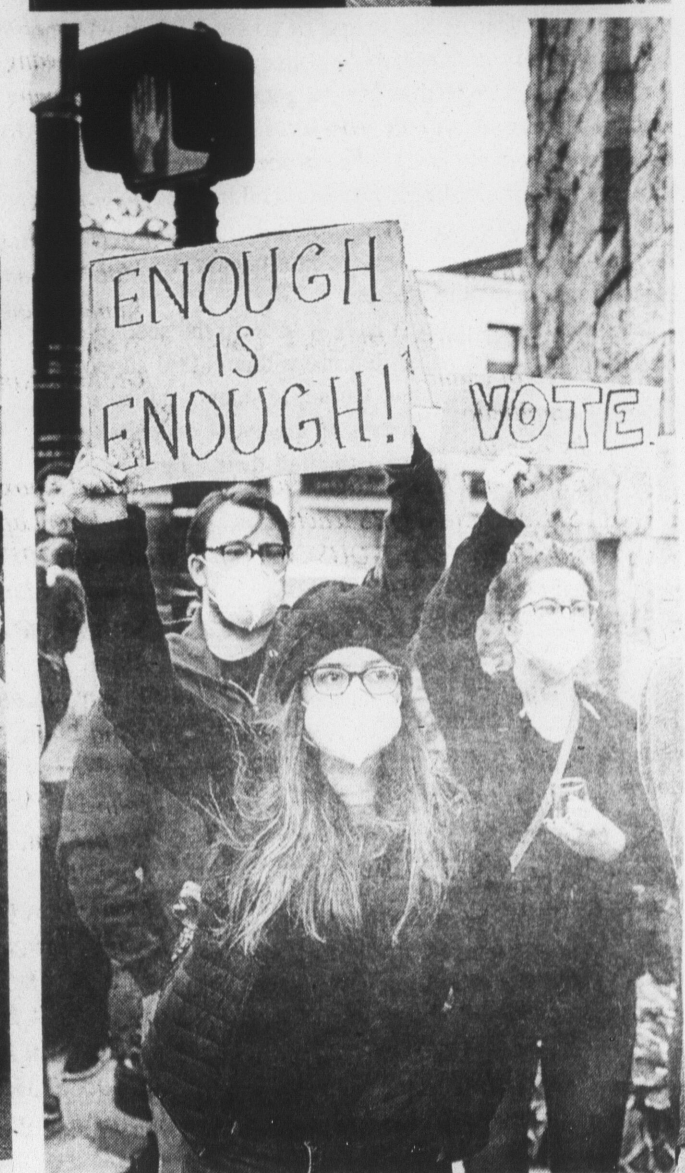
Quincy police said there was just one arrest in Quincy Center during the evening of June 2. A Chelsea man was stopped by police about an hour before the vigil and arrested after he attempted to stab two officers with a knife.

Mayor Thomas Koch on June 3 credited both police and protesters for how they conducted themselves.

"Our Police Department

did an outstanding job. True professionals," Koch said. "I give credit to the folks who were part of this whole demonstration out here."

Cont'd On Page 16



Dignity Of The Human Person: George Floyd And Police

By MOTHER OLGA of the SACRED HEART

Last week, people of our Nation and beyond watched the senseless and brutal death of George Floyd. His cry for help when he couldn't breathe will be heard in Heaven for justice. Discrimination, racism and a brutal act of denying somebody's right to breathe and live are not acceptable in the eyes of God and any human person. Much has been said and more has been demonstrated about this tragedy.

The development of the demonstrations and protests has definitely impacted our Nation. It will require a lot of work on the part of every American to be healed from the effects of what has taken place recently in our country. One of my favorite quotes from Reverend Martin Luther King Jr., is from his speech, "Strength to Love," which he gave in 1963, "The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy."

This is the question for all of us today when we reflect on the recent challenges in our country; where do we stand in times of such darkness, lack of justice, anger and frustration?

As a Religious Sister in the Roman Catholic Church, I believe in the dignity of every human person from the moment of conception to natural death. My respect for every human person is based on the acknowledgment and the value of the dignity of every individual as a human being, without any distinction of race, nationality, religion, political opinion or social class.

One of the blessings of our country is that we are a Nation of democracy where people have the freedom to speak and defend their rights. In the Declaration of Independence, 1776, we read: "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness." So, the right to life is fundamental for every human person. George Floyd was deprived of that right. George Floyd and many others who have experienced discrimination or racism deserve justice. I personally don't believe that there is systemic racism in our country, even though there are, unfortunately, some places and communities that might still suffer the effects of discrimination, especially because of the color of their skin.

To have an effective and fruitful justice for generations to come, we have to begin by addressing the roots of the problem, and to do so we need a peaceful demonstration, a creative protest and a common ground where all voices are heard and visions are shared. For this to take place we need openness to dialogue so that justice may be served for all.

There is no doubt that for George Floyd's family, among many others who have experienced these kinds of tragedies, their lives have been changed forever. At the same time, the "label" that this tragedy has put on a lot of good police officers has changed their lives and the lives of their families as well. I have seen behind George Floyd's story the grief of his young wife and the sorrow of his little daughter. I have also seen the fear or the shame of some children who no longer want to say "Daddy is a police officer," or a mother not wanting to share that her daughter is a police officer. Behind George Floyd, all who have suffered discrimination as well as many good police officers, there are families, mothers, fathers, siblings, spouses, children etc. When we become a society that lifts its voice for justice for all and respects the dignity of every human person, we will see a transformation in our culture.

In the city of Quincy, I have witnessed the seed of such transformation. On June 2nd more than 4,000 supporters of Black Lives Matter and Quincy residents rallied in the center of Quincy. Organizers of the event expressed their voices and all who gathered chanted their longing for justice. Many of the Quincy officers worked tirelessly to provide a safe environment for those who came to demonstrate



MOTHER OLGA of the Sacred Heart (kneeling holding a candle) joins the thousands of demonstrators who attended a "Black Lives Matter" vigil in Quincy Center June 2. The vigil was held to promote social justice and race equality throughout the nation. "When we become a society that lifts its voice for justice for all and respects the dignity of every human person, we will see a transformation in our culture," Mother Olga said in a reflection that she shared with The Quincy Sun and appears on this page.

Courtesy Photo

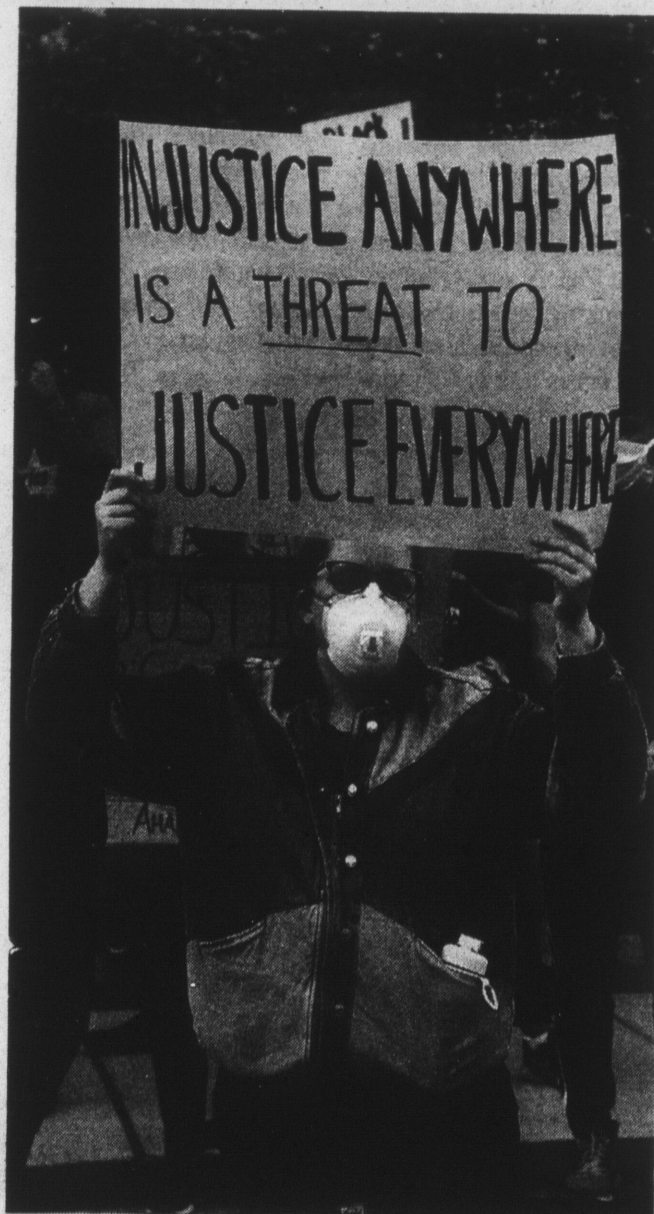
their concerns as well as for the neighborhood and local businesses. One of my favorite quotes from Mother Teresa is, "You can do things I cannot do, and I can do things you cannot do, but together we can do something beautiful for God." I felt that night the right of people to demonstrate what they believe and the right of police officers to exercise their duty to protect the citizens of Quincy created indeed something beautiful for all. From all the thousands who gathered, no one was injured, no car was smashed, no business was vandalized, and no store was looted. This is a tremendous credit to the people of Quincy and to the Quincy Police department. It was a powerful scene to witness the respect that the protesters showed to police officers and the solidarity that the officers expressed with the protesters when they all knelt together.

Three days after the protest in Quincy, on June 5th, I attended the funeral of an Army veteran. At the cemetery, the families of veterans received the American flag in gratitude for their loved ones who served our Nation. After the prayer service at the grave site, there were two Army officers, one white, one black, who saluted the American flag with so much reverence and began to fold it together and presented it to the wife of the Army veteran. It was a striking scene to see two Army men, white and black, reverencing the same American flag of the same Nation for whom they have committed their lives to serve. It was a powerful witness of the make-up of the dignity of our Nation.

In every Nation, every school, every office, every department, every business, every political party, as in every household, though people might be together under the same roof, they can be different from each other. We all have seen the good and the bad. At the same time, no parents will abandon their children regardless of their life choices or, at times, mistakes. Our Nation is a family, though we are not perfect, what unites us is bigger, much more valuable and more important than what divides us. Any problem in a family will never be fixed by pointing fingers, but rather by coming together with open hearts and minds to listen and to heal. Today, more than ever in our Nation we need to come together with the same openness. President John

Adams said that our obligation to our country is part of each one of us until the end of our lives. Also, his son President John Quincy Adams said, "Try and fail, but don't fail to try." Maybe in some parts of our country we have tried and failed, but here in Quincy on June 2nd the citizens of the city and the police didn't fail to try.

What happened in Quincy is what makes our country special when we all come together with respect for the dignity of each other. One of my favorite African Proverbs is that, when we run alone, we will run faster but when we run together, we will run further. The road to healing and unity in our Nation may seem today far away, and that's why we need to run together so we can run further to that goal. So, let us build on what we started in Quincy on June 2nd and pray with the words of John Chrysostom, let us build a community where love can grow and all can safely live; a place of equality for all that is made of hopes, dreams and visions in the city of Quincy, in our Nation and beyond.



BLACK LIVES MATTER rally supporter carries a sign with the message "Injustice Anywhere is a Threat to Justice Everywhere" during a demonstration June 2 in Quincy Center.

Quincy Sun Photo/Robert Bosworth

Thousands Attend Black Lives Matter Rally

Cont'd From Page 15

They conducted themselves with class and respect and that is all we ask. It worked out very well."

The mayor said he was outraged by Floyd's death.

"There should be an outrage. I was outraged by it," Koch said. "The world has to change."

Koch, who was criticized by some for referring to the violent protesters in Boston

as "thugs," said the Minneapolis police officer charged with murdering Floyd was a thug.

"That cop was a thug. His record showed that he had problems that should have been dealt with a long before that time," the mayor said. "It's outrageous in this day and age that that can occur. It's outrageous."

U.S. Rep. Stephen Lynch, who joined Koch inside

City Hall on June 3, said the peaceful nature of the June 2 protest helped amplify the message behind it.

"I'm very pleased because you had a good crowd of people down here. There was a good representation. People didn't exactly go according to script - they were marching where they wanted to march - but they were peaceful, and I thought their message was heard," Lynch

said.

"Because it was a peaceful protest, I think it really amplified that message. It wasn't about looting or burning or violence or anything like that. It wasn't about disrespecting police officers. It was really about the injustice in our criminal justice system and what happened to George Floyd in Minneapolis."

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OBITUARIES

Teresa L. Travers

Teresa Lynn Travers of Quincy died June 2 at South Shore Hospital.

Born in Boston, she was a daughter of Linda L. (Cramer) and Richard A. Travers of Quincy. Teresa was the devoted mother of Richard A. Rose and his wife Monique of Abington, Ryan Travers of Randolph, and the late Robert A. Rose, Andrea J. Rose, and Laura E. Travers, and the sister of Richard J. Travers and his wife Noriko of NH, James W. Travers and his wife Donna of Hanson, Mary L. Travers of Quincy, Patricia A. Sutterley and her husband William of KY, and the late Thomas J. Travers. She was the sister-in-law of Victoria Travers of NH, and the proud grandmother of Richard T. Rose of TX, Macken-



TERESA L. TRAVERS

zie Rose of Braintree, and Shane T. Rose of Rockland. All services are private.

Memorial donations may be made to The Arc of the South Shore, Attn: Development Office, 20 Pond Park Road, Hingham MA 02043 or arcsouthshore.org/get-involved/ways-to-give/donate.html.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

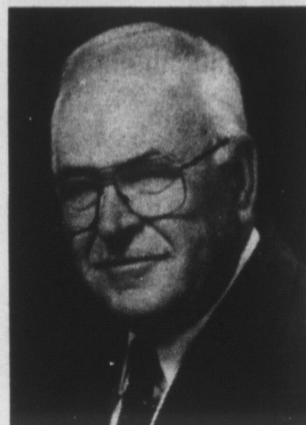
Jean J. Genereux, 85

Jean J. Genereux, age 85, of Quincy died June 1.

Born in Lanoraie, Quebec, Mr. Genereux lived in Quincy most of his life. Before retiring he had a career as an electrician for New England Power and was a member of the Knights of Columbus.

The devoted husband of Louise C. (Hubert) Genereux, he was the loving father of Guy L. Genereux and his wife Patricia of Chelmsford and Paul J. Genereux and his wife Wendy of Duxbury; and is also survived by his beloved grandchildren, Elise and Alyssa Genereux of Chelmsford and Tyler and Jake Genereux of Duxbury.

Family and friends are invited to a funeral Mass on Friday, June 26, at 11 a.m. in St. John the Baptist Church,



JEAN J. GENEUREUX

Quincy.

Due to the continuing pandemic, a reception is not planned at this time.

Mr. Genereux's family asks that flowers be omitted. Instead, donations in his memory may be made to a charity of your choice.

Funeral arrangements were made the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

NOTICES OF PUBLIC HEARINGS

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, June 30, 2020 @ 5:30 P.M. to consider the application of TONY TRAN for a VARIANCE to build a single family home in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered: **169 SUMNER STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Join Zoom Meeting
<https://zoom.us/j/9650876755?pwd=TVFvOUe5UnZDRGR5N1hBTnN1dE9rQT09>

Meeting ID: 965 087 6755

Password: Quincy

Dial by your location

+1 646 558 8656 US (New York)

Meeting ID: 965 087 6755

Password: 376371

Find your local number: <https://zoom.us/j/9650876755?pwd=TVFvOUe5UnZDRGR5N1hBTnN1dE9rQT09>

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincvma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance.

6/11/20, 6/18/20

NOTICES OF PUBLIC HEARINGS

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, June 30, 2020 @ 5:30 P.M. to consider the application of HABIT OPCO, LLC for a SPECIAL PERMIT/VARIANCE/FINDING to operate a medical and counseling clinic in violation of Title 17 as amended Chapter 9.4 (special permit), Chapter 5.1.7 (parking requirements) and Chapter 3.4.2 (nonconforming uses, change in use) on the premises numbered: **165 WASHINGTON STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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6/11/20, 6/18/20

NOTICES OF PUBLIC HEARINGS

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, June 30, 2020 @ 5:30 P.M. to consider the application of MAHMOUD EL-HASHASH for a VARIANCE/FINDING to demolish the two family and construct three, 3-story townhouse style family residences in violation of Title 17 as amended Chapter 3.4.3 (nonconforming structures), Chapter 4.1.1 (dimensional requirements) and Chapter 5.1.8 (parking) on the premises numbered: **9-11 MARSH STREET, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

Join Zoom Meeting
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6/11/20, 6/18/20

Religion

Quincy Point Congregational Church

Worship can really be watched anytime that is convenient, but the premiere for the week is on Sunday at 10 a.m.

If you would like to take place in the Zoom Coffee Hour that takes place on Sunday from 11 to 11:30 a.m., contact the church office @ 617-773-6424 or email: office@quincypointcongreg.org and you will be sent the link.

Online you can go to Facebook or You Tube and search for Quincy Point Congregational Church. You can also visit our wor-

ship link at www.quincypointcongreg.org.

On your TV, if you have Xfinity or a smart TV, you can find us too. Simply press your voice remote and say, "Quincy Point Congregational Church on You Tube". Worship is also broadcast on Wednesdays at 6pm on Quincy Access TV-Channel 8. Log in or tune in, watch, listen and sing along.

The church office is open Monday through Friday from 9 a.m. to 2 p.m. Call or email if you have any concerns or questions.

More Quincy News and Obituaries online at www.TheQuincySun.com

NOTICES OF PUBLIC HEARINGS

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, June 30, 2020 @ 5:30 P.M. to consider the application of NEIL JOHNSEN for a VARIANCE to install a shed in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered: **72 S. BAYFIELD ROAD, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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Password: 376371

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6/11/20, 6/18/20

NOTICES OF PUBLIC HEARINGS

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, June 30, 2020 @ 5:30 P.M. to consider the application of OONAGH CONNOLLY for a VARIANCE to enclose existing deck and make it a four season sunroom in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered: **23 BISHOP ROAD, QUINCY.**

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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6/11/20, 6/18/20



Real Estate

Quincy Real Estate Transactions June 1 - June 5

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Marianne Y. Chen
Fintan Murtagh
Dwyer Family Realty Trust
Jeanette Bukuras
Carmen R. Guevara, Karla Laura
M. D. Trust
Dorothea M. Downey Revocable Trust of 2018
Shirley Chen-Weng
Fake Lu & Zhibo Wang
Estate of Francis X. Ryan
Robert E. Zadrozny
Hong H. Lin

BUYER

Kehan Chen
Meghan M. Kavanagh & Delia M. Harrington
Matthew J. & Natalie J. Carr
Elizabeth Antaya
Sean M. Klimas
Jenette Bukuras
Jonathan Hernandez
Dan Lu
Tancy C. Zhang
Hui R. & Ying Chen
Lindsey K. Donovan
Lin Y. Xu

AMOUNT

\$780,000.00
\$541,000.00
\$810,000.00
\$385,000.00
\$440,000.00
\$286,000.00
\$565,000.00
\$389,000.00
\$450,000.00
\$740,000.00
\$450,000.00
\$780,000.00

ADDRESS

20 Gay Street
97 Alstead Street
20 Trescott Street
77 Adams Street, Unit 701
1 Pelican Road
77 Adams Street, Unit 401
14 Bittern Road
207A East Squantum Street
184 Washington Street, Unit 4
182 Atlantic Drive
10 Seaport Drive, Unit 2507
191-193 Fayette Street

O'Donnell: Homeowners Taking Advantage Of Low Interest Rates

Register of Deeds William P. O'Donnell reports a surge in mortgage lending prevented what would have been a disappointing month of May for the Norfolk County real estate market.

"During May 2020, 1,194 real estate sales were recorded, a 31% decrease year over year. However, the average sales price, both residential and commercial, actually increased 40% to \$984,666," O'Donnell said.

"This number was impacted by a \$51 million sale recorded against a Canton commercial property on 5/29/20. Total dollar sales volume for May was \$659 million, a 16% decrease from the previous year. There is no question the COVID-19 pandemic continues to negatively impact real estate sales activity county wide. Real estate brokers and agents continue to report being unable to hold open houses. With the economy beginning to re-open, we are optimistic real estate sales numbers will pick up, if not in June hopefully later in the summer and early fall," he noted.

During May, homeowners continued to take advantage of low interest rates to refinance existing mortgages. The month of May saw a total of 3,564 mortgages recorded in Norfolk County, a 43% increase compared to May 2019. Total mortgage borrowing came in at

\$1.35 billion. "These past few months," O'Donnell said, "have been extraordinary for the Norfolk County lending market. It will be interesting to see how long this momentum can be sustained."

A total of 7 foreclosure deeds were recorded in May. However, there were 0 Notice to Foreclose Mortgages, the first step in the foreclosure process, recorded during the month. This reflects the moratorium placed on foreclosures and evictions during the COVID-19 pandemic.

"While foreclosure activity fell this past month, the Norfolk County Registry of Deeds continues to partner with two non-profit organizations that counsel and assist those struggling with foreclosure," O'Donnell said. "The groups are Quincy Community Action Programs, 617-479-8181 x376, and NeighborWorks Housing Solutions, 508-587-0950. These organizations are available to help anyone who has received a Notice to Foreclose Mortgage from a lender or is struggling to make mortgage payments. Another option is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400. Each of these programs are staffed by knowledgeable professionals. Anyone who is facing a foreclosure is-

sue is urged to avail themselves of these excellent programs."

Homestead activity again showed reduced numbers in May. A total of 796 Homestead documents were recorded during the month, a 31% decrease from the previous year.

"The Homestead law provides limited protection against the forced sale of a homeowner's primary residence to satisfy unsecured debt up to \$500,000. I urge Norfolk County homeowners to consider this important consumer protection tool," O'Donnell said.

In conclusion, O'Donnell stated, "During May, the Norfolk County Registry of Deeds remained open for the recording of land documents. This occurred despite all the issues surrounding the COVID-19 pandemic. While our building was closed to the general public and real estate professionals alike, Registry operations continued unabated. We continued to utilize social distancing and split work shifts to keep the Registry office functioning."

"A key factor in our ability to remain operationally viable was the utilization of electronic recording for our institutional users. We also continued to receive land documents for recording from both regular mail and Federal Express. Also, a drop-off box in front of our main entrance at 649 High St., Dedham, continues to be available for those individuals who want to bring

their land documents to the Registry for recording.

"Looking at the numbers, there is no question the COVID-19 pandemic has had a profound and significant impact on the Norfolk County real estate market. What has saved us is a remarkable run in the mortgage lending market fueled by low interest rates. By keeping our office open for the recording of land documents, we have allowed the Norfolk County real estate market to remain viable. Norfolk County residents need to know that the recording fee and deeds excise tax monies collected are utilized by state, county, and local governments to pay for critical services including education, police & fire, and social services needed by many of our neighbors and those less fortunate.

We again want to thank all Norfolk County residents for their patience and understanding during this pandemic," O'Donnell said.

"Be healthy. Be safe."

To learn more about these and other Registry of Deeds events and initiatives, like us at facebook.com/NorfolkDeeds or follow us on twitter.com/NorfolkDeeds and/or Instagram.com/NorfolkDeeds.

The Norfolk County Registry of Deeds is located at 649 High St., Dedham. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities and others with a need for secure, accurate, accessible land record

information.

All land record research information can be found on the Registry's website www.norfolkdeeds.org. Residents in need of assis-

tance can call the Registry of Deeds Customer Service Center at (781) 461-6101, or email registerodonnell@norfolkdeeds.org.

Decorating During Pandemic

Ask Barbara Graceffa, 'Secretary Of The Interior'

I enjoyed your recent columns on pandemic and post-pandemic decorating. I wonder: what have you been doing to decorate your home of late? Joannie

I am keeping busy! As mentioned in my column weeks back, I have been sewing up a storm. I have now made 20 quilts - mostly wall hangings. I've given away some of them while new ones hang in my kitchen, dining room, and living room. I even made a red heart banner for the everyday heroes who care for my parents at Brookdale Quincy Bay assisted living residence.

In my great room and foyer, I have swapped out art, pillows, and table accessories from room to room for a fresh look. As I think about it, I believe I have done that more than once now.

Our bed now has a summer quilt on it adorned by two flamingo pillows to add whimsy. I've also replaced the art in the bedroom with a gallery wall of summer hats and straw purses. This was a free décor project as I just had to retrieve them from my closet and dust them off!

In our den where my husband now works from home, I changed the look of the window treatment with simple tie backs added to existing curtains. I hung them high and the room now seems brighter and larger as more sunlight enters the once moody, little-used room.

In a small corner of the condo, I just finished painting a mural of hanging plants based on a pen-and-ink sketch found on Pinterest.

Finally, scheduled before the pandemic hit, I allowed a masked painter to enter our home. My oak kitchen cabinets have been transformed with Seersucker Suit gray paint with Sunny Veranda yellow walls. I kept my apple green and bright orange accents which look nice with their energizing yellow cousin. I can't wait to show off the room to family and friends.

After the kitchen project, my husband (who kiddingly calls himself "the finance committee") nicely told me to "cool it" with changes for a while. Well, to be honest, I was bouncing expensive ideas of wallpaper, new patio furniture, adding a fireplace ..., so, I get it. Therefore, back to the sewing studio for my peace and quiet ... and his sanity as well.

Do you have a decorating problem needing a professional solution? Send your questions to Secretary of the Interior at barbara@sec-interior.com.

Barbara Graceffa owns and operates Secretary of the Interior, an interior decorating company in Quincy, offering creative solutions at reasonable rates.

For more information on her services, view her portfolio, and read testimonials about her work, visit www.sec-interior.com. Or you can reach her at 617-921-6033.

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Message to Our Smart Cookie Quincy/North High School Seniors

To all our Sweet, Smart, Spicy, Spirited Supa-Star Seniors,

America needs you!

Stars don't sit still or stay still, they twinkle and shine.

This is your time to shine!

**Show your true colors and American spirit –
Red, White, Blue & You! The sky's the limit.**

Your parents and teachers prepared you for this great big world.

Now this is the true test: Go out into the world of uncertainty and the unknown.

Be careful, courageous, cautious, bold, beautiful and strong!

Most of all be true and be you!

Can't wait to see you guide us into a stronger tomorrow.

Your future is bright so take flight and know how proud we are of all of you, Supa-Stars!

God Bless, shine bright and remember your dreams can become a delicious reality!

Quincy's Smart Cookies are stronger, smarter and sweeter together!

Love, Peace, and Sweet Congrats!

Team Ginger Betty XOXO



RED WHITE BLUE & You! COOKIE CHALLENGE

Tell us what the flag and America means to you!
Make a video and tag us at #RedWhiteBlueAndYou
The best video wins a \$50 Ginger Betty Gift Basket



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Cookie Curbside Service

Gift Baskets, Cookies,
Cakes & Delicious Treats

Richie's Sidewalk Slush

Pizza Slices and
Egg Sandwiches for Lunch

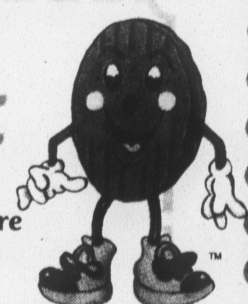
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Valid until June 30, 2020.

Cannot be combined with any other offer or promotion.



Congratulations 

QUINCY COLLEGE CLASS OF 2020

BE PROUD OF THE HARD WORK AND
DETERMINATION YOU'VE SHOWN IN
REACHING THIS ACADEMIC MILESTONE!

Congratulations from all of us in the Quincy College Community, we are proud of you for
persevering during this challenging time and achieving your goals.

To view the list of graduates, visit: quincycollege.edu/graduation

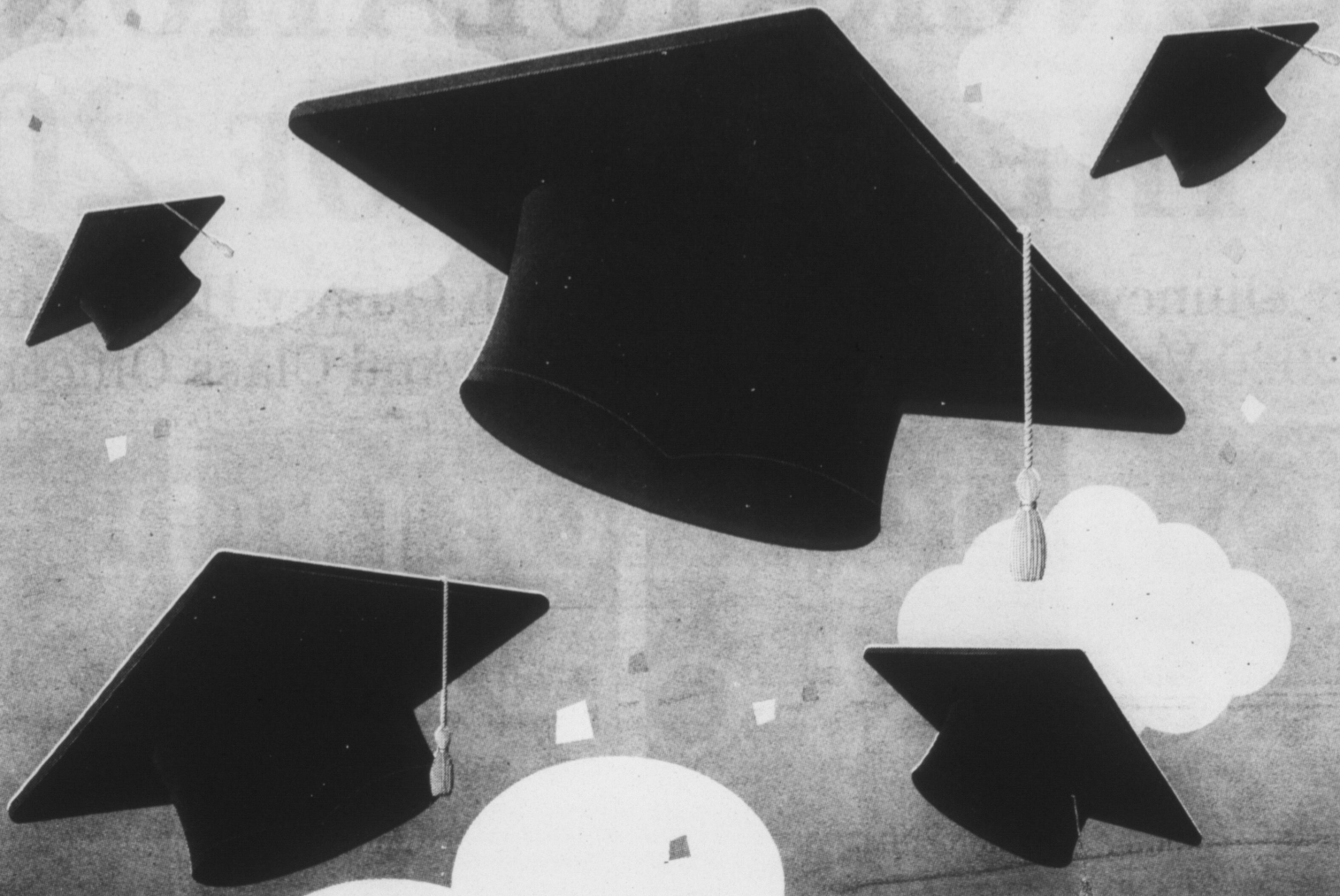


QUINCYCOLLEGE.EDU/GRADUATION

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Congratulations!

CLASS of 2020



NQHS

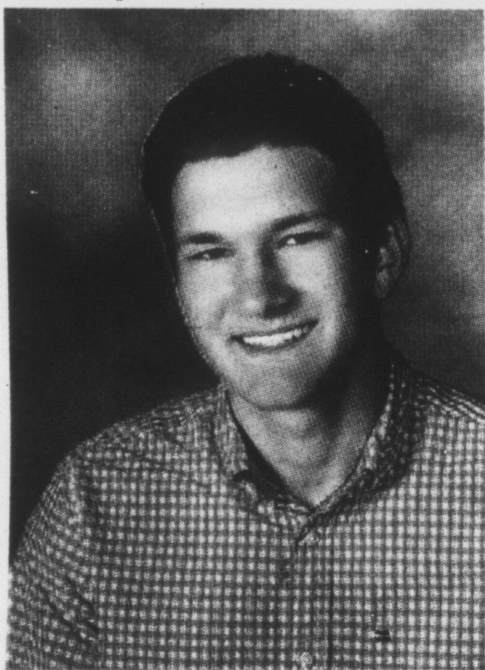
QHS



Mayor Tom & Christine Koch

CONGRATULATIONS TO THE CLASS OF 2020

• Quincy High School And North Quincy High School
2020 Valedictorian, Salutatorian And Class Officers •



PATRICK JOHN RAK
Valedictorian
Quincy High School Class of 2020



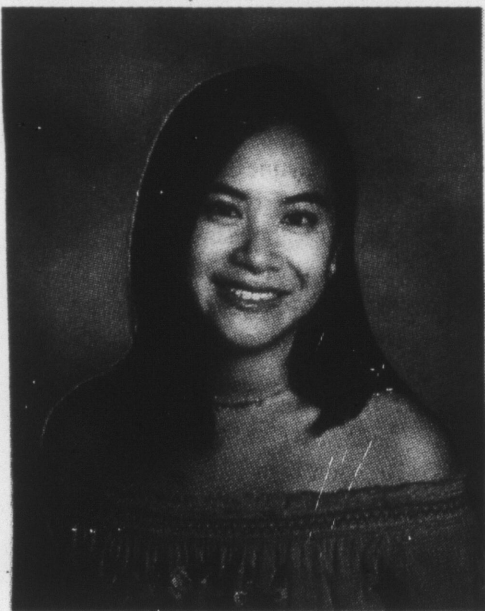
JOSÉ de JESUS BETANCOURT
Salutatorian
Quincy High School Class of 2020



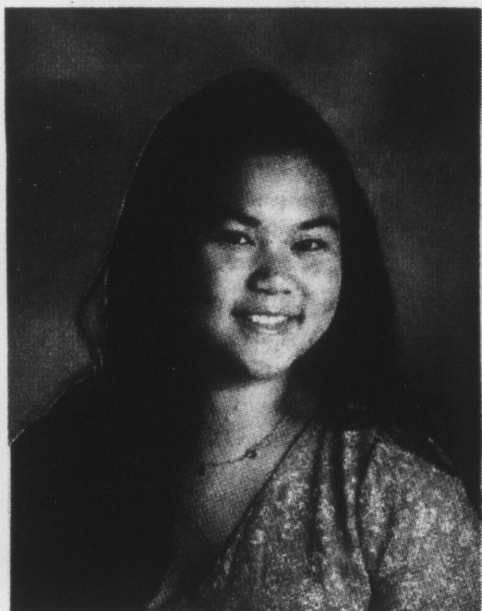
KAYLIN CHAN
Valedictorian
North Quincy High School Class of 2020



ABIGAIL DER
Salutatorian
North Quincy High School Class of 2020



ANNABELLE LE
Class President
Quincy High School Class of 2020



KATELYN Y-NHI NGUYEN
Class Vice President
Quincy High School Class of 2020



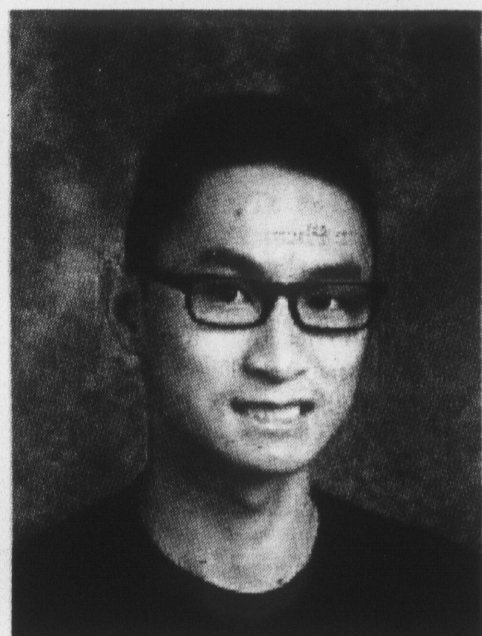
SYDNEY NGUYEN
Class Secretary
Quincy High School Class of 2020



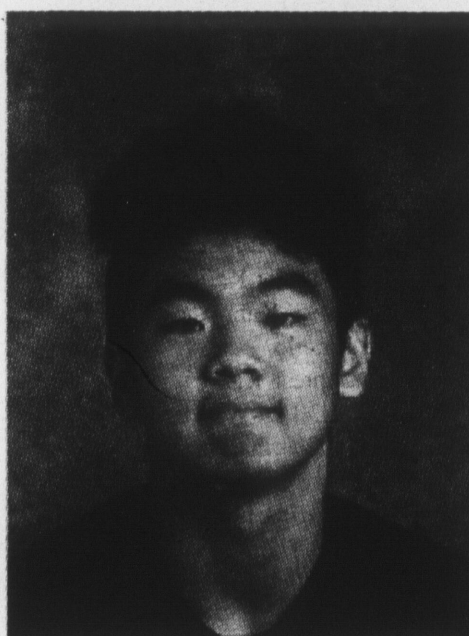
VIRGINIA TO
Class Treasurer
Quincy High School Class of 2020



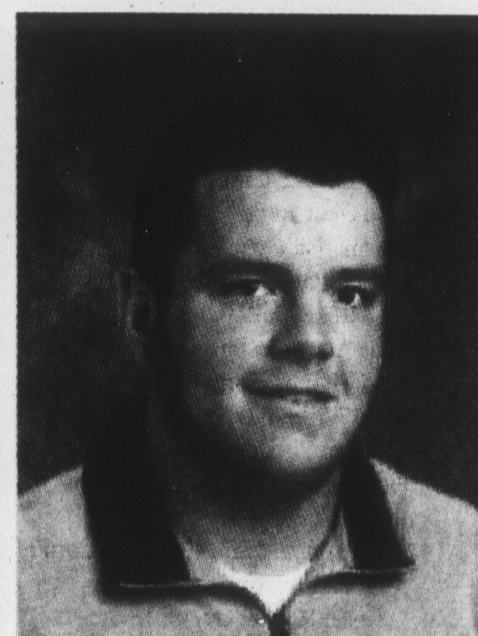
ASHLEY CALDWELL
Class President
North Quincy High School Class of 2020



BRENDON LEE
Class Vice President
North Quincy High School Class of 2020



JACKSON ZHAO
Class Secretary
North Quincy High School Class of 2020



MICHAEL LEVINE
Class Treasurer
North Quincy High School Class of 2020

• List of Graduates On Pages 23 and Page 24 •
• Scholarship Recipients List Starts On Page 25 •

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Quincy High School Class Of 2020

Kawtar Abouyoussef
 Ifeanyi Aguguo Princess
 Dheyauldeen Chaseb Al Kharehy
 Jamarra Kenyarie Alexander
 Mohamed Duosogi Ali
 Mostfa Abbas Al-Ibrahimi
 Logan Smith Almeida
 Abdulaziz Alnasiri
 Zahraa Mohammed Al-Saadi
 Jelinsky Enrique Alteus
 Anthony Carvalho Alves
 Zeynab Hassan Alzubaidy
 Caitlin Rose Amichetti
 Yasmin Amimer *
 Jessi Aleinah Andrews
 Lauren Katherine Anshewitz
 Shilan Gabriela Arda
 Badr Eddine Bahri **
 Dustin Matteo Baker
 Joseph Josub Ban
 Luis Xavier Barbosa
 Juliana Irina Beane
 Jessamine Jean Bearchell
 Maria Fatima Bengoa Croxatto
 Emily Loren Bennett
 Jane Elizabeth Berberan
 Ryan Timothy Bergin
 Madeline Jade Bergonzi
 Solomon James Bonilla
 Makinley Louise Bosse
 Elajia Boyd
 Mark Anthony Broderick
 Amarah Ann Brown
 Samantha Ariel Brown
 Kenneth William Brownlow
 Nicholas John Buonopane *
 Kamayl Sahkeem Burrell-Chandler
 Shania Monique Butler
 Sean Joseph Butts
 Orion Harry Byrne **
 Alison Patrice Cahill
 Frank Paul Calabro *
 Karen Nhi Cao
 Niyah Celmira Cardoso
 Isabella Rose Carey
 Robert Emmet Carney
 Lara Cezar Marchesi Primo
 Ty Edward Chafa
 Candace Fongho Chan
 Samantha Chan
 Ximena Charco-Cervantes
 Zoe Charles
 Alyssa Chieng Che
 Bin Chen
 Chunlu Chen
 Chunxia Chen
 Hillary Britney Chen
 Jiaqi Chen
 Jin Rui Chen
 Jing Jing Chen
 Li Qi Chen
 Rui-Feng Chen
 Man Hang Kelvin Chik
 Kean Keong Chin
 Ivy Hoi-Yee Ching
 Han Gia Chung
 Anamarisa Cohen
 Gerard Patrick Colby
 Erin Rose Collins
 Julia Anne Collins
 Justin James Collotta
 Ryan William Conover
 Thomas Christopher Conroy
 Danielle Maria Cooper
 James Christopher Corkery
 Benjamin Antonio Carvalho Correia
 Alessandro Cosgrove
 Michael Robert Cugini Jr.
 Vanessa Jean Czajkowski
 Jamie DaCunha
 Francesco John D'Agostino
 Arianna Knight Dalrymple
 Jyshele Darosa
 Samantha Katelyn Lopes Deavan
 Abigail Elizabeth Decie
 Jake William Defranco
 Zachary Andrew Demore
 Jania Orlane Desrosiers

Julia Beverly Devlin
 David Michael Devoy
 Patrick Seamus Devoy
 Alecia Jade DiCicco
 Jamie Louise DiCicco
 Han The Diep
 Xuanbo Ding
 Claire Christine Donahue
 Edip Efe Doru
 Stuart Adam Dozier
 Sheala Driscoll
 Tyler Dushaun Duncan
 Ryan Dai Vu Duong
 Michaeljon Montgomery Dussourd
 Sean Eric Dwyer
 Ainslee Rhiannon Eaton
 Justin Tyler Echols
 Mounia El Maslouhi
 Khalid Ahmed Elbeih
 Kassia Lopes Lima Evora
 Joan Fajardo Barrera
 Brooke Isabella Farr
 Margaret Marie Farrell
 Jean Josef Feliciano
 Kevin Alexander Ferent
 Edsel Aguinaldo De Pina Fernandes
 Madelyn Hallie Ferreira
 Henrique Ferreira Nunes
 Justin Ferris
 Llavian Justice Figueroa
 Chloe Bell Ford *
 Jeisse Francisco Ribeiro
 Olivia Marie Fritz
 Alexandra Leigh Gagne
 Marc M. Galecia
 Kevin Crowley Gallant
 Jacob Raymond Galligan
 Dylan Thomas Geloran
 Kelly H. Gerrish
 Brody Eadan Gillespie
 Aislin May Glavin
 Calvin Eugene Graves
 Ja' Qury A. Gray
 Karon Norman Gray
 Clarence Joseph Ham
 Kailie Ham
 Aidan Patrick Healy
 Connor Gerard Hegarty
 Celina Henderson Tapia
 Stephanie Gabriela Henriquez
 Kamani Matthew Herbin
 Kylie Rose Hernon
 Anthony Ho
 Shelagh Mairead Holler
 Brendan James Holloway
 Zihao Huang
 Zachary Michael Hughes
 Elizabeth Huynh
 Khang Duy Huynh
 Luan Ba Huynh
 Emily Marie Irion
 Aubrey Jillian Gonzales Isip
 Jiwan Walter Jackson
 Emma Danielle Jaehnig
 Samantha Marie Jaehnig
 Suze Leika Jean Louis
 Vincent Scott Joyce
 Tresor Junior Kalioua
 Ridhikasri Kanniappan
 Ilia Karello
 Iris Shpresa Katorri
 Akile Kelow-Wiggins
 Nawal Sharmaarke Khalif
 Kendrick Chankrisna Kheav
 Brendan Joseph Kilcommons
 Michael Thomas Kiley
 Taylor Anne Kinsley
 Melissa Rose Knight
 Sarah Catherine Knight
 Titus Kyei Mensah
 Hannah Rose Kyller
 Ryan Le Lam
 Logan Francis LeClair
 Patrick James Lee
 Eddie A. Lei
 Zhao Yu Li
 Lac Gia Lieu
 Derek Ryan Little

Yeung Wai Lo
 Kamila O'Hana Lopes Cula Cardoso
 Cecilia Yailyn Lopez
 Shyana Nicole Lucas Eaton
 Cuong Minh Luong
 Erin Elizabeth Mackay
 Cullen Domina Maher
 Ryan Joseph Mahoney
 Talia Marie Bergenie Maloof
 Eduardo Marques De Oliveira
 Margaret Annmarie Martin
 Lorena Alves Martinez
 Leticia Martins Rodrigues
 Skye Leigh Matranga
 Amanda Helen Mauriello
 Paige Elizabeth Maze
 Kaitlynn Joan McAdam
 Tara Rose McCleary
 Matthew James McCratic
 Meghan Theresa McDonald
 Jake Brennan McGahey
 Colleen Ashley McGee *
 Matthew William McInnis
 Michelle Meagher McLaughlin
 Emma Rose McLoughlin
 Hyan Maria Melicio
 Jasmine Anne Milanese
 Cameron Shea Miller
 Anton Pavlovich Milyutin
 Kiana Alize Molina
 Dominique Elena Monteiro
 Indranie Monteiro
 Devena Rosanna Mootoo
 Jessica Nicole Morabito
 Angelina Morfin Cortez
 Anne Catherine Mortimer
 Drew Elisabeth Murphy
 Joseph John Murphy
 Shane Richard Murphy
 Maierdan Musitapa
 Usama Naveed
 Sam Ngo
 Azia Thu Linh Nguyen
 Billy Nguyen
 Derek Duc Nguyen
 Hanna Nguyen
 Sydney Vu Nguyen
 James Aengus O'Brien
 John Joseph O'Brien
 Jordan Ann O'Connor
 Michael James O'Connor
 Riley Michael O'Connor
 Neasa O'Donnell
 Kwabena Ofori-Barima
 Shabella Juliann Oliver
 Malachi Keshawn Ortolaza
 Joseph Osgood
 Kayla Emarie Osorio
 Aaron John O'Toole
 Jillian Anne O'Toole
 Sean Ryan O'Toole
 Zahra Paige Ouannass
 Mihir Sanjaykumar Patel
 Nidhi Vinodbhai Patel
 Hailicec Marie Pereira Rosario
 Aidan Ryan Perry
 Ethan Pham
 Michelle Pham
 Tammy Tien Pham
 Vinh Trieu Tuan Pham
 Vy Trieu Tuan Pham
 Timothy James Pick
 Emanuele Karoliny Pinheiro Soares
 Sabrina Santos Pinto
 Megan Elizabeth Piquette

Darius Roosevelt Pires
 Tatiana Pires
 Drew Allen Polsgrove
 Maria Gabrielle Popa
 Ryan Michael Quirk
 Tyler James Ralls
 Jada Ramos
 Genevieve Rose Reardon
 Jefferson Geovanny Redondo Flores
 Adam Shane Reinhardt
 Dante Tyrel Rivera
 Daliany Michelle Rivera Cruz
 Simon Rong
 Krystyna Sophie Ryan
 Michaelle Danielle Saint Cyr*
 Jullana Louise Alpuerto Salbibia
 Milo Scott Santangelo
 Matheus Goncalves De Souza Santos
 Nasaiah Alijah Santos
 Lukas Schaaf
 Michael James Scibilio
 Michael Stanley Semancik
 Ilda Serdani
 Truman Johndel Seto
 Cameron Charles Seviour
 Salwa Hassan Shuman
 Decio Silva
 Olivia Barbara Skinner
 Joseph Michael Smiddy
 Andrew Joseph Smith
 Carlos Alexandre Soares Marcelino
 Jayde Marie Sontag
 Sabrina Arianna Soto
 Trenton Dale Souza
 Juliana Sarah Stagg
 Najah Aaliyah Steele
 Klejdian Struga
 Avash Subedi
 Alexis Rianne Tamburello
 Peter Minh Tang
 Carline Melany Tavares Pires
 Keylin Taylor
 Brooke Lynne Theriault
 Christopher Thi
 Quintin Kaliel Thompson
 Brenna Marie Tobin
 Jacob Torres
 Christian Pietro Toscanini
 Adam Trac
 Juliana Mary Tracey
 Andrew Anh Tran
 Brandon Wah Tran
 Jenny Tran
 Yayah Moeet Traore
 Ygan Jae Cacteng Tumapang
 Dajanae Alexys Turner
 Nyri Malik Artis Tyler
 John Hector Valenzuela
 Kevin Velasquez-Pereira
 Luana Mara Vilarino
 Ainsley Nora Walsh
 Shimon Warden
 Karen Emperis Washington
 Isabella Julia Waters
 Joshua Richard Welch
 Jules Wiggins-Ledgister
 Devante Malik Williams
 Francis H. Wong
 Jaydek Wong
 Matthew C. Wong
 Nicholas H. Wong
 Jordan Du Keng Wu
 Cayla Rose Zapata
 Andrew Joseph Zemotel



List of North Quincy High School Graduates - Page 24

List of QHS Scholarship Recipients - Starts Page 25

List of NQHS Scholarship Recipients - Starts Page 26

North Quincy High School Class Of 2020

Areeba Ahsan
David Allsop
Macarena Arrue Riofrio
Philip Bryden Austin
Adnane Richard Baghough
Essi Baliko
Evan Bentley
Shannon Barbara Boylan
Jared William Bragdon
Jean Michael Brito Lopez
Trevon Brown
Lucous Brusard
Ashley Laura Caldwell
Rachel Karen Capone
Alex Ismael Castellanos
James Daniel Cawley
Adam Chan
Amanda Yan Chan
Kaylin Mei Chan
Lydia Hannah Chan
Nicholas Chan
Sareena Chao
Charlie Ngoc Chau
Raymond Xuan Chau
Alyssa Zhuo Hua Chen
Arleena Chen
Daniel Chen
Jason Chen
JunQu Chen
Shirley Chen
Stanley Chen
Xi Chen
Xinyan Chen
Xinying Chen
Yifei Chen
Yingyi Chen
Yoyo Ying Yao Chen
Maxwell Cheung
Robert Glen Chin
Chunwei Chiu
Tiffany Chiu
Brian Jing Chum
Aimee Cristina Cluett
Alexa Jeannine Cohen
Anamarissa Natasha Cohen
Dylan Connors
Michael Matthew Costello
Ian David Cramond
Khoana Cuni
Timothy James Dargon
Benjamin Porter DeBisschop
Nalani Briana Depina
Abigail Der
Joey Diep
Kevin Dinh
Benjamin Dang Do
Jenny Do
Kayleigh Lynn Donofrio
Michael Francis Dooley
Kitty Anne Lendy Dubuisson
Audrey Duclos
Liam Michael Dugan
Brigid Ellen Duggan
Teaajjthea Duka
Mariah Nicole Everett-Ortiz
Yuan Fang
Jordan Feng
Olivia Jayne Fitzpatrick
Cormac James Flaherty
Brigid Noreen Flynn

Zheng Tat Fong
Sandro Capri Fonseca
Chenlu Gao
Janne Gao
Kyle Gassenheimer
Michael Sean Astrol Gordon
Andrew Christopher Gott
Telemachos Theodoros Gregoriadis
Amaryllis J. Gu
Jack Lawrence Gurwitch
James Cooper Haley III
Andrew Thomas Hally
Nejwa Adel Hamad
Yixuan He
Yu Xin He
Amanda Jo Hellmuth
Adam Matthew Higgins
Jordan Duy-Vu Hoang
Tao Hong
Jasmine Horburapa
Xinyu Hu
Aaron Huang
Aaron Si Hang Huang
Jack Ging Fung Huang
Juncheng Huang
Ruohui Huang
Sandy Huang
William Huang
Nathaniel Allen Hubley
Tori Grace Ingram
Joshua Joseph Jackson
Gina Jiang
Phoebe Isabel Johnston
Mairead Ann Kelly
Trent Scott Korycinska
Olga Kosinski
Connor Nugent Kulig
Chor Yan Kwong
Wai Lam Kristy Kwong
Steven La
Anna Lai
Jacky Lam
Ava Frances Lapsley
Priscilla Lau
Sarina Lau
John Van Le
Mya Hanh Le
Noah Le
Tommy Quang Le
Brendon Lee
Shane Lerkvikam
Erin Leung
Daniel Patrick Levine
Michael Thomas Levine
Jack Li
Jenny Li
Jia Jun Li
Qian Wen Li
Tyler Li
Yong Yu Li
Jaman W. Liang
Jing Wen Liang
Taylor Bella Liang
Angelo Las Librea
Alice Lin
Linda Lin
Michelle Lin
Samantha Lin
ShiQin Lin
Wei Cheng Lin

Wei Nuo Lin
Xiaoyan Lin
Xinyi Lin
XinKai Lin
Zi Yan Lin
Jessica Liu
Winston Liu
Anastasia Luong
Boi Luu
Tony Ma
Wenyin Ma
Patrick James MacMillan
Rory Catherine Mahoney
Qiwen Mai
Patrick Robert Marshall
Justin Joseph McDevitt
Peyton Joseph McGaffigan
Elizabeth W. McGough
Matthew Joseph McGourty
Jackson Bryan McMahon
Nathan M. McPhee
Michael Wei Mei
Wei K. Mei
Samuel Mercurio
Richard John Merna
Su Yee Mon
David S. Morales
Kathryn Mary Moriarty
Delaney Eve Murphy
Olivia Ortiz Murray
Santosh Murray
Hannah Elisabeth Myers
Melissa Catherine Myers
Brandan Nguyen
Christina Ngoc Nguyen
Du Nguyen
Edwin Nguyen
Justin Nguyen
Kenny Q. Nguyen
Tony H. Nguyen
Shane O'Connell
Aoife Yvonne O'Donovan
Denise Grace O'Donovan
Emily Elizabeth O'Malley
Emily Y. O'Regan
Pablo Sebastian Ochoa Gonzalez
Shaohang Ou
Michael Anthony Palmer
Srujana Pannem
Damian Papajani
Olivia Lee Peluso
Rodrick Dakota Pendleton
Chau Pham
Helen Pham
Kyler Cory Pham
Karen Phung
Sarah Claire Pillone
Sharon Michelle Pinell Espinoza
Amanda Rose Condon Powers
Jack Christopher Pritchard
Danni Qu
Alexa Kelly Radzik
Xian Hao Ren
Marisa Anne Riley
Sarah Elizabeth Rixham
Courtney Hegarty Ross
Katherine Marisa Scanlan
Matthew Francis Scanlan
Bora Selvi
Joanna Setow

John Shi
Josiah David Jay Sleeper
Vicky Song
Colby Anthony St. Marie
Terry Su
Cheng Sun
Norika Tang
Sydney Marie Taylor
Isabella Anabella Thong
Michelle Tian
Alisha Thai Tran
Amber Beth Tran
Daisy Tran
Jessica Nguyen Tran
Nga Tran
Twuyen Tran
Adam Huy Truong
Nyri Malik Tyler
Charles Lue Undag
Shaylen Rose Vangestel
Jacob Andrew Vegnani
Sokha Andrea Walsh
Xinyao Wang
Benjamin Michael Welch
Caitlyn Elizabeth Whooley
William T. Whooley
Sophie Ann Wilson
Vivian Mary Wilson
Reese M. Winter
Amanda M. Wong
Julie Wong
Sammi Pingna Wu Li
Wen Bin Wu
Syrena J. Wynter
Jim Will Xi
Hanxin Xie
Feng Xu
Kathy K.H. Xu
Annie Xinying Yang
Kelly Ye
Annie Yu
ZhiHui Yu
Jenny Zeng
Lin Zeng
Shuyang Zeng
Henry Zhang
JiaJie Zhang
Leo Zhang
Xianyi Zhang
Jackson Zhao
Jimmy Zhao
XiaoCong Zhen
Britney Zheng
Christine Zheng
Da Hao Zheng
Elva Zheng
Jeffrey Zheng
Leijin Zheng
Melissa Zheng
Shu Qian Zheng
Wen Qi Zheng
XueBo Zheng
Winnie Zhou
Jake Zhu
Juner Zhu
Jenny Zhuo
Kevin Zou
Linda Zou
Angela Zyba
Theodora Zygouras


**BEST WISHES
TO THE
CLASS OF 2020**
BRUCE AYERS
State Representative

Congratulations Class of 2020!

Graduation marks an important milestone. You made it! Celebrate this moment! **Be proud of what you have accomplished!**

Today starts your journey of infinite possibilities! Reach beyond the stars! Go after every dream, and always remember the community and home you always have in our city - Quincy.

Nina Liang
CITY COUNCIL PRESIDENT
COUNCILOR AT-LARGE



Education is Eternal

Family is Forever!

**Congratulations and
Good Luck**

Paul Bregoli
Quincy School
Committee

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QHS Class Of 2020 Scholarship Recipients

The following Quincy High School Class of 2020 graduates received scholarships. The graduates and scholarships are:

Kawtar Abouyoussef: Quincy Education Association - Alice Killilea Scholarship.

Logan Almeida: Beechwood Knoll School PTO Book Award.

Caitlin Amichetti: Quincy Medical Center Foundation Nursing Scholarship, Quincy College Gamma Beta Phi Society Scholarship, Archie Wahlberg Scholarship for Public Service.

Shilan Arda: Ned V. Mannai Memorial Book Award.

Brendan Bailey: Bobby Harvey Memorial Scholarship, Steven V. Barrett Memorial Hockey Scholarship, George G. Burke Foundation Scholarship.

Joseph Ban: Ned V. Mannai Memorial Book Award.

Richelle Barry: Lottie S. Page Nursing Scholarship, Quincy Medical Center Foundation Nursing Scholarship, Muriel L. Nicholls Memorial Scholarship.

Megan Beck: Albert Francis Gilmartin Memorial Scholarship, Bill Dunn Jr. Memorial Scholarship, Joann O'Malley Memorial Scholarship, Quincy Rotary Club Scholarship, Kevin Ryan Memorial Scholarship, Quincy Lodge of Elks #943 Scholarship, Massachusetts Elks Scholarship, Inc.

Helga Becka: Quincy Retired Teachers Association Bob Mattson Memorial

Scholarship, Robert Charles Billings Memorial Scholarship.

Ryan Bergin: Quincy High School Parent Advisory Council Book Award.

Jose Betancourt: Joseph B. Halbert Memorial Scholarship, Quincy Retired Teachers Association Harry A. & Louisa P. Beede Memorial Scholarship, Outstanding Technical Student Of The Year Scholarship.

Elajia Boyd: Ned V. Mannai Memorial Book Award.

Taylor Burgess: Quincy Retired Teachers Association Mary Bozoian Honorary Scholarship, Quincy Women's Club Trust Scholarship, Quincy Rotary Club Scholarship.

Allison Cahill: Quincy High School Parent Advisory Council Book Award.

Ty Chafa: Quincy High School Boys Soccer Scholarship.

Zoe Charles: Ned V. Mannai Memorial Book Award.

Hillary Chen: Quincy Education Association Cassandra Thayer Scholarship.

Jin Rui Chen: Quincy Retired Teachers Association Arthur H. Morrissey Memorial Scholarship.

Kelly Chen: Ambrose C. Duggan Memorial Scholarship, Beechwood Knoll School PTO Book Award.

Rui-Feng Chen: Quincy Retired Teachers Association Arthur H. Morrissey Memorial Scholarship, Plumber's Union Local No. 12 Scholarship.

Erin Collins: Ned V. Mannai Memorial Scholarship, Quincy Lodge of Elks

#943 Scholarship.

Ryan Conover: Quincy High School Boys Soccer Scholarship, Richard Keneally Scholarship Fund.

Allessandro Cosgrove: Quincy Education Association W. Scott Austin and Albert Cochrane Scholarship.

Molly Cronin: Marilyn Murray Waywood Memorial Scholarship.

Charles Justin Culata: Quincy Retired Teachers Association Bruce McDonald Memorial Scholarship, Quincy Women's Club Trust Scholarship.

Vanessa Czajkowski: Quincy Medical Center Foundation Nursing Scholarship, Quincy High School Parent Advisory Council Book Award.

Rebecca Dang: Lottie S. Page Nursing Scholarship, Quincy Education Association Edward Baccari Scholarship, Quincy Rotary Club Scholarship.

David DeVoy: South West Middle School PTO Scholarship.

Alecia DiCicco: Ned V. Mannai Memorial Book Award.

Han Diep: Ned V. Mannai Memorial Book Award.

Claire Donahue: John Fantucchio Art Scholarship.

Madison Dondero O'Brien: Yacubian Family Scholarship, Officer Jamie Cochrane Memorial Scholarship.

Ainslee Eaton: Quincy College Scholarship.

Maeve Farrell: Ned V. Mannai Memorial Book Award, Paul Nigro Memorial Scholarship, Clifford Marshall School Clifford H. Marshall Memorial Scholar-

ship.

Benjamin Fehan: Bill Dunn Jr. Memorial Scholarship, Dennis Sullivan Memorial Scholarship.

Kevin Ferent: John P. Bogan Memorial Scholarship, Quincy Lodge of Elks #943 Scholarship.

Olivia Fritz: Yacubian Family Scholarship.

Kevin Gallagher: Phyllis K. Quint Memorial Scholarship for the Arts, George G. Burke Foundation Scholarship, Quincy Education Association Alice Killilea Scholarship, Quincy High School Boys Soccer Scholarship.

Kevin Gallant: Jasper and Dorothy Orlando Plumbing Scholarship.

Kelly Gerrish: South West Middle School PTO Scholarship.

Brody Gillespie: Bud Wilmath Do-Gooder Fund.

Stephen Hallahan: Albert Francis Gilmartin Memorial Scholarship, Quincy Education Association, Inc. Scholarship, Norfolk County Teachers Association Book Award, Stephen Phillips Memorial Scholarship and Quincy Choral Boosters Scholarship.

Aidan Healy: Classmates Today - Neighbors Tomorrow, Jewish American War Veterans Scholarship,

Ned V. Mannai Memorial Book Award, Steven V. Barrett Memorial Golf Scholarship, Wollaston Garden Club Scholarship, Quincy High School Parent Advisory Council Book Award, Central Middle School PTO Book Award.

Olivia Herman: Ned V. Mannai Memorial Book Award, Quincy Education Association Carole Barba-Deane & Dr. Albert Dimascio Scholarship, Quincy High School Parent Advisory Council Book Award.

Kylie Hernon: Quincy Rotary Club Scholarship, Quincy High School Parent Advisory Council Book Award, Quincy Lodge of Elks #943 Scholarship.

Caitlin Ho: Joseph B. Halbert Memorial Scholarship, Quincy Retired Teachers Association Harry A. & Louisa P. Beede Memorial Scholarship, Evelyn W. Ryan Mathematics Scholarship.

Kyler Hoang: Ned V. Mannai Memorial Book Award.

Grace Hobin: George G. Burke Foundation Scholarship, Koch Club Of Quincy Scholarship, Quincy Lodge of Elks #943 Scholarship, Tricia Lydon Memorial Scholarship.

Shelagh Holler: Bill

Dunn Jr. Memorial Scholarship, Ned V. Mannai Memorial Scholarship.

Wilhen Hui Mei: Chik Ching Law Memorial Scholarship, Quincy Education Association Frank & Janet Goudey & Eileen Rugg Memorial Scholarship.

Alexander Ireland: Quincy Retired Teachers Association-John B. and Angelo H. Vergobbi Memorial Scholarship.

Ilia Karello: Quincy High School Boys Soccer Scholarship, South West Middle School PTO Scholarship.

Iris Katorri: The Four Friends Memorial Scholarship.

Kendrick Kheav: Ned V. Mannai Memorial Scholarship, South West Middle School PTO Scholarship.

Taylor Kinsley: Linda P. Beck Fund Scholarship, Quincy High School Parent Advisory Council Book Award.

Melissa Knight: Quincy High School Parent Advisory Council Book Award, Quincy Lodge of Elks #943 Scholarship.

Sarah Knight: Quincy High School Parent Advisory Council Book Award, Quincy Lodge of Elks #943

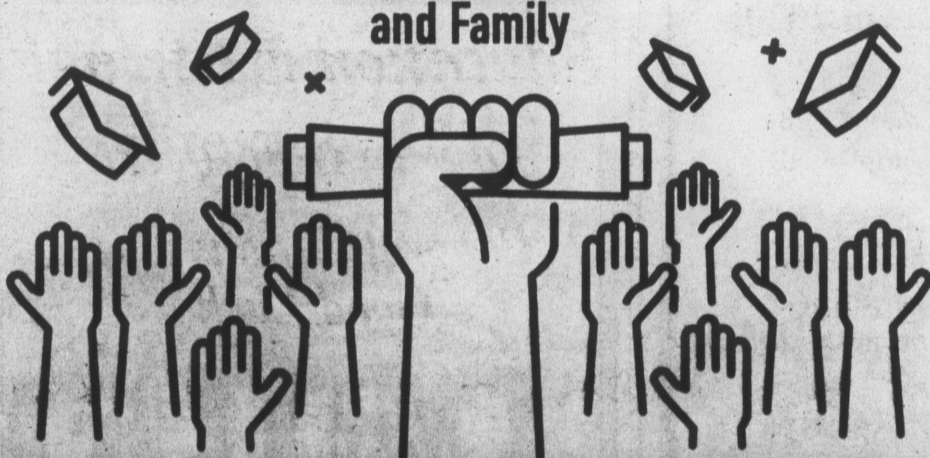
Cont'd On Page 27

CONGRATULATIONS

Class Of

2020

Anne Mahoney
and Family



Reach for the stars. We are so proud of you Rory!

Congratulations



to the



Class of 2020

*Stay Positive,
Work Hard,
Make It Happen.*

Ward 1 Councillor
Dave McCarthy

NQHS Class Of 2020 Scholarship Recipients

The following North Quincy High School Class of 2020 graduates received scholarships. The graduates and scholarships are:

Macarena Arrue Riofrio: QEA: Althea P. Sawyer Scholarship.

Philip Bryden Austin: AFJROTC Scholarship, Costa Family-Silvia Costa Scholarship, John and Abigail Adams Scholarship.

Shannon Barbara Boylan: NQHS PAC Spirit Award, Robert I. Nickerson Post #382 - American Legion Corporal Christopher C. Donahue Scholarship.

Jared William Bragdon: NQHS Assistant Principal Scholarship.

Ashley Laura Caldwell: Costa Family-Michael Hurley-History Scholarship, George F. Brown VFW Post 613 Scholarship, NQHS Alumni Football-Scholar-Athlete Scholarship, QEA: Education Scholarship, Thomas Galvin Quincy History Award.

Rachel Karen Capone: QEA: Dr. Russell B. Street Jr. Scholarship.

James Daniel Cawley: Costa Family-Michael Hurley History Scholarship, QEA: Dr. Mary Baran & Penny Patrakos Scholarship.

Amanda Yan Chan: John and Abigail Adams Scholarship, QRTA: Harry A. & Louisa P. Beede Memorial Scholarship.

Kaylin Mei Chan: John and Abigail Adams Scholarship, QRTA: Barbara DeWolfe Memorial Scholarship, Rotary Club of Quincy Scholarship.

Lydia Hannah Chan: John and Abigail Adams Scholarship, Rotary Club of Quincy Scholarship.

Raymond Xuan Chau: Costa Family-Puni Vaccari Scholarship, NQHS Football Booster Award.

Arleena Chen: John and Abigail Adams Scholarship.

Daniel Chen: John and Abigail Adams Scholarship.

Stanley Chen: Bob McGillicuddy Book Award, John and Abigail Adams Scholarship, NQHS Faculty Scholarship.

Yifei Chen: AFJROTC Scholarship, John and Abigail Adams Scholarship.

Robert Glen Chin: AFJROTC Scholarship, John and Abigail Adams Scholarship.

Tiffany Chiu: Quincy Medical Center Foundation - Nursing Scholarship.

Alexa Jeannine Cohen: John and Abigail Adams Scholarship, QEA: Esther Gizzarelli Scholarship.

Dylan Connors: NQHS Boys Hockey Booster Book Award.

Xhoana Cuni: John and Abigail Adams Scholarship.

Benjamin Porter DeBisschop: John and Abigail Adams Scholarship, Quincy Women's Club Scholarship, QRTA: Harry A. & Louisa P. Beede Memorial Scholarship, Richard Kenneally Scholarship.

Nalani Briana Depina: John and Abigail Adams Scholarship.

Abigail Der: AFJROTC Scholarship, John and Abigail Adams Scholarship, QRTA: John W. Walsh Scholarship, Rotary Club of

Quincy Scholarship, Wollaston Garden Club Book Award.

Joey Diep: John and Abigail Adams Scholarship.

Kevin Dinh: NQHS Football Booster Award.

Jenny Do: John and Abigail Adams Scholarship.

Kayleigh Lynn Donofrio: QEA: Anna L. Murphy Scholarship.

Kitty Anne Lendy DuBuisson: John and Abigail Adams Scholarship.

Brigid Ellen Duggan: NQHS Girls Soccer Booster Award.

Mariah Nicole Everett-Ortiz: Wollaston Women's Club 1921 - Open Scholarship.

Olivia Jayne Fitzpatrick: Beechwood Knoll School PTO Scholarship, NQHS Girls Soccer Booster Award, Yacubian Family Memorial Scholarship.

Cormac James Flaherty: Central Middle School PTO, Book Award, David Messina Memorial Sportsmanship Award, John and Abigail Adams Scholarship, Koch Club Scholarship, NQHS Boys Hockey Booster Book Award.

Brigid Noreen Flynn: John and Abigail Adams Scholarship.

Zheng Tat Fong: Chik Ching Law Memorial Scholarship.

Janne Gao: John and Abigail Adams Scholarship, Quincy Women's Club Scholarship.

Kyle Gassenheimer: John and Abigail Adams Scholarship.

Michael Sean Astrol Gordon: NQHS Football

Booster Award, Peter Zoia Athletic Award.

Andrew Christopher Gott: NQHS Football Booster Award, Yacubian Family Memorial Scholarship.

Amaryllis J. Gu: AFJROTC Scholarship, John and Abigail Adams Scholarship, QRTA: Greg Buck Memorial Scholarship.

Andrew Thomas Hally: NQHS Boys Hockey Booster Book Award, QEA: Peter F. Bouchie Scholarship.

Yu Xin He: John and Abigail Adams Scholarship, Quincy Women's Club Scholarship.

Adam Matthew Higgins: John and Abigail Adams Scholarship.

Tao Hong: AFJROTC Scholarship.

Jordan Duy-Vu Hoang: John and Abigail Adams Scholarship.

Jasmine Horburapa: AFJROTC Scholarship, John and Abigail Adams Scholarship, Joseph Halbert Scholarship, QEA Alice Killilea Music Scholarship.

Xinyu Hu: John and Abigail Adams Scholarship, QRTA: Katherine V. Fitzpatrick Memorial Scholarship.

Aaron Huang: Ayers/Schields Science Scholarship, John and Abigail Adams Scholarship, QRTA: Carl Deyeso Honorary Scholarship.

Ruohui Huang: Ambrose C. Duggan Scholarship, John and Abigail Adams Scholarship.

William Huang: John and Abigail Adams Scholarship, NQHS Assistant Prin-

cipal Scholarship.

Nathaniel Allen Hubley: HYPER Robotics-Gerry Quintiliani Scholarship, Quincy Lodge of Elks Scholarship, Rotary Club of Quincy Scholarship.

Tori Grace Ingram: John and Abigail Adams Scholarship.

Joshua Joseph Jackson: NQHS Football Booster Award.

Gina Jiang: John and Abigail Adams Scholarship, QRTA: Elaine & Paul Lyons Memorial Scholarship.

Phoebe Isabel Johnston: John and Abigail Adams Scholarship, NQHS Girls Soccer Booster Award, QRTA: Stephen H. Moynihan Scholarship.

Mairead Ann Kelly: Joseph Koch Memorial Award.

Trent Scott Korycynska: John and Abigail Adams Scholarship.

Olga Kosinski: Yacubian Family Memorial Scholarship.

Connor Nugent Kullig: The Christopher McCallum Memorial Scholarship, Quincy Lodge of Elks Scholarship, NQHS Boys Hockey Booster Book Award, NQHS Principal's Award, Robert I. Nickerson Post #382 American Legion - G. Sergeant Francis J. Thorpe Scholarship.

Anna Lai: John and Abigail Adams Scholarship.

Jacky Lam: AFJROTC Scholarship, John and Abigail Adams Scholarship.

Ava Frances Lapsley: Caitlin Moore Scholarship.

Priscilla Lau: John and Abigail Adams Scholarship.

Sarina Lau: AFJROTC Scholarship, John and Abigail Adams Scholarship.

John Van Le: John and Abigail Adams Scholarship, George G. Burke Foundation Scholarship.

Mya Hanh Le: John and Abigail Adams Scholarship, QRTA: Mary Bazoian Honorary Scholarship.

Brendon Lee: Bob McGillicuddy Book Award, John and Abigail Adams Scholarship, QEA: Geraldine Loughlin-Fahey & Maxine Wigmore Scholarship.

Shane Lerkvikarn: Dave Hourin Memorial Scholarship, John and Abigail Adams Scholarship, QRTA: Arthur E. Foster Memorial Scholarship, Roland Small Memorial Scholarship, Rotary Club of Quincy Scholarship.

Erin Leung: Costa Family-Puni Vaccari Scholarship, Foreign Language Retired Teachers Scholarship, John and Abigail Adams Scholarship, QRTA: Bob Mattson Memorial Scholarship.

Daniel Patrick Levine: Minton Family Scholarship, Officer Jamie Cochrane Memorial Road Race Scholarship, Peter and Elaine Zoia Memorial Scholarship, Quincy Medical Center Foundation Nursing Scholarship, Yacubian Family Memorial Scholarship.

Michael Thomas Levine: The Christopher McCallum Memorial Scholarship, Eric K. Torvi Scholarship, Minton Family Scholarship, NQHS Alum-

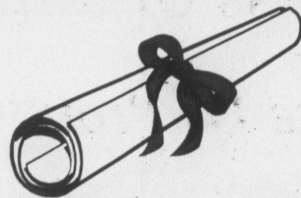
Cont'd On Page 28.

**Congratulations,
Class of 2020!**



**Best Wishes
from
Ron Mariano
State Representative**

**Congratulations
on this proud milestone
and Best Wishes always.**

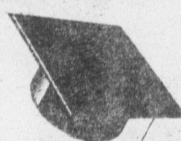


**Flavin & Flavin Realtors
1085 Hancock St., Quincy Center
617-479-1000 • www.FlavinandFlavin.com**

**Congratulations
to the
CLASS OF 2020
& all the
Best for a Bright Future!**

**Brad Croall
Ward 2 Councillor
Candidate for Norfolk County Treasurer**

**Congratulations
Graduates**



**Sweeney Brothers
Home For Funerals, Inc.**

Over 70 years of personalized service
**1 Independence Ave., Quincy
617-472-6344
www.thesweeneybrothers.com**

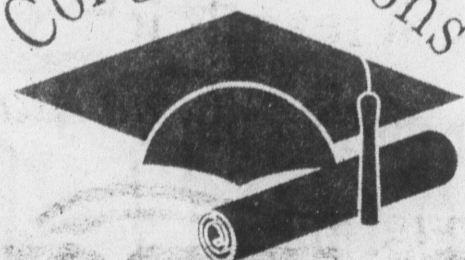
Congratulations!

CLASS OF 2020

Wishing you all the best!

**Quincy School Committee
Member
Kathryn Hubley & Family**

Congratulations



**Joe Shea
Norfolk County Commissioner**

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QHS Class Of 2020 Scholarship Recipients

Cont'd From Page 25

Scholarship.

Braedan Kopp: Quincy Retired Teachers Association Harry A. & Louisa P. Beede Memorial Scholarship, Quincy Rotary Club Scholarship, Glen Sherriff Memorial Scholarship, Officer Jamie Cochrane Memorial Scholarship.

Titus Kyei Mensah: Quincy High School Boys Soccer Scholarship.

Annabelle Le: Quincy Retired Teachers Association-Elaine Lyons Memorial Scholarship, Quincy Women's Club Trust Scholarship, Stuart Slicis-City Of Presidents Scholarship, Bob McGillicuddy Book Award.

Thomas Le: Mort Bernstein Good Sportsman-ship Award Scholarship, Peter Turowski Jr. Memorial Scholarship, Munroe D. Maclean Memorial Scholarship.

Zhao Yu Li: South West Middle School PTO Scholarship.

Toan Luong: Quincy Retired Teachers Association Jack F. Harrington Memorial Scholarship, Mario Casali Scholarship.

Erin Mackay: Ned V. Mannai Memorial Book Award, Quincy Medical Center Foundation Nursing Scholarship, South West Middle School PTO Scholarship.

Thomas MacPherson: Steven V. Barrett Memorial Hockey Scholarship, Quincy High School Boys Soccer Scholarship, Koch Club of Quincy Scholarship, Kevin Ryan Memorial Scholarship, Point Webster Middle School Book Award, Quincy High School Parent Advisory Council Book Award.

Aisling Mannion: Coastal Heritage Bank Business Scholarship, Beechwood Knoll School PTO Book Award, Quincy High School Parent Advisory Council Book Award.

Eric Manter: Quincy Sons of Italy Scholarship.

Skye Matranga: Quincy Education Association Madeline & William Nugent And James Riley Scholarship.

Erik Mayo: Mariano Family Scholarship In Memory Of Luigi '36 And Helena Papile Mariano '38, Ambrose C. Duggan Memorial Scholarship.

Paige Maze: South Shore Bank Citizenship Award, Point Webster Middle School Book Award, Clifford Marshall School Clifford H. Marshall Memorial Scholarship.

Tara McCleary: Ned V. Mannai Memorial Book Award.

Meghan McDonald: Albert Francis Gilmartin Memorial Scholarship, Quincy Education Association Allen Goldfarb & Munroe Maclean Scholarship, Quincy Rotary Club Scholarship, Steven V. Barrett Memorial Scholarship.

Jake McGahey: Quincy Rotary Club Scholarship, Ned V. Mannai Memorial Book Award, Quincy Lodge of Elks #943 Scholarship.

Thomas McGovern: Firefighter John T. Austin Memorial Fund.

Allison McMorow: Yacubian Family Scholarship, Peter Turowski Jr. Memorial Scholarship, Ned V. Mannai Memorial Scholarship, Quincy High School Parent Advisory Council Book Award.

Quincy High School Pride Scholarship.

Indranie Monteiro: Bob McGillicuddy Book Award.

Jessica Morabito: Quincy Retired Teachers Association Russell P. Eranio Memorial Scholarship.

Amanda Morris: Quincy Retired Teachers Association Warren and Elsie Findlay Memorial Scholarship, Quincy Women's Club Trust Scholarship and Quincy Choral Boosters Scholarship.

Joseph Murphy: Quincy High School Parent Advisory Council Book Award.

Maggie Murphy: Quincy Retired Teachers Association Dr. Carol Lee Griffin Memorial Scholarship, Reuben & Lizzie Grossman Award Scholarship, Quincy Rotary Club Scholarship, Nellie Mae Foundation Lawrence W. O'Toole Scholarship, South West Middle School PTO Scholarship.

Jessica Nguyen: Ned V. Mannai Memorial Book Award.

Katelyn Nguyen: Yacubian Family Scholarship, Ryan Trust Scholarship.

Sydney Nguyen: Ned V. Mannai Memorial Book Award.

Dylan O'Brien: Yacubian Family Scholarship, Quincy Education Association Maude Wheeler & Ella Wilcox-Williams Scholarship.

John O'Brien: The Four Friends Memorial Scholarship.

Michael O'Connor: Dennis Sullivan Memorial Scholarship.

Kwabena Ofori-Bari-ma: Quincy High School Boys Soccer Scholarship.

Aaron O'Toole: Quincy High School Boys Soccer Scholarship.

Zahra Ouannass: South West Middle School PTO Scholarship.

Mihir Patel: Ned V. Mannai Memorial Book Award, South West Middle School PTO Scholarship.

Nidhi Patel: Beatrice Priest Memorial Scholarship.

Tammy Pham: Quincy Education Association Esther Gizzarelli Scholarship.

Tiffany Pham: Quincy Retired Teachers Association Arthur E. Foster Jr Memorial Scholarship, Quincy Women's Club Trust Scholarship.

Dayna Phan: Ned V. Mannai Memorial Book Award, South West Middle School PTO Scholarship.

Drew Polsgrove: Ned V. Mannai Memorial Book Award.

Tedi Qafko: Quincy Retired Teachers Association Barbara Dewolfe Memorial Scholarship, Quincy Women's Club Trust Scholarship, South West Middle School PTO Scholarship.

Ryan Quirk: Ned V. Mannai Memorial Book Award.

Patrick Rak: Quincy Retired Teachers Association Althea Sawyer Memorial Scholarship, Joseph B. Halbert Memorial Scholarship, Albert Francis Gilmartin Memorial Scholarship, Reuben & Lizzie Grossman Award Scholarship, Quincy High School Boys Soccer Scholarship, Thomas M. Galvin Quincy History Award.

Adam Reinhardt: Paul

Melody Memorial Scholarship.

Krystyna Ryan: Clifford Marshall School Joy Hanlon Memorial Scholarship.

Michaelle Saint Cyr: Chik Ching Law Memorial Scholarship.

Jennifer Segale: Quincy Retired Teachers Association John W. Walsh Memorial Scholarship, John B. and Angelo H. Vergobbi Memorial Scholarship, Quincy Rotary Club Scholarship, Ned V. Mannai Memorial Scholarship, South West Middle School PTO Scholarship.

Ilda Serdani: Quincy Education Association Dr. Russell B. Street, Jr. Scholarship.

Alexandra Smith: Ned V. Mannai Memorial Book Award.

Sabrina Soto: Ned V. Mannai Memorial Scholarship, Houghs Neck Garden Club Scholarship.

Julianna Stagg: Quincy Education Association Dr. Paul Gossard & Janet C. Jenson Scholarship.

Jonathan Tan: Quincy Education Association Althea P. Sawyer Scholarship, Maude M. Howes Trust Scholarship.

Virginia To: Wollaston Women's Club Scholarship, Karen Marie Fruzzetti Memorial Scholarship.

Brenna Tobin: Bridgewater State University Book Award, Jack 'N' Jill Child-care Scholarship, Steven V. Barrett Memorial Scholarship, The Four Friends Memorial Scholarship, Quincy Lodge of Elks #943 Scholarship, Robert G. Noble, Sr. Scholarship.

Jacob Torres: Quincy High School Boys Soccer Scholarship.

Christian Toscanini: Quincy High School Boys Soccer Scholarship.

Adam Trac: Ned V. Mannai Memorial Book Award.

Juliana Tracey: John P. Bogan Memorial Scholarship, The Four Friends Memorial Scholarship, Kevin Ryan Memorial Scholarship, Robert G. Noble, Sr. Scholarship.

Brandon Tran: Lorraine Scholler Memorial Fund Scholarship.

Timothy Truong: Ned V. Mannai Memorial Book Award.

Ygan Jae Tumapang: Ned V. Mannai Memorial Book Award.

Emily Vu: Quincy Retired Teachers Association Mary Catherine Iannoni Memorial Scholarship, Quincy Women's Club Trust Scholarship, Bob McGillicuddy Book Award, Houghs Neck Garden Club Scholarship, South West Middle School PTO Scholarship.

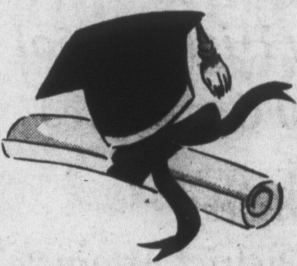
Kayla Vu: Quincy Retired Teachers Association Carl Deyeso Honorary Scholarship, Quincy Education Association Mary Morris Scholarship, South West Middle School PTO Scholarship, Lincoln Hancock Jane Papa Book Award.

Michelle Vu: Quincy Retired Teachers Association Arthur G. Gillis Memorial Scholarship, Robert Charles Billings Memorial Scholarship.

Alita Wanasilp: Ned V. Mannai Memorial Book

Cont'd On Page 29

Congratulations
2020
QHS &
NQHS
GRADUATES!

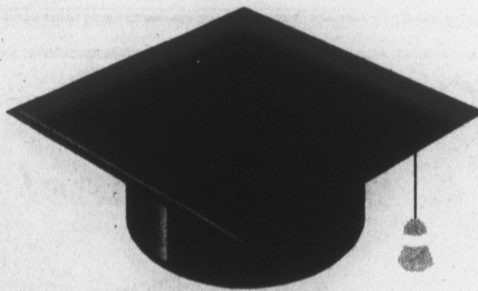


'Adversity does not
build character,
it reveals it.'

James Lane Alan

Doug
GUTRO
SCHOOL COMMITTEE

Congratulations
Class of 2020
Make Us Proud!!!



William "Bill" Harris
Councillor
Ward 6

Congratulations to
QHS & NQHS Graduates
Class of 2020
From
Councilor-At-Large
Noel DiBona & Family



Noel - QHS Class of 1993
Niamh - QHS Class of 1995
Future Graduates
Tyler - Class of 2031
Aidan - Class of 2033
Nora - Class of 2034

NQHS Class Of 2020 Scholarship Recipients

Cont'd From Page 26

ni Football Scholarship, NQHS Eileen Feeney Spirit & Pride Award, NQHS Football Booster Award, Reuben and Lizzie Grossman Foundation Award, Rotary Club of Quincy Scholarship, Yacubian Family Memorial Scholarship.

Jenny Li: Quincy Women's Club Scholarship.

Qian Wen Li: AFJROTC Scholarship, John and Abigail Adams Scholarship.

Yong Yu Li: John and Abigail Adams Scholarship.

Jaman W. Liang: John and Abigail Adams Scholarship, NQHS Football Booster Award.

Jing Wen Liang: John and Abigail Adams Scholarship.

Taylor Bella Liang: South Shore Bank Citizen-ship Award.

Angelo Las Librea: Billings Trust Scholarship.

Alice Lin: John and Abigail Adams Scholarship.

Linda Lin: Caitlin Moore Scholarship.

Michelle Lin: John and Abigail Adams Scholarship.

Samantha Lin: Carol L. Shiffer Memorial Scholarship, John and Abigail Adams Scholarship.

ShiQin Lin: John and Abigail Adams Scholarship.

Wei Cheng Lin: AFJROTC Scholarship, George G. Burke Foundation Scholarship, John and Abigail Adams Scholarship.

Wei Nuo Lin: AFJROTC Scholarship, John and Abigail Adams Scholarship, QEA: Althea P. Sawyer Scholarship.

Xinyi Lin: John and Abigail Adams Scholarship.

XinKai Lin: John and Abigail Adams Scholarship.

Zi Yan Lin: John and Abigail Adams Scholarship.

Jessica Liu: AFJROTC Scholarship, John and Abigail Adams Scholarship, QRTA: Harry A. & Louisa P. Beede Memorial Scholarship, Rotary Club of Quincy Scholarship.

Anasthasia Luong: John and Abigail Adams Scholarship.

Rory Catherine Mahoney: Beechwood Knoll School PTO Scholarship, Koch Club Scholarship, NQHS Girls Soccer Booster Award.

Qiwen Mai: John and Abigail Adams Scholarship.

Peyton Joseph McGaffigan: Hugh Simpson Memorial Scholarship, Quincy Lodge of Elks Scholarship, NQHS Boys Hockey Booster Book Award.

Elizabeth W. McGough: Central Middle School PTO Book Award, John and Abigail Adams Scholarship, NQHS Girls Soccer Booster Award, Rotary Club of Quincy Scholarship.

Matthew Joseph McGourty: John and Abigail Adams Scholarship, Rotary Club of Quincy Scholarship.

Michael Wei Mei: AFJROTC Scholarship, John and Abigail Adams Scholarship.

Wei K. Mei: John and Abigail Adams Scholarship.

Su Yee Mon: John and Abigail Adams Scholarship.

Kathryn Mary Moriarty: Beatrice Priest Scholarship.

Delaney Eve Murphy: QEA: Cassandra Thayer Scholarship.

Olivia Ortiz Murray: Billings Trust Scholarship, NQHS Girls Soccer Booster Award, QEA: Frank and Janet Goudey & Eileen Rugg Scholarship.

Hannah Elisabeth Myers: Quincy Medical Center Foundation-Nursing Scholarship.

Melissa Catherine Myers: John and Abigail Adams Scholarship.

Brandon Nguyen: John and Abigail Adams Scholarship.

Christina Ngoc Nguyen: QEA: Sawyer Family Scholarship.

Edwin Nguyen: Quincy Women's Club Scholarship.

Kenny Q. Nguyen: Ambrose C. Duggan Scholarship.

Shane O'Connell: NQHS Football Booster Award.

Denise Grace O'Donovan: Beechwood Knoll School PTO Scholarship, Officer Jamie Cochrane Memorial Road Race Scholarship.

Emily Elizabeth O'Malley: John and Abigail Adams Scholarship.

Emily Y. O'Regan: John and Abigail Adams Scholarship.

Pablo Sebastian Ochoa Gonzalez: John and Abigail Adams Scholarship.

Michael Anthony Palmer: NQHS PAC Spirit Award.

Olivia Lee Peluso: John and Abigail Adams Scholarship.

Helen Pham: John and

Abigail Adams Scholarship.

Karen Phung: John and Abigail Adams Scholarship.

Sarah Claire Pillone: George F. Bryan VFW Post 613 Scholarship, John and Abigail Adams Scholarship, NQHS Girls Soccer Booster Award, QRTA: John W. Walsh Scholarship.

Amanda Rose Condon Powers: Matthew D. Hurley - Memorial Scholarship.

Jack Christopher Pritchard: Eric K. Torvi Scholarship.

Alexa Kelly Radzik: Minton Family Scholarship, NQHS Alumni Football-Scholar-Athlete Scholarship, NQHS Girls Soccer Booster Award, Quincy Lodge of Elks Scholarship, Rotary Club of Quincy Scholarship.

Xian Hao Ren: John and Abigail Adams Scholarship, Parker Elementary School PTO Scholarship.

Marisa Anne Riley: John and Abigail Adams Scholarship, NQHS Girls Soccer Booster Award.

Sarah Elizabeth Rixham: John and Abigail Adams Scholarship.

Courtney Hegarty Ross: Phillip and Kathryn Segalla Scholarship, Quincy Lodge of Elks Scholarship.

Katherine Marisa Scanlan: NQHS PAC Spirit Award.

Matthew Francis Scanlan: NQHS Football Booster Award, Sandra Rougvié Memorial Scholarship.

Joanna Setow: Costa Family - Piero Peradotto Scholarship, John and Abigail Adams Scholarship, Quincy City Democratic

Committee's-Archie Wahlberg Scholarship for Public Service, Reuben and Lizzie Grossman Foundation Award, The Wang Family Scholarship, Wollaston Women's Club 1915 Home Scholarship.

John Shi: Gerald Lyons Memorial Scholarship, John and Abigail Adams Scholarship.

Sydney Marie Taylor: NQHS PAC Spirit Award.

Isabella Anabella Thong: John and Abigail Adams Scholarship.

Alisha Thai Tran: AFJROTC Scholarship, John and Abigail Adams Scholarship, QRTA: Harry A. & Louisa P. Beede-Memorial Scholarship.

Jessica Nguyen Tran: George G. Burke Foundation Scholarship, John and Abigail Adams Scholarship.

Twuyen Tran: John and Abigail Adams Scholarship, Quincy Women's Club Scholarship.

Nyri Malik Tyler: John and Abigail Adams Scholarship.

Charles Lue Undag: John and Abigail Adams Scholarship.

Shaylen Rose Vangestel: John and Abigail Adams Scholarship.

Sokha Andrea Walsh: Maude M. Howes Memorial Scholarship, QEA: Anna Loya and Ivar O. Nelson Scholarship.

Xinyao Wang: John and Abigail Adams Scholarship.

Caitlyn Elizabeth Whooley: NQHS Girls Soccer Booster Award.

Sophie Ann Wilson: John and Abigail Adams

Scholarship.

Vivian Mary Wilson: Carol L. Shiffer Memorial Scholarship, John and Abigail Adams Scholarship.

Amanda M. Wong: AFJROTC Scholarship, John and Abigail Adams Scholarship, Quincy Women's Club Scholarship.

Wen Bin Wu: AFJROTC Scholarship, John and Abigail Adams Scholarship, Rotary Club of Quincy Scholarship.

Jim Will Xi: AFJROTC Scholarship, John and Abigail Adams Scholarship.

Feng Xu: John and Abigail Adams Scholarship.

Kathy K.H. Xu: John and Abigail Adams Scholarship.

Annie Xinying Yang: Linda P. Beck Scholarship, John and Abigail Adams Scholarship.

Zhi Hui Yu: NQHS ELL Scholarship.

Jenny Zeng: John and Abigail Adams Scholarship, QRTA: John W. Walsh Scholarship, In memory of Mary Catherine Ianoni.

Shuyang Zeng: John and Abigail Adams Scholarship.

Henry Zhang: John and Abigail Adams Scholarship.

Jackson Zhao: John and Abigail Adams Scholarship, Joseph Halbert Scholarship, NQHS Football Alumni Scholarship, NQHS Football Booster Award.

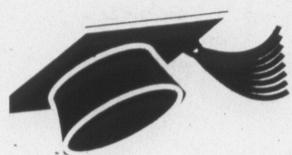
XiaoCong Zhen: John and Abigail Adams Scholarship.

Britney Zheng: Wilma Shields Memorial Science Scholarship.

Elva Zheng: John and

Cont'd On Page 29

Congratulations



to the
**CLASS
OF
2020**

City Clerk
Nicole Crispo & Family

Congratulations Class of 2020



**FRANK SANTORO
School Committee**

Congratulations to the Quincy and North Quincy High School Class of 2020 Graduates

Best Wishes,
**Norfolk County District Attorney
Michael W. Morrissey (NQHS '72)
Joanne Ross Morrissey (QHS '73)**

Congratulations to the Class of 2020

Wishing you every success
in your future endeavors.

**Don Uvanitte
Eastern Insurance Group
382 Quincy Ave, Quincy**

Congratulations & Best Wishes!



**Tackey Chan
State Representative
2nd Norfolk District**

2020 Graduates, all.....

TODAY IS YOUR DAY..
(as Dr. Suess would say)

"You're off to Great Places!
So...GET ON YOUR WAY!"

CONGRATULATIONS!

**Stamos & Stamos Realtors
747 East Squantum St. • 617-328-9400**

J
U
N

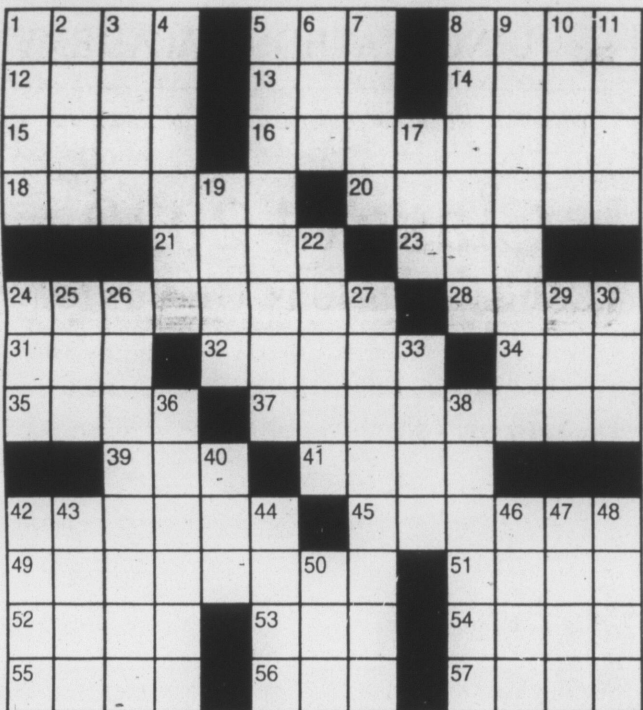
1
1

2
0
2
0

SUN FUN PAGES

King Crossword

- ACROSS**
- 1 Impale
 - 5 Father
 - 8 Waller or Domino
 - 12 Operatic solo
 - 13 Playwright Levin
 - 14 "Step —!" ("Hurry!")
 - 15 Kindly bloke
 - 16 Make a mock-up of
 - 18 I before E except —
 - 20 Draw forth
 - 21 Doesn't feel good
 - 23 Overly
 - 24 Kiss
 - 28 Winter forecast
 - 31 Debt notice
 - 32 Detroit team
 - 34 Payable
 - 35 Calm before the storm
 - 37 Vary a tone
 - 39 Winning
- DOWN**
- 1 Long story
 - 2 Not kosher
 - 3 "It — Necessarily So"
 - 4 Flat-bottomed boat
 - 5 Deny
 - 6 "Exodus" hero
 - 7 Knighted woman
 - 8 Page numbers
 - 9 Big snake
 - 10 South American monkey
 - 11 Undo a dele
 - 17 Last (Abbr.)
 - 19 Small stream
 - 22 Remained upright
 - 24 Lubricant
 - 25 Old French coin
 - 26 Guilty
 - 27 Germ layer
 - 29 Result of three strikes
 - 30 Tiny
 - 33 Wrestling style
 - 36 Noisy swarmer
 - 38 Nikita's successor
 - 40 — Aviv
 - 42 Branch
 - 43 Wan
 - 44 Morse morsel
 - 46 Retro art style
 - 47 Lecherous look
 - 48 Vortex
 - 50 Dead heat



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MAGIC MAZE • WORDS NAMED FOR PEOPLE

S W T Q N K Z I F C Z W U R P
M J H E C Z T X U S S Q N S L
J G E G E R R Y M A N D E R B
I C Z X V T E A N R R P N E O
L Z J M H E H D I E U C E M Y
A Y Z W S V W T L R B R R O C
P N L U K I I L E S E I D O O
G E C B C Z I L X P D T W L T
U S R H P A U G M O I L S B T
M L J I R O J A O H S O G I A
E D B B J A Y X W Y O V U T W

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

Ampere	Gerrymander	Ohm	Watt
Bloomers	Hertz	Sandwich	Wisteria
Braille	Jacuzzi	Sideburns	Yogi-ism
Diesel	Joule	Volt	

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Earring is missing. 2. Man's expression is different. 3. Tree is gone. 4. Shadow is cast on bush. 5. Blade handles are different. 6. Leaves are different.

Trivia test

by Fifi Rodriguez

- GEOGRAPHY:** Denali is the highest mountain on which continent?
- GAMES:** What color of property is Connecticut Avenue in the board game Monopoly?
- GENERAL KNOWLEDGE:** Gracie Mansion is the official residence of which elected official?
- MOVIES:** Which 1980s movie tagline was "the first casualty of war is innocence"?
- MATH:** What is the only number that is twice the sum of its digits?
- ANIMAL KINGDOM:** What is a dolphin baby called?
- ASTRONOMY:** Which

planet in our solar system spins the fastest on its axis?

- LANGUAGE:** What is a bugaboo?
- TELEVISION:** What was the family's last name on "The Cosby Show"?
- FOOD & DRINK:** What kind of flower produces vanilla pods?

- Answers**
- North America
 - Light blue
 - New York City mayor
 - "Platoon"
 - 18
 - Calf
 - Jupiter
 - An imaginary object of fear
 - Huxtable
 - Orchid

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Wishing Well®

4 7 6 7 4 6 5 4 7 5 7 4 3
R W B I E E C A S A D C Y
7 3 4 8 2 3 5 4 2 5 4 6 2
O O H L B U U O U T U G S
7 2 6 4 5 6 7 8 5 3 6 7 4
M Y I T I N I A O A N S T
8 4 6 7 3 7 5 2 4 6 5 6 7
S O E G R A N D O W A P I
6 4 8 3 7 6 8 3 5 7 2 5 7
R T T E N O I C D E A V D
3 4 8 3 4 6 3 8 6 4 3 5 2
O H N N E J T G E R E I Y
5 6 4 3 8 6 3 8 2 5 8 5 8
S C S N L T T O S E V D E

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) Choosing to work with someone you once thought might have been disloyal is a courageous move. The logical next step is to talk things out so there'll be no reason for raising suspicions again.

TAURUS (April 20 to May 20) Take your time making a decision about a personal or work-related relationship. New facts are still coming in, and you'll want to know the full story before you take a definitive step.

GEMINI (May 21 to June 20) Expect to learn something new about an old problem. This could provide some insight into how the problem began, and why it still defies efforts to find a resolution. Good luck.

CANCER (June 21 to July 22) An uneasy work-related relationship can be eased with compromises by both sides. The parties might consider putting the agreed-upon changes in writing in case of a future misunderstanding.

LEO (July 23 to August 22) Oh, you lucky Felines: Your romantic aspects are in absolutely purrfect form. Don't be surprised at how especially attentive the ladies and gentlemen in your life are going to be this week.

VIRGO (August 23 to September 22) Looking to prove yourself in a difficult situation is laudable. But try paying more attention to advice from experienced contacts. It could help you avoid time-wasting missteps.

LIBRA (September 23 to October 22) A business decision seems easy enough to make based on what you

know. But this week could bring new facts to light, and you might have to do some heavy rethinking.

SCORPIO (October 23 to November 21) Feeling sure about the steps you expect to take is great. But you may need to share a few dollops of that confidence with those who have some doubts about your plans.

SAGITTARIUS (November 22 to December 21) A sense of well-being dominates much of the week. A slightly depressed mood could set in on the weekend. But seeing family and friends helps shoot it away.

CAPRICORN (December 22 to January 19) You appear to be walking your life's path like the sure-footed Goat you are. But someone might feel you could do better. Listen to the advice, but make up your own mind.

AQUARIUS (January 20 to February 18) With positive signs growing stronger, Aquarians could find themselves facing choices that are each too good to turn down. Best advice: Go for the one you feel most comfortable with.

PISCES (February 19 to March 20) Someone you know might need your comfort and wisdom during a particularly difficult period. Your encouraging words help restore self-confidence and rebuild strength.

BORN THIS WEEK: Your kindness to all who need you is always appreciated and sets a fine example for others to follow.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

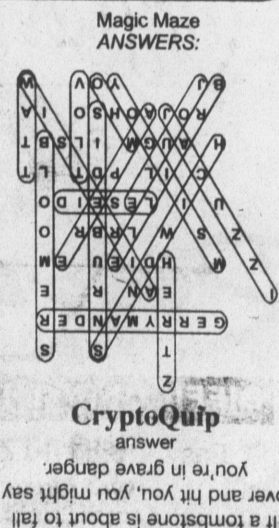
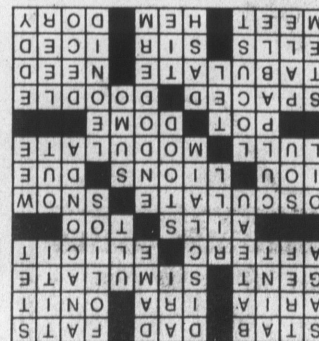
Clue: V equals N

W T U J R D M I J R V Q W I U M R O J J R T U A A
R S Q C U V K P W J H R O , H R O D W F P J I U H
H R O ' C Q W V F C U S Q K U V F Q C .

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King Crossword

Solution time: 21 mins.



CryptoQuip

answer
You're in grave danger.
If a tombstone is about to fall
over and hit you, you might say

J
U
N

1
1

2
0
2
0

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- When Disney paid \$75 million for the filmed version of the Broadway smash "Hamilton" (before the original cast left), they said they planned to release it Oct. 15, 2021, LOL! Guess what? Now they've announced it would be so much better for everyone -- especially their new streaming service, Disney+ -- to launch it this July 3, in time for the Independence Day holiday. The Disney+ original launch netted 54 million subscribers at \$6.99 a month. If "Hamilton" has the impact it had on Broadway, this should be colossal. They're now thinking of a full-scale screen version of "Hamilton" to replace its original release date.

Robert Pattinson has thrown Warner Brothers a curve they weren't expecting. Pattinson, 34, decided he doesn't want to bulk up physically to play "Batman" in the upcoming reboot of the 11th film in the franchise. It'll co-star Jeffrey Wright as Commissioner Gordon, Zoe Kravitz as Catwoman, Paul Dano as The Riddler, plus John Turturro, Peter Sarsgaard and Colin Farrell. They've got until October 2021 to change the new Batman's mind or create something to fill out his muscles. Ironically, Pattinson has filmed the \$205 million thriller "Tenet" for "The Dark Knight Returns" director Christopher Nolan (who produced, directed and wrote "Tenet"). It co-stars Michael Caine (the former Batman butler Alfred), hopefully for a July 17 release. Pattinson plays a secret agent trying to pre-

vent World War III. He also has the Netflix thriller "The Devil All the Time," with Marvel stars Tom Holland (Spider-Man) and Sebastian Stan (Bucky Barnes).

What could be more boring than a film about mob boss Al Capone during the final year of his life (after 11 years in prison for tax evasion), when he was suffering from dementia, incontinence and neurosyphilis, exiled to his Florida mansion? The Feds were hoping he'd lead them to a \$10 million fortune he allegedly hid somewhere. But Capone died at 47, and like Geraldo Rivera's network special "Al Capone's Vault," nothing was ever found. "Capone," a \$20.6 million film, which co-stars Tom Hardy, Matt Dillon and Kyle MacLachlan, was completed in May 2018, panned by the critics and went straight to DVD video hell.

When producers were casting "An Unquiet Life," about the marriage of actress Patricia Neal (Oscar winner for "Hud") and writer Roald Dahl (who wrote "Charlie and the Chocolate Factory" and "James and the Giant Peach," among others), they found Keeley Hawes to play Neal and "Downton Abbey's" Hugh Bonneville to play Dahl. But they needed a hunk to play her co-star Paul Newman in "Hud" (1963) and landed on uber-hunk and "Outlander" star Sam Heughan. With his good looks, acting prowess and charm, he'll be an "Outlandish" Paul Newman.

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GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★
★ Moderate ★★ Difficult
★★★ GO FIGURE!

	-		x		27
÷		x		÷	
	+		x		27
x		-		x	
	x		+		24
14		23		18	
1	2	3	4	5	6

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KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Folk Art -- Folk art, by definition, is a homemade or handmade piece by an untrained artist. It can be as large as a huge sculpture of found pieces of metal or as small as a peach pit carved and made into a pendant. A realistic duck decoy, a quilt with original designs or a carved wooden bust of a president can also be folk art.

Women often made needlework pieces to use that are collected today as vintage folk art. A 33- by 55-inch crocheted flag was sold at a Garth's auction in Ohio recently. It was made of crepe paper and signed by Meta Schmitt of Omaha about 1936. The 48-star flag was probably made to display at a patriotic gathering, like a Fourth of July or a "Welcome Home Soldier" party. After the event, she must have carefully stored it in a dry, dark place away from newspaper ink or loose colored crepe paper that might bleed. With the flag was a 90-inch-long pole painted silver to look like a metal pole. It must have been stored with the flag.

Collectors learn the hard way that parts of a set or a combination of parts often get misplaced when moved around in storage areas. Boxes or wrapping must be marked or labeled on the outside. If there is a special history or story, such as who made it and when it was used, write it down and put it in the box or tape it to the wrapping. Family photos of the party with the flag also will add to a selling price. Meta's paper flag sold for \$344. She probably would have been pleasantly surprised.

Q: My felt Batman pennant is marked "National Peri-

odical Publications Inc." from 1966. It pictures Batman and Robin swinging into action and is in good condition. I'm wondering how much it is worth.

A: Batman and Robin are characters created by Bob Kane. Batman first appeared as "Bat-Man" in a 1939 issue of "Detective Comics." The first Batman comic book was published in 1940. National Periodical Publications published several "Batman" comic books beginning in 1966, and the characters also became part of a television series that year. The pennants sell for about \$50 if in excellent condition.

CURRENT PRICES

Buffalo Pottery Chamberstick, white flowers, green leaves, turquoise band, Emerald Deldare, 6 3/4 inches, \$625.
Cigar store figure, holding cigars, headdress, green tunic, yellow leggings, 23 x 5 3/4 inches, \$1,320.
Console table, Dunbar, midcentury modern, 3 file drawers, 2 doors, shelves, 29 x 136 1/2 inches, \$1,970.
Steamer trunk, monogram canvas, leather & wood bound, fitted interior, four compartments, lock, Louis Vuitton, 22 x 43 1/2 inches, \$7,380.

TIP: Display groups of at least three of your collectibles to get decorating impact.

For more collecting news, tips and resources, visit www.Kovels.com

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Strange BUT TRUE

* In the 1st century AD, Roman men as well as women used cosmetics -- lightening their skin with powder, applying red pigment to their cheeks, and painting their nails, though you'd hardly want to use their form of nail polish today -- a nasty mixture of pig fat and blood. They also painted their heads to camouflage bald spots!

* Princess Leia's "Star Wars" hairdo, which she referred to as "hairy earphones" and a "hair don't," was inspired not by bagels but women of the Mexican Revolution.

* Pound cake got its name from its original ingredients: a pound of butter, a pound of eggs, a pound of flour and a pound of sugar.

* Beat author William S. Burroughs' novel "Naked Lunch" was supposed to be called "Naked Lust." He decided to change the title after fellow Beat writer Jack Kerouac mispronounced the original one.

* In 2009, 59-year-old Italian neurosurgeon Claudio Vitalae had a heart attack in

the middle of performing a brain surgery. He powered through it when he realized his patient would never recover if he stopped, despite the urging of his staff and his chest pains worsening. Half an hour after finishing the surgery, Mr. Vitale had an angioplasty, later telling the press, "I'm not a hero, I only did my duty."

* The first documented use of toilet paper dates to 6th century A.D. China.

* No U.S. president has ever died in the month of May.

* Alcatraz was the only prison to offer its inmates hot showers, but don't make the mistake of thinking that had anything to do with showing kindness to the prisoners. Rather, the assumption was that if they were used to hot shower water, they'd be unable to cope with the frigid waters of the San Francisco Bay and deterred from an escape attempt.

Thought for the Day: "I cannot teach anybody anything. I can only make them think." -- Socrates

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Now here's a tip!

by Jo Ann Derson

* Window frames can be tricky to clean. And they are a magnet for dust and dirt, or worse -- condensation that can lead to mold. To get into the crevices, employ a toothbrush sprayed with a tiny spritz of furniture polish. It works!

* "Firing up the grill? Don't get hasty. Preheat. Cooking times are based on an even cooking temperature, and you'll get that good sear on your steaks or chicken. Use a grill thermometer and you'll know when just the right time is to put dinner on the grill!" -- T.E. in South Carolina

* Ever wonder how long your peanut butter will last? On the pantry shelf, you can expect it to hold for 7-12 months if stored in a cool dark place. After opening, it will last 3-4 months in the fridge.

* Smudged mascara? Re-

move it on the fly with a little bit of lip balm. Simply run your finger over the lip balm, then carefully remove the smudge. You also can put a bit of the lip balm on a tissue and use that instead.

* "I dropped a glass in the kitchen, and there were a ton of small pieces. After I swept up, I wiped the area with a piece of bread, which picked up all the small shards." -- W.C. in Kentucky

* Stick-down carpet tiles are great for making a path from where you park your car in the garage to the door. It makes a nice nonslip surface." -- R.T. in Florida

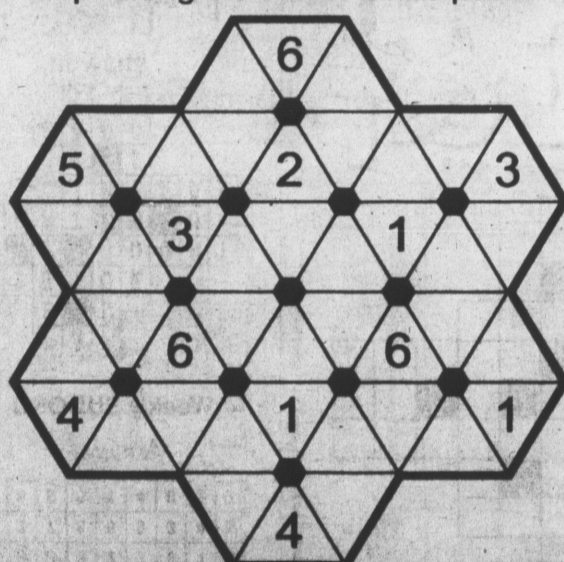
Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆◆◆◆◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS

by Terry Stickels

Below are four squeezer puzzles. Can you find the correct word to be placed in the middle of each to create two new words, one front-end, one back-end? Here's an example of how it works:

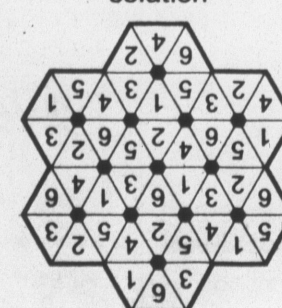
ever GREEN horn

pass _____ mark
soap _____ washed
kin _____ tale
woman _____ wink

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SNOWFLAKES

solution



Go Figure!

answers

18	23	14			
24	6	+	6	x	2
	x		-		x
	x		8	+	1
	÷		x		÷
27	9	x	4	-	7

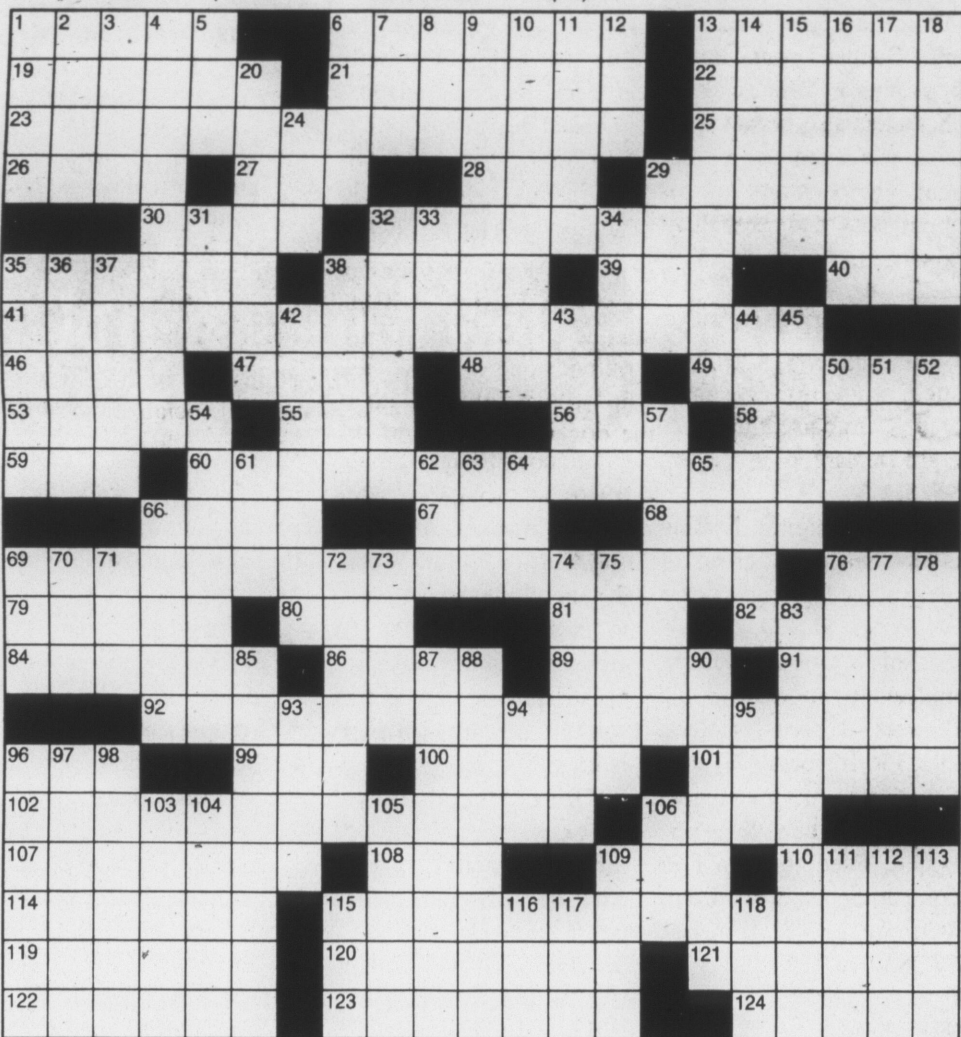
Stickelers Answer

woman HOOD wink
kin FOLK tale
soap STONE washed
pass BOOK mark

Super Crossword

"HOW ABOUT HATI?"

- ACROSS**
- 1 Big appliance brand
 - 6 Bursting, as a balloon
 - 13 Houdini feat
 - 19 Only
 - 21 New York senator Chuck
 - 22 Sudden floods
 - 23 Device used in saltwater aquariums
 - 25 Spanish conquistador
 - 26 Filter slowly
 - 27 Cagney or Lacey: Abbr.
 - 28 Seed case
 - 29 Tennis
 - 30 Took a 46-Across, e.g.
 - 32 "For Me and My Gal" director
 - 35 Marine ink squirts
 - 38 Welsh dog
 - 39 Tic-tac-toe row
 - 40 Some Web site banners
 - 41 Person paid for getting strikes
 - 46 Airport idler
 - 47 Apian abode
 - 48 Try to get
 - 49 Online party summonses
 - 53 Madonna musical
 - 55 The Once- (The Lorax character)
 - 56 Gradually slowing, in music: Abbr.
 - 58 Legislate
 - 59 Cozy room
 - 60 Florida school near Daytona Beach
 - 66 Dimple
 - 67 Like Capp's Abner
 - 68 Parable, e.g.
 - 69 1977 pact signed by Carter and Torrijos
 - 76 Son of George Bush
 - 79 Painstaking, for short
 - 80 Academic e-mail suffix
 - 81 Tirana's nation: Abbr.
 - 82 Brain holder
 - 84 Hedy of film
 - 86 Just — on the map
 - 89 Diminutive suffix for "part"
 - 91 Mrs. Victor Laszlo, in film
 - 92 Collectible Happy Meal miniatures
 - 96 Nine-digit ID issuer
 - 99 Vienna's land: Abbr.
 - 100 Made a boat move
 - 101 Most twisted, as humor
 - 102 Annual May race
 - 106 Stimulate
 - 107 Artist Renoir
 - 108 Gold, in Italy
 - 109 With 50-Down, rum cocktail
 - 110 Hits with high voltage
 - 114 Small cavern
 - 115 Exceeds limits (or what each of this puzzle's theme items does?)
 - 119 Word before snake or belt
 - 120 Like the jack of hearts
 - 121 In a creepy way
 - 122 Wood dyes
 - 123 Sheets and pillowcases sold as units
 - 124 Rob of "90210"
- DOWN**
- 1 Some snakes
 - 2 Further
 - 3 Healing plant
 - 4 Bottom line
 - 5 Bristol brew
 - 6 Furtive
 - 7 Suffix with bull or hill
 - 8 Frat letter
 - 9 Fills up the tank, maybe
 - 10 Not budging
 - 11 In poverty
 - 12 Fido's threat
 - 13 Endive type
 - 14 Hybrid utensil
 - 15 A la —
 - 16 Hun name
 - 17 Flattened by hammering
 - 18 Thoreau writings
 - 20 Like "kvetch" or "schmear"
 - 24 Once called
 - 29 Fluffy's cry
 - 31 Not closed, in verse
 - 32 Many miffed fans, vocally
 - 33 Catering hall vessel
 - 34 "Oh, God! —" (1980 film sequel)
 - 35 Made a pick
 - 36 Want badly
 - 37 Venom, e.g.
 - 38 Spotted, musky cat
 - 42 Hush
 - 43 Swiss capital
 - 44 Brothers Phil and Don of pop/rock
 - 45 Wash cycle
 - 50 See 109-Across
 - 51 Outer: Prefix
 - 52 Hogs' place
 - 54 Actor Shawn of "X-Men" films
 - 57 Stand for an idiot box
 - 61 Hollywood's Carrere
 - 62 Ending for pay or Motor
 - 63 Not any
 - 64 Last: Abbr.
 - 65 Have brunch
 - 66 Gem weight
 - 69 Jim Bakker's old ministry, familiarly
 - 70 Finder's cry
 - 71 — de plume
 - 72 Fresh as —
 - 73 Naked
 - 74 Early blues singer Ma —
 - 75 Spanish national hero
 - 76 Singer Andrews
 - 77 "That's someone — problem!"
 - 78 Explosion
 - 83 Unwelcome advice givers
 - 85 Atomic piles
 - 87 Certain wind insert
 - 88 Flowers named for their scent
 - 90 "Charlotte's Web" author
 - 93 H-bomb, e.g.
 - 94 Wall St. manipulator
 - 95 Add up to
 - 96 Singer Ricky
 - 97 Painter Georges
 - 98 Mohair goat
 - 103 — -frutti
 - 104 St. Paul-to-Fargo hwy.
 - 105 Lorna — cookies
 - 106 Huge battle
 - 109 What docs prescribe
 - 111 Quarreling
 - 112 Magnet end
 - 113 1974 CIA spoof movie
 - 115 Hunk
 - 116 "— of little faith!"
 - 117 Critter doc
 - 118 "— haw!"



celebrity extra

by Dana Jackson

Q: Can you tell me about the adorable German shepherd dog on the TV show "SEAL Team"? Was he a stray, or was he bred to be a police dog in real life? -- A.K.

A: "Dita the Hair Missile" is the name of the dog who plays "Cerberus," the heroic canine on the hit CBS action drama "SEAL Team." She's actually a Belgian Malinois, a breed that resembles German shepherds, and her trainer/handler is Justin Melnick, who plays SEAL Brock on the show.

According to TVInsider.com, Dita "follows the visual cue of a laser to hit her mark and uses drug-sniffing techniques to find 'explosives' (marked by a synthetic narcotic on a cotton ball)." Melnick adds, "No matter how scary, if there's explosions or gunfire, she knows I'm with her."

The final two episodes of season three were not able to be filmed due to the pandemic, but "SEAL Team" has been renewed for a fourth season. You can expect to see Dita and the show's human star, David Boreanaz (Jason Hayes), on your screens sometime this

fall.

Q: My husband and I watch a lot of "Judge" shows weekdays on TV. Why does Judge Judy wear a white lace collar with her robe? I like the look, reminds me of Ruth Bader Ginsburg. --- J.K.

A: "Judge Judy" premiered in 1996 and has been an unparalleled success in its genre. There are other TV judges (now including Jerry Springer as "Judge Jerry"), but no one seems to match Judy Sheindlin in terms of her wit and no-nonsense approach.

In 2015, Sheindlin told "Entertainment Tonight" that she started wearing the lace collar because "it's disarming." She explained: "People walk into a courtroom and think 'Look at that sweet, lovely judge that I was lucky to get. She wears a lace collar; how bad could she be?'"

Judge Judy, now 77, will be hanging up her robes for good next year.

Q: I read your column every week in my local Florida newspaper. How do I go about writing to the BBC to tell them how great I think a particular series is, etc.? Would you happen to have an address, either "snail mail" or email? -- J.C.

A: The best place to learn all about what the BBC (Brit-



"Judge Judy" Sheindlin
Photo credit: Ron Jaffe/CBS

ish Broadcasting Corporation) has to offer in terms of programming here in America is through its main webpage www.bbcamerica.com. It states: "If you live in the U.S. and subscribe to a cable or satellite provider, you probably already have BBC America. It's a combination of original American scripted series and the best in British entertainment ... drama, sci-fi, natural history ... and movies."

I think it's important to give feedback directly to television networks, whether positive or negative, because how else are they going to learn what viewers want? You can fill out an online form with your comments at www.bbcamerica.com/contact-us.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

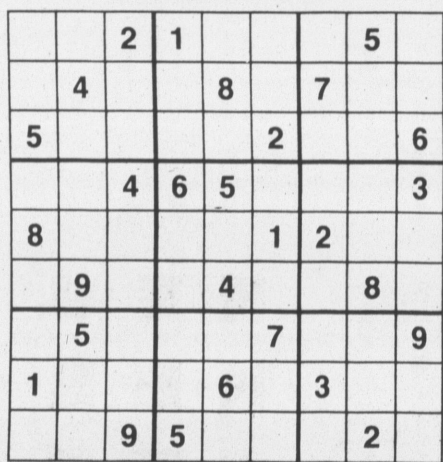
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|------------------------|---------------|---------------|---------------|
| 1. Figaro's occupation | _____ B _____ | Negotiate | _____ T _____ |
| 2. Subsequent | _____ F _____ | Fall bloom | _____ S _____ |
| 3. Royal son | _____ I _____ | Cavort | _____ A _____ |
| 4. King Solomon's dad | _____ D _____ | Actress Bette | _____ S _____ |
| 5. Put into words | _____ Y _____ | U-shaped | _____ X _____ |
| 6. Of high birth | R _____ | Faithful | L _____ |
| 7. Identical siblings | _____ S _____ | Strong string | _____ E _____ |
| 8. Awesome sight | _____ V _____ | Mime Marceau | _____ C _____ |
| 9. Peter Pan's friend | E _____ | Breezy | _____ I _____ |
| 10. Quiver inside | I _____ | Hair snarl | _____ A _____ |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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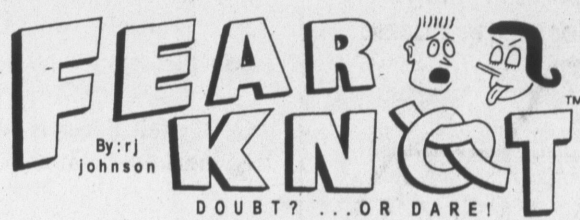
Super Crossword

Answers

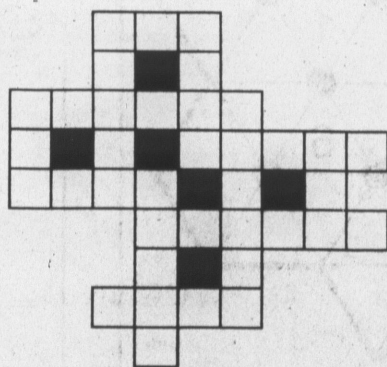


Even Exchange answers

- | | |
|-------------------|--------------------|
| 1. Barber, Barter | 5. Convey, Convex |
| 2. After, Aster | 4. David, Davis |
| 3. Prince, Prance | 9. Wendy, Windy |
| 7. Twins, Twine | 8. Marvel, Marcell |
| 6. Royal, Loyal | 10. Tingle, Tangle |



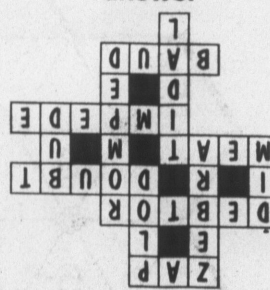
- ♥ DMI
DREMPO
ODTUB
♥ DUBA
BREDOT
PZA
♥ ATEM
DILTA
♥ UBD
MEDPIE
♥ AZBER
LDPO



Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥ RATHER becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.



answer



Weekly SUDOKU

Answer



J
U
N

1
1

2
0
2
0

OBITUARIES

Vincent A. Cristiani, Ed.D., 88

Vincent A. Cristiani, Ed.D., age 88, of Quincy, died peacefully May 27 at Massachusetts General Hospital in Boston.

Dr. Cristiani was born in Boston, to the late Michael and Angelina (Catino) Cristiani. Raised and educated in Boston, he was a graduate of Boston Technical High School, Class of 1949, and Boston Teachers College, Class of 1953. He procured his Doctorate at Boston University in 1960. He had lived in Quincy for over sixty years.

Dr. Cristiani served in the U.S. Army during the Korean conflict.

Dr. Cristiani began his distinguished career in education as a teacher in the Boston Public Schools. He served as a visiting Professor at the University of New Hampshire, as the Director of the Registrar's Office for Graduate and Undergraduate students at Boston University's School of Education, as Professor of Psychology and Educational Psychology at Boston State College, and as Professor of Counseling Psychology at the University of Massachusetts at Boston (UMB) where he founded the School Psychology Program in 1982.

Under Dr. Cristiani's leadership, the UMB School Psychology Program was one of the first in the nation to attain approval by the National Association of School Psychol-



VINCENT A. CRISTIANI

ogists. At UMB, he served as the Graduate Program Director of the School Psychology Program, Associate Director/Dean of the Institute for Learning and Teaching (ILT) and College of Education, and as the ILT Administrative Coordinator of the Undergraduate and Graduate ILT Programs of Elementary Education, Secondary Education, Counselor Training, Special Education, Educational Administration, School Psychology, and Instructional Design.

Dr. Cristiani was the first recipient of the Lifetime Achievement Award by the Massachusetts School Psychology Association. In 1996, Dr. Cristiani was bestowed the honor of Professor Emeritus. Throughout Dr. Cristiani's career, he always worked directly with students and the community.

His devotion to the Secular Franciscan Order (Perfect), the St. John of God

Hospital Fraternity, Franciscan Children's and Rehabilitation Hospital (Kennedy Memorial Hospital), the Knights of Columbus where he served as Grand Knight, Deputy Grand Knight, and was a member of the Fourth Degree, the Quincy Interfaith and Sheltering Coalition, the Dante Alighieri Society, and the Disabled American Veterans, underscored Dr. Cristiani's faith and life of service.

Dr. Cristiani's legacy lives on through his wife, children, grandchildren, and his many students.

Beloved husband for fifty-seven years of Jean T. (DiStasio) Cristiani. Devoted father of Angela Cristiani, Dr. Vincent A. Cristiani, Jr., and John Cristiani, Quincy Fire Department and his wife Tracy, all of Quincy. Loving grandfather of Vincent III, Sophia, Lana, Amanda, and Johnny.

The last of his siblings, Dr. Cristiani was predeceased by Joseph A. Cristiani, Sr. and his late wife Marjory, Nicholas M. Cristiani, Sr. and his late wife Loretta, Frank M. Cristiani and his late wife Virginia, and Sarah Cristiani. He is also survived by many loving nieces and nephews.

A Funeral Mass was celebrated in Saint John the Baptist Church, Quincy, for family. Entombment, with military honors, took place privately at Saint Michael's Cemetery, Roslindale.

Memorial donations may be made to the Daughters of Mary of Nazareth, P.O. Box 690789, Quincy, MA 02269.

The Cristiani family is forever grateful to Dr. William T. Lester at the Massachusetts General Hospital.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave, Quincy.

Louise M. Reilly, 58

Louise Martha Reilly, 58, died peacefully in her Quincy home surrounded by family, friends and her beloved cat Devlin, having succumbed to metastatic breast cancer, on March 21.

She was the daughter of Laura (Kaminski) Reilly, predeceased, and John Reilly currently of Yarmouthport. She is also survived by her step-mother Ruth Finkelstein, her sister Philomena Barboza (Brian Barboza), her nieces Alexa, Meagan Breana and nephew Brenden of Rhode Island.

Ms. Reilly was proudly born in New 'Yawk' City, grew up in Jackson Heights, Queens and spent summers on Cape Cod. As a child, she loved to dance in all its forms ballet, tap jazz and improv. Ms. Reilly took local classes and later trained with the Martha Graham School of Dance and New York Ballet.

She fed her passion for dance throughout her life but, in 1984, she earned her BA in psychology from Barnard College, worked for Phoenix House, NY, the Brooklyn District Attorney's Office and Planned Parenthood before she moved to Massachusetts. In 1991, she received a Master's in social work from Boston University.



LOUISE M. REILLY

After obtaining her LIC-SW, Ms. Reilly was hired as program director for the River Street Community program, Mattapan, where she managed the care of HIV and AIDS residents. The emotional stress of social services helped guide Ms. Reilly, in 1996, to transfer her skills to client services with Fidelity Brokerage Services LLC of Boston, until the recession of 2008. She then became eligible to participate in a program to reinvent herself again! This is when she learned new skills for her dream job as a grant writer.

Meanwhile, in 2006, Ms. Reilly purchased a home of her own in Quincy. She also joined the United First Parish Church (Church of the Presidents) in Quincy and to practice her new grant writing skills she volunteered to write her first grant to restore the historic bell tower. The

church won the grant and Ms. Reilly was hired as a grant manager by Project Hope! Later she became the foundation relation officer for Metro Housing Boston Partnership. Her successful grant writing helped to provide low income families with secure stable housing and self-sufficiency.

Ms. Reilly lived life to its fullest. She enjoyed eating and cooking food from all ethnicities. She traveled when possible to Cape Cod, parts of Europe and the United States and the Caribbean with friends and family and always dancing. She will be missed by many who loved her.

At a time to be determined Ms. Reilly will be laid to rest, in a private service, at Blue Hill Cemetery in Braintree.

Memorial donations may be made to the Quincy Animal Shelter or the United First Parish Church, Quincy.

Due to the coronavirus, a memorial service will take place, when possible, at a time to be determined, at the United First Parish Church, Quincy.

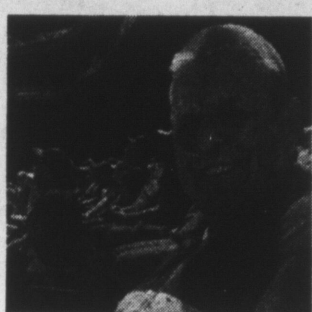
Funeral arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

Thomas A. Bradley

Thomas Anthony Bradley of Quincy, formerly of Woburn, died unexpectedly at home on May 31.

Beloved husband of Eileen (McCarthy) Bradley. Adoring father to Thomas, Colleen and Kimberly. Loving grandfather of Autumn Bradley. Dear brother of George Bradley of Weymouth, David Bradley of PA, Mary Binks of Woburn and the late James, Paul, and Carol Bradley. "Uncle Tommy" is survived and dearly loved by his many nieces and nephews and great nieces and nephews.

Mr. Bradley was born in Woburn on Feb. 2, 1954 to the late Virginia (Gerry) and James Bradley. He attended St. Charles School in Woburn and later graduated from



THOMAS A. BRADLEY

Woburn Memorial High. Mr. Bradley had a love for sports, whether it was playing on the football team in high school, refereeing basketball games in his spare time or watching the Red Sox on the TV. In his younger years he enjoyed camping fishing, and hunting.

He worked at A.W. Chesterton Company in Groveland for over 20 years then worked for the city of Boston with the

Boston Water Sewer Commission for over 20 years until his illness ultimately forced him to stop working in 2011. Mr. Bradley fought his hardest for the next ten years beating all the odds until his body just became too weak and God called him home. He's at peace now. His sense of humor will live on through his family's stories.

Due to the current situation we are experiencing with the coronavirus, arrangements are private at this time and under the direction of the Lynch-Cantillon Funeral Home, Woburn.

Memorial donations may be made to The Healing and Restoration Ministry, PO Box 320310, Boston, MA 02132.

Josephine D. Polito

Josephine D. (Maggio) Polito of Weymouth, former longtime resident of Quincy, died peacefully May 31.

Born in Boston, she was the daughter of the late Michael Maggio and Maria (DeForte). She was the beloved wife of the late John A. Polito, Sr., and the devoted mother of John A. "Jay" Polito, Jr. and his wife Maryann of Hull, James Polito of Florida, and Jeanmarie Bowler and her husband Paul of Duxbury. She was the sister of the late Sara Caponetti, and the proud grandmother



JOSEPHINE D. POLITO

of James, Maria, AJ, and Emily.

Mrs. Polito was a graduate of Fitton High School in East Boston and attended Burdett College. She was the secretary for many years

at St. Ann's School in Wollaston, and later for CNA Insurance Co. Her life is best defined by her enduring love of her large extended Sicilian family and for friendships made along the way.

A private graveside service was held at Pine Hill Cemetery in Quincy.

Memorial donations may be made to Quincy Community Action Programs at qcac.org.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.



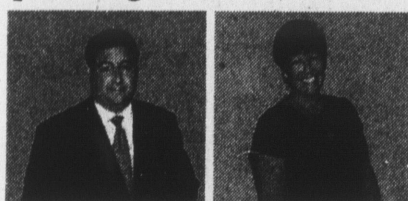
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Judith M. LeBarge, 86

Judith MacBain (MacIntyre) LeBarge, age 86, a longtime resident of Kennebunk, Maine, died peacefully June 4 at Southern Maine Health Care with her family by her side.

She was born June 22, 1933 in Norwood, a daughter of Alexander and Edith (Ferris) MacIntyre.

She graduated from Norwood High School and attended Bridgewater State College. After college, she met the love of her life, Marlowe J. LeBarge. They were married in 1953 and moved to Kennebunk where they raised their 5 children.

Mrs. LeBarge loved cooking! She made the best oatmeal dinner rolls which none of her daughters have been able to recreate! Many weekends would be spent shopping yard sales with her daughters. Mrs. LeBarge was always learning a new craft. Being a mother and grandmother were the highlights



JUDITH M. LeBARGE

of her life. She loved her family. She enjoyed all of the time she spent with her children, grandchildren and great grandchildren. Her faith was strong her whole life.

She enjoyed her travels all over the world. Mrs. LeBarge was very proud of her Scottish heritage and visited Scotland many times.

She was predeceased by her husband, Marlowe J. LeBarge in 2012. She is survived by her children, Jonathan LeBarge and his wife Sandra of West Kennebunk, daughters Betsy

Ames-Fitzgerald and her husband Jim of Kennebunkport, Laurie Adelman and her husband Arpad of Rollinsford, NH, Deborah Morrissey and her husband Patrick of Quincy, Kristen Parker and her husband Jim of Kennebunk; two sisters, Janice Hutchins and her husband Sonny of Kennebunkport and Jean Kennett and her husband Theodore of Duxbury; 8 grandchildren: Adam, Meaghan, Patrick, Jr., Brenna, Emily, David, Cheyenne, and Jenna; 6 great-grandchildren, Jacob, Andrew, Pyper, Leland, Rita and Marlowe; and one niece and three nephews.

Services will be private.

Funeral arrangements were made by Bibber Memorial Chapel, Kennebunk, Maine.

Memorial donations may be made to the Animal Welfare Society, PO Box 43, West Kennebunk, ME 04094.

Jilda G. Dunne, 91

Jilda G. (Bernardi) Dunne, age 91, of Braintree died May 17.

The beloved wife of 63 years to the late Edward T. Dunne, Jr. of Braintree. Devoted and loving mother of Edward T. Dunne III and his wife Kathy of Franklin, Patricia M. Dunne of Quincy, and the late Robert W. Dunne of Weymouth. Proud and loving grandmother of Michael E. Dunne of Franklin, and Stephen E. Dunne of Franklin. Daughter of the late William and Mary (Botanico) Bernardi of Quincy. Sister of the late Raymond J. Bernardi and the late William A. Bernardi.

Born and raised in Quincy, Mrs. Dunne graduated from North Quincy High School, Class of 1946, where she was active in clubs, served as vice president of her class and was her graduating class valedictorian. Later she graduated from Fisher College.

At a young age, she learned to play piano and was proud to have performed on the radio at age 12. She went on to become an accomplished pianist. Together with her husband, Edward Jr., also a musician, they would make beautiful music together on both piano and organ. She had a beautiful singing voice as well. Mrs. Dunne was a natural entertainer with a dynamic, outgoing personality. She would always light up a room when she sang and performed both in pub-



JILDA G. DUNNE

lic and at family gatherings. Music provided her with such enjoyment all her life, even teaching piano to the local children who wanted to learn.

Mrs. Dunne spent many years of her life working for Grossman's, Braintree, as executive assistant to the senior vice president, as well as to the president of Grossman's. She was always recognized as a loyal and hard worker.

Later she worked for the Red Cross Blood Bank in Braintree, where she would greet blood donors with a warm smile and genuinely thank each one for giving of themselves to help others. She was often heard to refer to the blood donors as "angels." Mrs. Dunne, also a donor herself, was recognized each year by the Red Cross for donating the maximum amount allowed in a given year.

She was an active member of the St. Thomas More Parish where she served on several committees and clubs, taught CCD classes, and was a substitute teach-

er at the St. Thomas More School.

She always had a beautiful smile and a warm and loving heart. She was known to have a vibrant personality, a great sense of humor, and a fun, cheerful laugh. Mrs. Dunne loved life and all that she was blessed with. She was a strong woman who dealt with the sad and tragic events in her life with strength and grace.

Mrs. Dunne always put her family before herself. She was always there for them unconditionally. There was no greater love than the love she had for her family. They meant the world to her and she felt blessed. Being a wife and mother brought her such joy and love.

Above all, Mrs. Dunne's late husband, her children, and grandchildren adored and cherished her. The many years they were blessed to have had her in their lives will be cherished always and sadly missed.

She will also be sadly missed by all who knew her and loved her.

In consideration of current events and keeping in mind our number one priority of protecting our families and our community, her services will be private.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to St. Jude's Children's Research Hospital.

Rosemarie O'Rourke

A Mass of Christian Burial for Rosemarie (Johnston) O'Rourke of Weymouth, former longtime resident of Quincy, was celebrated Monday in St. Joseph's Church, Quincy.

Mrs. O'Rourke died peacefully June 1.

Born in Quincy, she was the daughter of the late Nicholas Johnston and Marianna (Culbert). Mrs. O'Rourke was the beloved wife of the late John T. O'Rourke, and the devoted mother of Stephen J. O'Rourke of Weymouth, Karen M. Milligan and her husband Derek of SC, and the late Kathy Eckland and Timothy O'Rourke. She



ROSEMARIE O'ROURKE

was the proud grandmother of Matthew and Michelle Eckland, Derek O'Rourke, Christopher, Kevin, and DeeJay Milligan, and was the loving great-grandmother of Ryan and Kathleen Eckland, and Lily Milligan.

She was the sister of the late Charles and James Johnston, and Mary T. Connolly.

Mrs. O'Rourke was a graduate of Sacred Heart High School in Weymouth and was a retiree of New England Telephone. She also worked for Hallmark Cards in Weymouth.

Private interment.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Smile Train, 633 Third Ave. 9th Floor, New York, NY 10017 smiletrain.org, or to St. Joseph's Parish, 550 Washington St., Quincy, MA 02169.

Carol J. McGhee, 82

Carol J. McGhee, 82, of Quincy, died June 2. She was the devoted wife of more than 53 years to the late Glenn G. McGhee who died in 2013.

Born and raised in Quincy, she was the eldest of three children born to the late Robert and Jeannette (McWilliam) McGibbon, where she was very involved in the Quincy Point community. She received her Bachelor's degree from Northeastern University and worked for a time at the Polard School.

Mrs. McGhee was a long-time, active member of Quincy Point Congregational Church where she taught Sunday School. She was a Stop and Shop retiree, where she worked as a computer programmer in the company's Information Technology department.

Her family and friends will always cherish the many hand-knitted articles



CAROL J. MCGHEE

of clothing she made for them over the years. Many more will never know the kind and giving woman who handmade and donated the little knit hat they wore home from the hospital following their birth.

Mrs. McGhee was a passionate Boston Celtics fan and enjoyed summers in Dennisport and spending time with her loving family. She will be sorely missed.

Mother of Karen DeCristofaro and husband Don-

ald of Pembroke, Geoffrey McGhee and wife Ann of Braintree, Adam McGhee and wife Suzanne of Quincy and Kristen Kardoose and husband Nicholas of Whitman. Dear sister Donald McGibbon and companion Diane Lowney of Rockland, and Louise Moline and husband Robert of Braintree. Sister-in-law of Bea Sidens of NM. Also survived and cherished by 11 grandchildren and 2 great grandchildren.

Due to restrictions in place during the COVID-19 pandemic, arrangements are private.

Memorial donations may be made to the Quincy Point Congregational Church Scholarship Fund, 444 Washington St., Quincy, MA 02169.

Funeral arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

Patricia A. Vaillancourt, 86

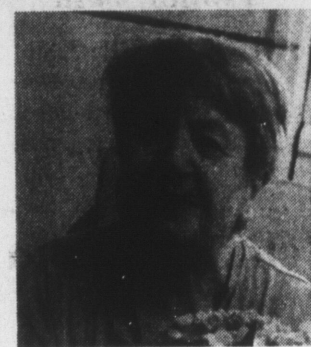
Patricia A. (Viapiano) Vaillancourt, 86, of Hull died June 3 after a brief illness at her home in Hull, surrounded by her six children.

She grew up in Quincy Point, Quincy, and graduated from Quincy High School. She lived in Hull for 62 years and raised her family of six children with her former husband, Donald R. Vaillancourt, now deceased.

She loved living near the ocean, going to the beach, gardening, and spending time with her family, friends and neighbors. She had a great sense of humor.

Mrs. Vaillancourt worked for Talbots for many years, retiring in 1999.

She is survived by her six children and their families: Steven Vaillancourt and his wife Elizabeth of Marshfield, Diane Richardi and her husband Joseph of Braintree, Robert Vaillancourt and his wife, Karen of Millersville, PA, Patricia Quill and her husband Jerry of Boston, Peter Vaillancourt and his wife, Joy of Riverview, FL and James Vaillancourt of Hull, 13 grandchildren and 11 great-grandchildren.



PATRICIA A. VAILLANCOURT

She is also survived by her brother Anthony Viapiano and his wife, Kathleen of Quincy and Vincent Viapiano and his wife Carol of The Villages, FL and many nieces and nephews.

She was pre-deceased by her parents Joseph and Mary Viapiano of Quincy and her sister, Isabel Cox of Rockland.

Memorial donations may be made to South Shore Elder Services of Braintree.

The family would like to thank the Hull Fire Department for many years of kind and patient service to Mrs. Vaillancourt whenever needed.

The family will hold a private graveside service at a later date.

Funeral arrangements were made by Hamel-Lydon

Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

IN MEMORIAM



June 10th, 2019
WILLIAM P. HALPIN

It has been 1 year since you left us. Our hearts were broken.

Remembering you is easy and not a day goes by where you are not on our mind.

We love & miss you dearly every day. Your humor could brighten the room effortlessly and you always were willing to go above and beyond to help a fellow friend.

On this day you are remembered & in our hearts.

— Your loving wife Kathy, children, grandchildren, nieces, nephews & friends

OBITUARIES

Joan Regal, 86

Joan Regal, age 86, of Quincy, formerly of Dorchester and Hyde Park, died peacefully on June 4.

The beloved wife of 65 years to John J. Regal of Quincy. Devoted and loving mother of J. Michael Regal of Quincy, Ed Regal and his wife Patty of Dorchester, Steve Regal and his wife Doris of Quincy, Jerry Regal and his wife Rosemary of Braintree, and the late Kevin Regal. Proud and loving grandmother of: Nicole Regal and her partner Shawn Morrison, Sean Regal and his wife Erin, Matt Regal and his wife Beth, Brian Regal and his wife Samantha Lam, Mark Regal and his partner Riona Kelly, Colleen Regal, Brit-



JOAN REGAL

tany Regal and her husband Kevin Phaneuf, Courtney Regal, Steven Regal, and Kate Bubar and her husband Adam.

Mrs. Regal was a long time employee of Saint Margaret's Hospital and the New England Baptist Hospital. Following retire-

ment, she worked several more years at Quincy Public Schools while helping raise her granddaughter Nicole.

Mrs. Regal will be sadly missed by her loving husband, sons, grandchildren, great grandchildren as well as extended family and friends.

A memorial service is planned for a later date and an announcement will be posted on the funeral home website.

Memorial donations may be made to The Salvation Army, 6 Baxter St., Quincy MA 02169.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

James D. Dalton, 82

James D. "Big Jim" Dalton, age 82, of Quincy, formerly of Roxbury and Dorchester, died peacefully June 5 in his home, with his family.

Born on a kitchen table in East Boston on Aug. 10, 1937, Mr. Dalton was the fourth child of Doris M. and James P. Dalton. He grew up and was schooled in Roxbury and Dorchester. Being educated in the '40s and '50s he struggled with dyslexia and was a lefty forced to be righty but a lefty he was.

Although never graduating and having only an eighth grade education he was a "worker" who went on to become an accomplished man. Delivering coal and ice up thousands of flights of stairs as a teen for Gabardi Oil he learned hard work. A roofer as a young man climbing thousands of ladders, he learned the importance of working smarter not harder.

Mr. Dalton had an impeccable worth ethic, always early, a full day's work and was one of the 38 charter members of Millwrights Local #1121. He was a proud member for 56 years. In his career as a millwright he held many offices, trustee, vice president, president and was an apprenticeship teacher. He was fortunate to have worked with his father James P., and his brother Richard "Dick" Dalton, as well as a multitude of family and extended family.

As an over forty-year



JAMES D. DALTON

member of the Quincy Lodge of Elks #943 he also held several titles and positions. Mr. Dalton, along with friends, established the Elks #943 Rainbow Fund granting wishes to local sick children during the '80s and '90s. He enjoyed the relationships he made at the Elks and loved shuffle board.

A 44-year resident of French Street, his "French St. Family" had a special place in his heart. He enjoyed many years of life celebrations, cookouts, banter and laughter.

Family, all his family was his heart. He loved his siblings, the late Georgia Larson, June Meade, Doris Marshall, Claire Morrissey, and Mary Dalton and deeply missed his brother, the late Richard Dalton. He considered himself lucky to have 15 wonderful sister and brother-in-laws. He loved his 42 nieces and nephews, their spouses, children and grandchildren and always gave them a big "Dalton" hug. He stayed close with all his cousins and their

families, enjoying the closeness over the years.

Mr. Dalton adored his grandchildren, Maeve and Bridget Keane; he spoiled them and showered them with love. He cherished his daughter Kathie Dalton-Keane a.k.a. "Bratzilla or Gladys," cut her from the same cloth and loved having more than a son-in-law in Sean Keane. His wife, the recently late Patricia M. "Patsy" was his universe. Married for 52 years they truly shared a life together, did everything together. From walking the beach to caring for grandchildren and you didn't see one without the other. An avid Bruins fan, he also enjoyed boating, fishing, swimming, carpentry, shuffle board and helping others. He was loved and will be missed by many.

A funeral Mass will be celebrated in Sacred Heart Church, Quincy, Friday at 10 a.m. Relatives and friends are invited to attend.

Visiting hours at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy, Thursday from 4:30 to 6:30 p.m.

Interment at Cedar Grove Cemetery, Dorchester.

Memorial donations may be made to the American Diabetes Association, 260 Cochituate Rd., #200, Framingham, MA 01701, or RRF, c/o Eastern Bank, 34 Chapman St., Quincy, MA 02170, benefiting high school students in need.

Elizabeth Giacomino, 95

Elizabeth (Campanale) Giacomino, age 95, of Quincy, died peacefully June 2 at Beth Israel Deaconess Medical Center in Boston.

She was born in Bari, Italy, to the late Michael and Dolores (Terlizzi) Campanale. She immigrated to the United States with her family as a child, settling in Dorchester. Raised and educated in Dorchester, she had



ELIZABETH GIACOMINO lived in Quincy for most of her life.

Mrs. Giacomino was a dedicated volunteer for

Quincy Community Action Programs for over twenty years.

She enjoyed dancing with her late husband, John. She also loved family gatherings and spending time with family and friends. Most of all, Mrs. Giacomino was devoted to her family, especially her daughters and grandson.

Beloved wife of the late John Giacomino. Devoted mother of Donna Michaels of California, Marie E. Febo and her husband Gabriele of Quincy, and the late Josephine Giacomino. Loving grandmother of Christopher R. Febo.

Mrs. Giacomino was the last of seven siblings and is also survived by many nieces and nephews.

In light of current events, funeral services were private. Interment took place at Blue Hill Cemetery, Braintree.

Memorial donations may be made to Quincy Community Action Programs, Inc., 1509 Hancock St., 3rd Floor, Quincy, MA 02169.

Arrangements under the direction of the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

LEGAL NOTICE

DIVORCE SUMMONS BY PUBLICATION AND MAILING

Docket No. NO19D1237DR
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Blanca Pomalaza-Johnson vs. Cedrick Johnson
To the Defendant:

The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for irretrievable breakdown. The Complaint is on file at the Court.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. SEE Supplemental Probate Court Rule 411.

You are hereby summoned and required to serve upon: Blanca Pomalaza-Johnson, 37 California Ave., Quincy, MA 02169 your answer, if any, on or before 07/01/2020. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: June 3, 2020

PATRICK W. McDERMOTT
Register of Probate

LEGAL NOTICE

CITATION ON PETITION TO CHANGE NAME
Docket No. NO20C0059CA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

In the Matter of:
Michael Joseph Reardon, II
A Petition to Change Name of Adult has been filed by

Michael Joseph Reardon, II of Quincy, MA requesting that the court enter a Decree changing their name to:

Abigail Valerie Marino
IMPORTANT NOTICE
Any person may appear for purposes of objecting to the petition by filing an appearance at: Norfolk Probate and Family Court before 10:00 a.m. on the return day of 07/01/2020.

This is NOT a hearing date, but a deadline by which you must file a written appearance if you object to this proceeding.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: April 30, 2020

PATRICK W. McDERMOTT
Register of Probate

PUBLIC NOTICE
CITY OF QUINCY
BOARD OF LICENSE COMMISSIONERS

Notice is hereby given under Chapter 138 of the Massachusetts General Laws that an application has been received from Jay Shiv Kris Corp doing business as Atlas Liquors, Shivam Patel Manager, for a Transfer of the Off-Premises Package Store All Alcoholic Beverages License presently held by Atlas Liquors Inc., for the premises located at 659 Adams Street. The premises is a ground floor location of approximately 4700 sq. ft., with three rooms and basement storage. In accordance of the provisions of MGL Chapter 30A, Section 20, and in accordance with Governor Charles Baker's March 12, 2020 Order suspending provisions of the Open Meeting Law to promote public health and social distancing, the Quincy Board of License Commissioners will hold a remote public hearing at 4:00 p.m. on Tuesday, June 23, 2020 using Zoom Video Communication.

Nicole L. Crispo
Chair

Marie A. Gee, 80

Marie A. (Lee) Gee, 80, died peacefully at her Quincy home on June 2.

Born in Boston on March 3, 1940, she was raised in Dorchester, attended Oliver Wendell Holmes School and graduated from Jeremiah E. Burke High School in 1958.

Mrs. Gee began working as a typist at John Hancock Life Insurance Company and later continued to work



MARIE A. GEE

from home as she began a family with her beloved husband, Shew K. Gee. She returned to office life as her children grew older.

A driven and hard worker, she was always aiming to improve herself. She took pride in keeping a clean and orderly house and yard, was well known for baking brownies, loved animals, and hosted many family parties.

Mrs. Gee was supportive, thoughtful and generous with family and friends. She enjoyed taking vacations with family and frequently traveled with her sister and daughters to Las Vegas, where she played craps.

She was predeceased by her husband and oldest daughter, Karen Gee. She is survived by daughter Diane Gee and son-in-law Jordan Bow of San Francisco; son Edward Gee and daughter-in-law Kristin Gee of Natick; brother Leonard Lee of Hyannis; sisters Lillian Dong and Joan Seeto, both of Quincy, Ida Keough of Sandwich, and Mae Yip of California; grandchildren Malia and Jonathan Bow and Elizabeth, Annie and Caroline Gee; and many nieces, nephews and extended family members.

Mrs. Gee will be interred privately in Forest Hills Cemetery, Boston.

A celebration of life will be held at a later date.

Memorial donations may be made to Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

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BBB Scam Alert: Watch For 'Free Roof Inspections'

By BETTER
BUSINESS BUREAU

With the warmer weather and summer storms come roofing scams. This spring, BBB Scam Tracker is already receiving reports of shady "free" roof inspections. Homeowners should be on the lookout for these

cons.

How the Scam Works

You receive a call or a person shows up at the door claiming to represent a roofing company. According to recent Scam Tracker reports, con artists often use the name of the state (i.e. Minnesota or Texas) plus

"Roofing" or "Construction" as their business name.

The "roofer" offers a free inspection. Why, you ask? The person may claim that their company is working on a neighbor's home and is offering inspections to those living nearby. But if you ask questions about where the business is located or how their services work, you'll most likely be met with vague answers, or, if you are speaking on the phone, they may simply hang up.

You accept the free inspection, and the "inspector"

shows up at your house. If they don't find enough wear and tear to merit a whole new roof, they may fabricate it by tearing off shingles to mimic wind damage. Or they may simply show you pictures of someone else's damaged roof. Don't hire this company! Any repairs done by such a dishonest business are not likely to be high quality.

How to Avoid

Roofing Scams.

• Beware of unsolicited offers. Most scams begin with a contractor who "just

happens to be in the area" and notices your roof or home has the appearance of needing repairs from the outside. Roofing scams typically increase in frequency after a powerful storm as well, so stay alert.

• Get your insurance company to inspect your roof. Filing a claim with your insurance company goes on your record and could affect future claims or your continued coverage. Before signing any pa-

perwork or contracts with a roofing company, have your insurance company to come out for an inspection to verify the need for repairs or replacements.

• Research roofing companies before you hire. Look at a company's business rating on BBB.org. Keep a close eye on previous reviews and any complaints other consumers might have had. This is one of the best ways to know if a roofing company is reputable or just a cover for a scam.

NOTICES OF PUBLIC HEARINGS

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, June 16, 2020 @ 5:30 P.M. to consider the application of TODD EGAN, TRUSTEE OF THE SAGAMORE REALTY TRUST for a SPECIAL PERMIT, VARIANCE, FLOOD PLAIN to raze the existing structure and construct a two-story, 6-unit multifamily building in violation of Title 17 as amended Chapter 4.1.2 (special permit for multi family), Chapter 4.1.4.2 (dimensional requirements) and Chapter 8.1 (flood plain) on the premises numbered: 92-102 SAGAMORE STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

<https://zoom.us/j/95707071937?pwd=TGZORSS4d2Q4a3RONUxdENGvF15Zz09>

Meeting ID: 957 0707 1937

Password: Quincy

Dial by Phone: 646 558 8656

Meeting ID: 957 0707 1937

Password: 326889

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance. 6/4/20, 6/11/20

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, June 16, 2020 @ 5:30 P.M. to consider the application of GEORGE LANG for a SPECIAL PERMIT/VARIANCE/FINDING to subdivide the lot into two lots, keep the structure on one lot and construct a single family home on the newly created lot in violation of Title 17 as amended Chapter 3.4 (nonconforming uses & structures), Chapter 4.0 (dimensional requirements), Chapter 5.1.4 (setbacks) and Chapter 9.0 (administration) on the premises numbered: 62 BILLINGS STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, June 16, 2020 @ 5:30 P.M. to consider the application of EURO INVESTMENT GROUP, for a SPECIAL PERMIT AND VARIANCE to demolish the existing structures and construct a 20-unit multi family building in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), Chapter 4.1.2 (footnote 2) and Chapter 9.4 (special permit) on the premises numbered: 388 WASHINGTON STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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NOTICES OF PUBLIC HEARINGS

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, June 16, 2020 @ 5:30 P.M. to consider the application of JOHN & ANDREA COUGHLIN for a VARIANCE to add a new driveway in violation of Title 17 as amended Chapter 5.14 (paving in excess of 30%), on the premises numbered: 48 BAY STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, June 16, 2020 @ 5:30 P.M. to consider the application of JOHN MAKI & DEBORAH HEATH-MAKI for a VARIANCE to redive the lot into two lots and construct a single family home on the newly created lot in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), on the premises numbered: 93 GRAND VIEW AVENUE, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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Meeting ID: 957 0707 1937

Password: Quincy

Dial by Phone: 646 558 8656

Meeting ID: 957 0707 1937

Password: 326889

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance. 6/4/20, 6/11/20

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, June 16, 2020 @ 5:30 P.M. to consider the application of DONALD READY for a FINDING to raise the single story portion of the existing structure and foundation and erect a new two-story structure in violation of Title 17 as amended Chapter 3.4.3 (alteration, non-conforming) on the premises numbered: 28 CARLE ROAD, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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NOTICES OF PUBLIC HEARINGS

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, June 16, 2020 @ 5:30 P.M. to consider the application of RICHARD GREGORY for a VARIANCE AND FINDING to construct a 24' x 24' two bay garage with storage above in violation of Title 17 as amended Chapter 3.2 (accessory uses and structures), Chapter 3.4 (non-conforming uses and structures) and Chapter 3.2.3 (height regulation) on the premises numbered: 14 NOANET STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, June 16, 2020 @ 5:30 P.M. to consider the application of 85-100 MYRTLE STREET, LLC for a VARIANCE to demolish the existing commercial buildings and construct a 31-unit condominium building with 57 parking spaces in violation of Title 17 as amended Chapter 4.0 (dimensional requirements) on the premises numbered: 85-100 MYRTLE STREET, 89-95 MYRTLE STREET AND 90 WALNUT STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

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Meeting ID: 957 0707 1937

Password: Quincy

Dial by Phone: 646 558 8656

Meeting ID: 957 0707 1937

Password: 326889

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance. 6/4/20, 6/11/20

NOTICE OF PUBLIC HEARING

The ZBA will hold a public hearing on Tuesday, June 16, 2020 @ 5:30 P.M. to consider the application of JEFFREY R. ZYNDA for an APPEAL to appeal of the issuance of building permits in violation of Title 17 as amended Chapter 9.1.6 (appeal to board of appeals) on the premises numbered: 184-200 ADAMS STREET, QUINCY.

The meeting will be conducted using Remote Meeting Access using Zoom Video Communication. Zoom is a third-party communication technology that is readily accessible to the public, but not administered by the City of Quincy. The Zoom Video Link is below. For those without access to Zoom, directions for access via telephone are also below.

<https://zoom.us/j/95707071937?pwd=TGZORSS4d2Q4a3RONUxdENGvF15Zz09>

Meeting ID: 957 0707 1937

Password: Quincy

Dial by Phone: 646 558 8656

Meeting ID: 957 0707 1937

Password: 326889

Plans and specifications can be reviewed online by logging on to the City's ViewPermit System <https://quincyma.viewpointcloud.com/> and entering the property address. Call 617-376-1933 for further assistance. 6/4/20, 6/11/20

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 Here are stores in Quincy that sell it on their newsstands:

GOODIE'S STORE 1250 Hancock St., Presidents Place	ARTERY GROCERY 1000 Southern Artery	7-11 721 Hancock St.
NEW STORE ON THE BLOCK 1183 Hancock St., Quincy Ctr. T Station	DAIRY FARM 330 Washington St.	BEALE ST. NEWS AND TOBACCO 17 Beale St.
HANCOCK MARKET 5 Cottage Ave.	CVS Southern Artery	CVS 42 Beale St.
MIGNOSA'S FRUIT BASKET 138 Granite St.	STOP & SHOP Southern Artery	COFFEE BREAK CAFE 12 Old Colony Ave.
STAR MARKET 130 Granite St.	CVS Southern Artery	SUPREME LIQUORS 615 Hancock St.
WALGREENS 132 Granite St.	7-11 650 Adams St.	MULLANEY'S VARIETY 205 W. Squantum St.
HANCOCK PARK LOBBY SHOP 164 Parkingway	7-11 678 Adams St.	STOP & SHOP 65 Newport Ave.
FRANKLIN ST. BP 60 Franklin St.	VILLAGE COMM. MARKET 100 Willard St.	7-11 363 Hancock St.
7-11 78 Franklin St.	COPELAND LIQUORS 273 Copeland St.	WALGREENS 324 Hancock St.
SHOP N SAVE LIQUORS 20 Independence Ave.	GRANITE MART 308 Willard St.	SAM'S VARIETY 125 Billings Rd.
DONUT + DONUTS + MUFFINS 33 Scammell St.	7-11 Copeland St.	LUCKY'S WINE & LIQUOR 66 Newbury Ave.
PRESIDENTIAL LIQUORS 25 Scammell St.	JOE'S PLACE 260 Centre St.	ATLANTIC MARKET & LIQUORS 247 Atlantic Ave.
ADAMS VARIETY 22 Independence Ave.	CORNER FOOD MARKET 1060 Hancock St.	CARMINE'S CAFE 69 Huckins Ave.
DAILY MART 291 Quincy Ave.	200 FOOD MART 200 Sea St.	7-11 751 E. Squantum St.
ROCHE BROTHERS The Falls	ADAMS SHORE SUPERMARKET 494 Sea St.	LUCKY SHAMROCK 265 Beale St.
WALGREENS 418 Quincy Ave.	PALMER STREET MARKET 231 Palmer St.	ANDRE'S STORE 20 Brook St.
WALGREENS 550 Adams St.	BERNIE'S GENERAL STORE 1147 Sea St.	EVEREST MARKET 121 Standish Ave.
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PERSONAL

THANK YOU
 ST. JUDE, BLESSED MOTHER, ST. ANTHONY, ST. JOSEPH, ST. PEREGRINE, ST. THERESA
 J.D.

Please do not put plastic bags in the recycling!
 Thank you!

Thank you Holy Trinity, Blessed Mother, St. Jude, St. Anthony, St. Joseph - JMR

The Quincy Sun

CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET, QUINCY, MA 02169

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INDEX	RATES
☐ Services ☐ For Sale ☐ Autos ☐ Boats ☐ For Rent ☐ Wanted ☐ Help Wanted ☐ Work Wanted ☐ Pets ☐ Lost & Found ☐ Real Estate ☐ Antiques ☐ Flea Markets ☐ Yard Sales ☐ Instruction ☐ Day Care ☐ Personal ☐ Miscellaneous	1 WEEK ☐ \$9.00 for one insertion, up to 20 words, 10¢ for each additional word. 2-4 WEEKS ☐ \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word. 5-10 WEEKS ☐ \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word. 11 WEEKS OR MORE ☐ \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word. ☐ Enclosed is \$_____ for the following ad to run _____ weeks in The Quincy Sun. COPY: _____ NO REFUND WILL BE MADE AT THIS CONTRACT RATE IN THE EVENT OF CANCELLATION. DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

House Passes Bill To Support Commonwealth's Restaurants

House Speaker Robert DeLeo and Rep. Tackey Chan of Quincy joined their colleagues in the House to pass legislation that provides more tools to the restaurants of Massachusetts in the wake of the COVID-19 pandemic.

The legislative package adopted June 3rd aims to assist a sector that has been hard hit by COVID-19. The measures passed are intended to help restaurants weather the economic crisis in the wake of the pandemic. The package eases outdoor dining restrictions, expands alcohol delivery options to include mixed drinks, extends takeout options to February 2021, waives interest on late meals tax payments and caps the amount that can be charged a food delivery service.

In 2019, the House created the Restaurant Promotion Commission, which is being repurposed as the Restaurant Recovery Commission. The bill builds on the House's general focus on restaurants and previous action to permit alcohol delivery with meals as well as its focus on restaurants as an anchor on main streets.

"No corner of the small business sector has been more affected by the pandemic than our restaurants," DeLeo said. "I'm grateful

to Chairs Michlewitz, Grengoire, Chan, McMurtry, Representative Day and my colleagues in the House for this bill which could make a real difference in preserving jobs in the Commonwealth."

"Perhaps no sector outside health care has had to sacrifice as much to combat this public health crisis as the food service industry," said Majority Leader Ronald Mariano of Quincy. "This legislation is an important step in ensuring that the restaurants that define our communities and employ so many of our neighbors are able to rebound and resume their role as local economic engines during the recovery."

"Our restaurants are a critical part of our economy, our tourism industry, and a vital piece of our community in Quincy and across the state," said Rep. Bruce Ayers of Quincy. "I'm glad to have joined with my colleagues in passing this legislation that will extend a lifeline to restaurants during the COVID-19 pandemic, and am grateful to my colleague Representative Chan for his work on this important bill."

"The economic upheaval created by the COVID-19 public health crisis has hurt our local businesses, especially our restaurants," said Chan, House Chairperson

of the Joint Committee on Consumer Protection and Professional Licensure. "The restaurant industry is a vital part of local economies, providing comfort and jobs to our constituents. This legislation will provide restaurants and municipalities tools for establishing outdoor seating while balancing public health concerns and local constituent input."

The package:

- Streamlines the Alcohol Beverage Control Commission (ABCC) approval process for restaurants to establish outdoor seating by waiving the approval of these licenses. Instead, it only requires restaurants to notify and place on file with

the ABCC their outdoor seating plan;

- Temporarily suspends some relevant local zoning laws on outdoor seating if cities and towns wish to do so;

- Waives interest and late penalties for restaurants on their meals tax payments until December 2020;

- Allows restaurants to include cocktails to-go with take-out food until February 2020;

- Caps commissions on on-line restaurant delivery at 15% across the board so that these apps can continue to operate without placing an undue burden on our restaurants.

The bill will now go to the Senate.

OBITUARY

Margaret S. Bell, 80

Margaret S. Bell, 80, of Quincy, a well-loved housewife, mother, grandparent and great-grandparent, died peacefully Sunday.

Mrs. Bell was born in London, England and was predeceased by her parents, Christopher and Gwen Ord, and her grandson Bryon Howland.

She is remembered as a loving and compassionate woman who loved to love on others. Her bubbly character, never ending display of kindness and ability to make others laugh will be sorely missed. Mrs. Bell worked at the King Size and Wear-guard companies as well as Perkins Distributors in the '80s and into the '90s as a data entry clerk where she made many friends and was admired. She never missed an opportunity to lift others up, which was the hallmark of her loving demeanor.

She is survived by her husband Charles Russell Bell and her older sister Rosalie Spender of Stevenage, England. She was a proud and devoted mother of three children, eight



MARGARET S. BELL

grandchildren and four great-grandchildren with one on the way: Dionne Van Gelder, Scott Bell, Christian and Song Bell, Samantha Bell, Amanda Bell, Ian and Andrea Bell, Andrea and John Navarro, Joshua Bell, Jayce Navarro, Jennifer and Brittany Howland and many nieces and nephews throughout the US and the United Kingdom.

Her services and burial at Massachusetts National Cemetery, Bourne are private.

Funeral arrangements were made by Hamel-Lydon Chapel & Cremation Service of Massachusetts, 650 Hancock St., Quincy.

Gasoline Prices Up Six Cents

Gasoline prices in Massachusetts are up six cents this week, according to AAA Northeast.

AAA Northeast's June 8 survey of prices in Massachusetts finds self-serve, regular unleaded averaging \$2.01 per gallon. Massachusetts's price is two cents below the national average of \$2.03. A year ago at this time, the average price in Massachusetts was 70 cents higher at \$2.71 per gallon.

"The beginning of June has not seen gas prices this low since 2004," said Mary Maguire, AAA Northeast

director, Public and Legislative Affairs. "But as crude oil prices trend higher and gasoline demand increases, Americans will see gas prices push more expensive, although this summer will be cheaper than last."

The range in prices in the latest AAA survey for unleaded regular is 68 cents, from a low of \$1.71 to a high of \$2.39. AAA advises motorists to shop around for the best prices in their area. Remember to slow down and move over for any emergency vehicles on the side of the road.

\$2.5M In Small Business Emergency Grants Awarded

Cont'd From Page 1

The program was funded through an appropriation authorized by Congress under the CARES Act, with almost \$1.1M coming from the Community Development Block Grant program, which is administered by the United States Department of Housing and Urban Development (HUD).

The Small Business Grant Program was established and launched by Mayor Koch on April 30 to assist in the stabilization of existing small businesses within the City that have had significant business disruption due to the impact of COVID-19. Applications were accepted through May 15, and checks were mailed

to grant recipients this past Friday, June 5. These grant funds will assist small businesses in the City to cover the unexpected loss in revenue due to the State's mandate to close all but essential businesses during the height of the pandemic.

"Small businesses are truly the economic engine in our great City and across the

country," said Mayor Koch. "I am truly grateful to Congressman Stephen Lynch for his support in making these federal funds available in Quincy, and I hope these grants are able to provide local businesses with some level of financial relief as we work together to fully reopen the economy."

RELIGION

Lighthouse Fellowship

Lighthouse Fellowship at 73 Newbury Ave. in North Quincy enjoyed its third outdoor worship service on Sunday, June 7. Church On The Lawn at 10 a.m. will continue through June.

With chairs spaced carefully apart and everyone wearing masks, it was a safe space in the sun and light breeze where all felt comfortable. Brianna Broderick, one of the young adults at Lighthouse, made colorful masks for everyone.

Wali Uriel, a member of the congregation, shared how trusting in God's goodness and past faithfulness was helping him and his family face the Covid challenges. His wife is a nurse and the family has had to adjust to a completely new schedule and times of separation, but God has guided them and given them peace at each new change.

Wali is originally from Cameroon and he shared some of the difficulties that the on-going war there has caused. He told of one church member in his home village who was impressed by God to take in orphans whose parents have been killed. At present she is caring for 30 children, many of them suffering from malaria and typhoid. Lighthouse Fellowship will be sending financial help to undergird this ministry.

Pastor Mike Fehan's message focused on Jonah 4 where the reluctant prophet was angry that God showed compassion and love toward the people of Ninevah. The Lord dealt with Jonah's racial bias and wrong heart at-

titude, just as He wants His people today, the Church of Christ, to repent of any racial bias and to love all people, seeking justice and shalom for them. Pastor Mike's sermons are also available on YouTube each week: https://youtu.be/rX_Q0q8EoPM.

During the week people are welcome to join the morning devotional time on Monday, Wednesday and Friday at 7 a.m. On Wednesday mornings at 10 a.m. there is also a women's Bible study and Thursday evenings all are welcome to a study at 7 p.m. There are also two classes a week for children. All of these are with zoom conferencing. You may call the church for details: 617-847-4444 or email Lighthouse.quincy@gmail.com.

At Lighthouse Fellowship we believe in the power of prayer. If you have a prayer request please let us know by calling or emailing. A prayer group will receive your request and pray for you.

We are also seeking ways that we can be instruments of justice in the light of ongoing injustice and injury to the African American community and other ethnicities. The words of Isaiah 1:17 are a clarion call: "Learn to do good; seek justice, correct oppression; bring justice to the fatherless, and plead the widow's cause." We desire to live with love toward all since we are all created in the image of God. Join us Sunday, June 14 for another Church On The Lawn.

First Baptist Church Of Wollaston

First Baptist Church of Wollaston, 81 Prospect Ave., Quincy continues its online remote worship this Sunday.

The church will celebrate Children's Day this Sunday. The message title is: "What is Children's Day?" (Psalm 127:3).

Our online dial-in/web meeting weekly Schedule are the following:

- Sunday 10:30 a.m. - Worship Service
- Tuesday 6:30 p.m. - Fellowship/Sharing and Prayer Time

Fellowship/Sharing and Prayer Time

- Wednesday 6:30 p.m. - Community Group Meeting - Gospel of John

- Thursday 6:30 p.m. - Bible Classes - Epistle of Paul to Romans

- Friday 11 a.m. - Prayer Group Meeting

Go to the Home page of our website: www.firstbaptistchurchofwollaston.org/ to join our online Sunday worship service and activities.

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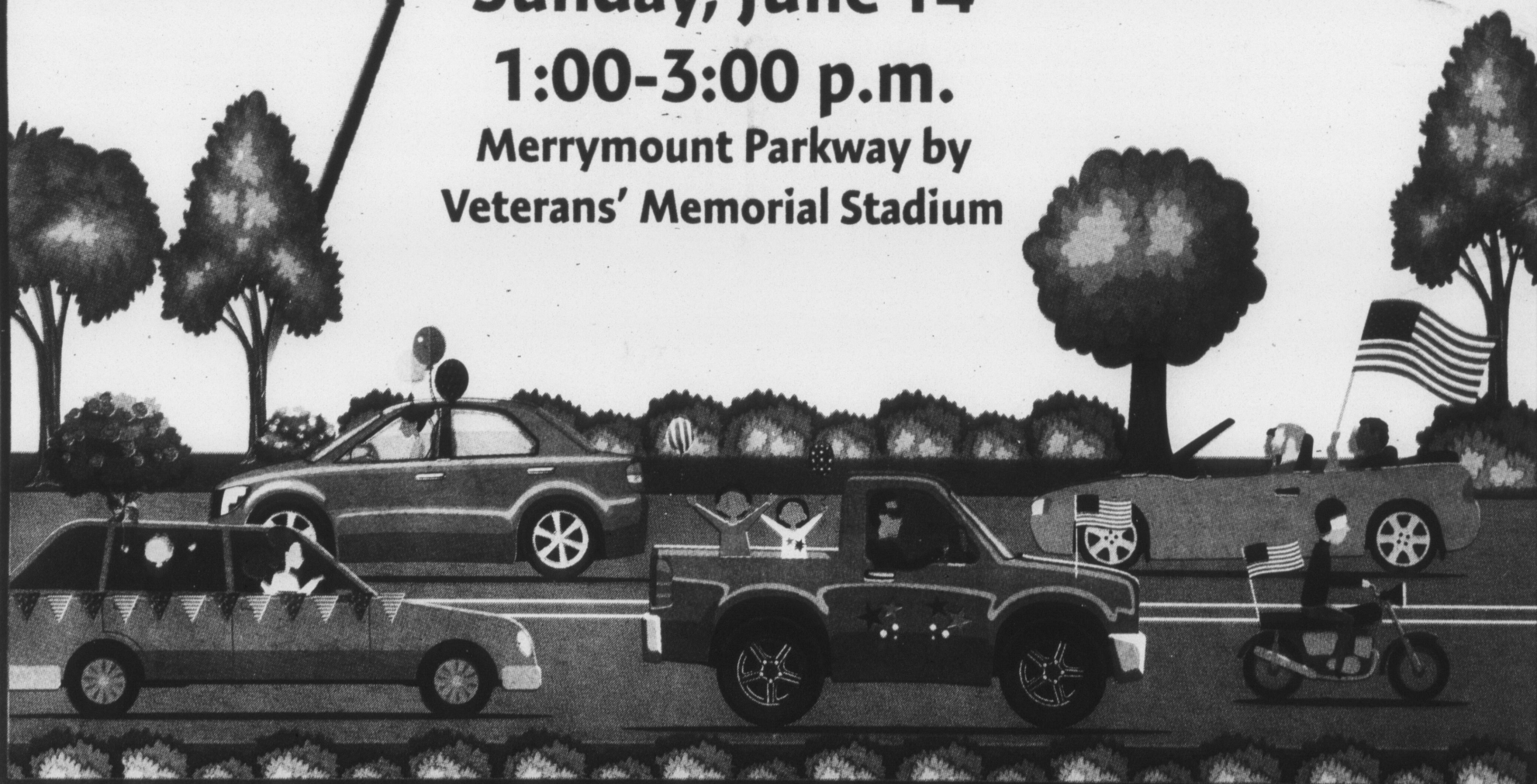
QUINCY'S 69TH FLAG DAY CELEBRATION

*Vehicle Parade
Under Old Glory*

Sunday, June 14

1:00-3:00 p.m.

**Merrymount Parkway by
Veterans' Memorial Stadium**



Mayor Koch invites you to decorate your car or truck and travel under a giant American flag that will be displayed by two fire department ladder trucks. The 50' by 20' flag will be on display at Merrymount Parkway by Veterans' Memorial Stadium from 1 pm to 3 pm. Cars can travel in both directions under the flag.

Join us as we celebrate Quincy's 69th Flag Day!

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